



SEPTEMBER



NEAC MENU



MENU CHOICES

BREAKFAST:
Entrée,
Fruit
Juice
Milk

LUNCH:
Entrée
Veggie (Pick 2)
Fruit (Pick 2)
Milk

NATIONAL FRUIT & VEGGIES MONTH! BETTER BREAKFAST MONTH!

* Indicates Pork Product
+ Possible trace of sesame due to manufacturer
++ Possible trace of Tree nuts due to manufacturer

Choice of milk with breakfast & lunch

- 1% White
- Fat-Free Chocolate
- Lactose-Free
- Soy Milk



School Nutrition Services is hiring \$14.11 hour starting



Menu subject to change

No fees for cash or checks paid directly to the cafeteria

Visit: schoolcafe.com/NorthEastISD or download the School Café App to access meal account information, make payments & apply for free reduced-price meals.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 School Nutrition Services is hiring \$14.11 hour starting  Menu subject to change No fees for cash or checks paid directly to the cafeteria Visit: schoolcafe.com/NorthEastISD or download the School Café App to access meal account information, make payments & apply for free reduced-price meals. 	1 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pepperoni Pizza* WOW Sandwich Combo+ Crispy Chicken Salad Savory Green Beans Broccoli w/Cheese Seedless Grapes / Natural Applesauce	2 Chicken & Waffles OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Cheese Enchiladas w/Spanish Rice Yogurt Combo Italian Salad* Ranchero Beans Cucumber Slices w/Tajin Sliced Apples / Sour Watermelon Raisins	3 Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk BBQ Boneless Wings & Mac N Chz WOW Sandwich Combo+ Buttered Corn Tossed Salad w/Ranch Fresh Banana / Strawberries w/Cream	4 Dutch Waffle OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Sausage Dog+ Yogurt Combo Tater Tots Crispy Carrots w/Dip Granny Smith Apple / Sliced Peaches
8 Visit: schoolcafe.com/NorthEastISD or download the School Café App to access meal account information, make payments & apply for free reduced-price meals. 	8 Chorizo & Egg Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Chicken Nuggets w/Homemade Roll WOW Sandwich Combo+ Mashed Potatoes w/Gravy Tossed Salad w/Ranch Fresh Pear / Fruit Cocktail	9 Biscuit & Sausage* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Frito Pie w/Cheese & Cornbread Yogurt Combo Italian Salad* Ranchero Beans Cucumber Slices w/Tajin Seedless Grapes / Natural Applesauce	10 Pancake Sausage Wraps OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Spaghetti w/Meat Sauce & Cheesy Bread WOW Sandwich Combo+ Buttered Corn Crispy Carrots w/Dip Granny Smith Apple / Blueberries w/Cream	11 Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Breaded Chicken Sandwich++ Yogurt Combo Crispy Chicken Salad Spicy Hashbrowns Burger Trimmings Orange Smiles / Sour Watermelon Raisins
14 Sausage & Cheese Flatbread OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken & Waffles Yogurt Combo Crispy Chicken Salad Cucumber Slices w/Tajin Celery Sticks & Grape Tomatoes Fresh Watermelon / Natural Applesauce	15 Bacon & Egg Taco* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Fettuccine Chicken Alfredo w/Garlic Bread WOW Sandwich Combo+ Savory Green Beans Crispy Carrots w/Dip Seedless Grapes / Sliced Pears	16 Biscuit & Sausage* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Crispy Beef Tacos w/Spanish Rice Yogurt Combo Italian Salad* Ranchero Beans Taco Trimmings Sliced Apples / Sliced Peaches	17 Pumpkin Bread OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice WOW Sandwich Combo+ Cucumber & Jicama Sticks w/Tajin Celery Sticks & Crispy Carrots Fresh Banana / Strawberry Applesauce	18 Sunrise Egg, Sausage & Potato Bowl* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Hamburger++ or Cheeseburger++ Yogurt Combo Tater Tots Burger Trimmings Gala Apple / Fruit Cocktail
21 Pancake Sausage Wraps OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/Cornbread Yogurt Combo Mashed Potatoes w/Gravy Broccoli Salad* Orange Smiles / Sliced Pears	22 Sausage* Potato & Egg Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Meatzza Pizza* or Cheese Pizza WOW Sandwich Combo+ Crispy Chicken Salad Savory Green Beans Crispy Carrots w/Dip Fresh Watermelon / Blueberries w/Cream	23 Biscuit & Chicken OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Beef & Cheese or Cheese Nachos Yogurt Combo Italian Salad* Ranchero Beans Celery Sticks & Grape Tomatoes Seedless Grapes / Natural Applesauce	24 Ham & Cheese Croissant* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk General Tso Chicken w/Fried Rice WOW Sandwich Combo+ Raw Veggie Medley w/Dip Tossed Salad w/Ranch Fresh Banana / Strawberry Craisins	25 THANK YOU LUNCH HEROES! Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Corn Dog Yogurt Combo Spicy Hashbrowns Cucumber Slices w/Tajin Orange Smiles / Sliced Pears
28 Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Steak Fingers w/Homemade Roll Yogurt Combo Mashed Potatoes w/Gravy Celery Sticks & Grape Tomatoes Fresh Pear / Fruit Cocktail	29 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pepperoni Pizza* WOW Sandwich Combo+ Crispy Chicken Salad Savory Green Beans Broccoli w/Cheese Seedless Grapes / Natural Applesauce	30 Chicken & Waffles OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Cheese Enchiladas w/Spanish Rice Yogurt Combo Italian Salad* Ranchero Beans Cucumber Slices w/Tajin Sliced Apples / Sour Watermelon Raisins	CELEBRATE FOOD SERVICE WORKERS SEPT. 25! 	

This institution is an equal opportunity provider. Esta institución da servicio a todos por igual.