

**ELK GROVE UNIFIED SCHOOL DISTRICT**

**NATIONAL MENTAL HEALTH AWARENESS MONTH  
RESOLUTION NO. 72, 2025-2026**

**Recognizing May as NATIONAL MENTAL HEALTH AWARENESS MONTH  
in the ELK GROVE UNIFIED SCHOOL DISTRICT**

**WHEREAS**, the month of May has been designated as National Mental Health Awareness Month in the United States since 1949 by the Mental Health America Organization; and

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, children, youth, and adults can recover from mental illness and lead full and productive lives in the community; and

**WHEREAS**, a focus on prevention and early intervention efforts could greatly reduce the number of children experiencing serious mental health conditions; and

**WHEREAS**, Elk Grove Unified School District recognizes parents and family members have made invaluable contributions through their commitment, care, and advocacy for the treatment of individuals with mental health concerns; and

**WHEREAS**, Elk Grove Unified School District reviews its pledge to continually assess and improve the range of educational services provided to meet the varying needs of our students with mental health concerns; and

**WHEREAS**, Elk Grove Unified School District supports spreading awareness of the importance of mental health which can help people realize the many ways that mental illness impacts them and those around them and can provide the opportunity to learn about available resources; and

**WHEREAS**, Elk Grove Unified School District recognizes that educating our students with mental health concerns requires a commitment to meaningful collaboration with families and community members:

**THEREFORE, BE IT RESOLVED** that Elk Grove Unified District Board of Education hereby proclaims May as Mental Health Awareness Month and recommits our educational community to increasing awareness and understanding of mental health; the steps our children, youth, and adults can take to protect their mental health; and the need for appropriate and accessible services for all people, especially children and youth with mental health concerns.

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Date

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DAVID E. REILLY, SUPERINTENDENT and  
SECRETARY to the GOVERNING BOARD of  
ELK GROVE UNIFIED SCHOOL DISTRICT