

# SNACK

## SEPTEMBER 2025

### RIO DEL ORO PROJECT RESILIENCE SNACK

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
[mdelong@plUSD.org](mailto:mdelong@plUSD.org)

Monday

Tuesday

Wednesday

Thursday

Friday

**NO  
SCHOOL**

Apple Slices =  $\frac{3}{4}$ C F  
String Cheese  
= 1 M/MA  
\*Students must take all items

Baby Carrots =  $\frac{3}{4}$ C V  
Goldfish Crackers  
= 1 G  
\*Students must take all items

Yogurt = 1 M/MA  
Peaches =  $\frac{3}{4}$ C F  
\*Students must take all items

Cucumber Slices =  $\frac{1}{2}$ C V  
Tortilla Chips = 1 G  
Salsa =  $\frac{1}{4}$ C V  
\*Students must take all items

Celery Sticks =  $\frac{3}{4}$ C V  
Hummus = 1 M/MA  
\*Students must take all items

Pretzels = 1 G  
Juice =  $\frac{3}{4}$  C F  
\*Students must take all items

Yogurt = 1 M/MA  
Strawberries =  $\frac{3}{4}$ C F  
\*Students must take all items

Grape Tomatoes =  $\frac{3}{4}$ C V  
String Cheese  
= 1 M/MA  
\*Students must take all items

Hard Boiled Egg = 1 M/MA  
Grapes =  $\frac{3}{4}$ C F  
\*Students must take all items

Yogurt = 1 M/MA  
Pineapple =  $\frac{3}{4}$ C F  
\*Students must take all items

Pita Bread = 1 G  
Bean Dip = 2 M/MA  
\*Students must take all items

Apple Slices =  $\frac{3}{4}$ C F  
String Cheese  
= 1 M/MA  
\*Students must take all items

Baby Carrots =  $\frac{3}{4}$ C V  
Goldfish Crackers  
= 1 G  
\*Students must take all items

Sunchips = 1 G  
Juice =  $\frac{3}{4}$ C F  
\*Students must take all items

Cucumber Slices =  $\frac{1}{2}$ C V  
Tortilla Chips = 1 G  
Salsa =  $\frac{1}{4}$ C V  
\*Students must take all items

Celery Sticks =  $\frac{3}{4}$ C V  
Hummus = 1 M/MA  
\*Students must take all items

Pretzels = 1 G  
Juice =  $\frac{3}{4}$  C F  
\*Students must take all items

Yogurt = 1 M/MA  
Strawberries =  $\frac{3}{4}$ C F  
\*Students must take all items

Grape Tomatoes =  $\frac{3}{4}$ C V  
String Cheese  
= 1 M/MA  
\*Students must take all items

Hard Boiled Egg = 1 M/MA  
Grapes =  $\frac{3}{4}$ C F  
\*Students must take all items

Yogurt = 1 M/MA  
Pineapple =  $\frac{3}{4}$ C F  
\*Students must take all items

Water available at all times.

**Please be advised** – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue to make every effort to provide our students with the best products available.

Thank you for your patience and understanding as we work with our distributors to navigate these shortages.

This institution is an equal opportunity provider.