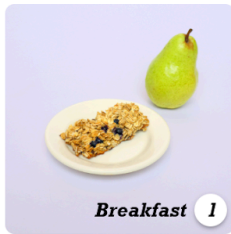




# Buena Vista Middle School Breakfast and Lunch Menu

Week of April 7th-10th (Free for Students)

Menu created by Ordo - Made fresh daily - by On the Roll Catering

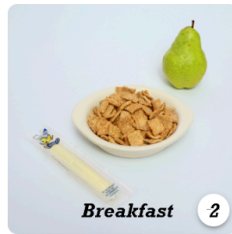


**Breakfast 1**

☰ Breakfast

**Housemade Blueberry Granola Bar with Pear**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Soy free Sesame free
- Whole Grain



**Breakfast 2**

☰ Breakfast

**Cinnamon Toast Crunch & String Cheese with Pear**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Egg free Sesame free
- Whole Grain



**Breakfast 3**

☰ Breakfast

**Cinnamon Rice Chex with Pear**

- Vegan Peanut free Vegetarian
- Gluten free Seafood free
- Tree-nut free Soy free
- Dairy free Egg free
- Sesame free Whole Grain

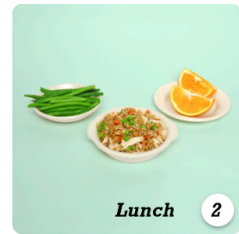


**Lunch 1**

☰ Lunch

**Edamame & Veggie Fried Rice with Fresh Green Beans & Orange Wedges (K-8)**

- Vegan Peanut free Vegetarian
- Seafood free Tree-nut free
- Dairy free Egg free
- Sesame free Whole Grain



**Lunch 2**

☰ Lunch

**Chicken & Veggie Fried Rice with Fresh Green Beans & Orange Wedges (K-8)**

- Peanut free Seafood free
- Tree-nut free Dairy free
- Egg free Sesame free
- Whole Grain



**Breakfast 1**

☰ Breakfast

**Whole Grain Snickerdoodle Muffin with Orange Wedges**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Soy free Sesame free
- Whole Grain

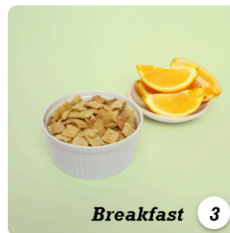


**Breakfast 2**

☰ Breakfast

**Cinnamon Toast Crunch & String Cheese with Orange Wedges**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Egg free Sesame free
- Whole Grain



**Breakfast 3**

☰ Breakfast

**Cinnamon Rice Chex with Orange Wedges**

- Vegan Peanut free Vegetarian
- Gluten free Seafood free
- Tree-nut free Soy free
- Dairy free Egg free
- Sesame free Whole Grain



**Lunch 1**

☰ Lunch

**Cheesy Baked Pasta with Steamed Broccoli & Apple (K-8)**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Soy free Egg free Sesame free
- Whole Grain

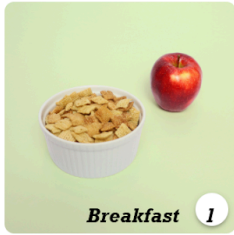


**Lunch 2**

☰ Lunch

**Italian Meat Sauce over Penne with Steamed Broccoli & Apple (K-8)**

- Peanut free Seafood free
- Tree-nut free Dairy free
- Egg free Sesame free
- Whole Grain



**Breakfast 1**

☰ Breakfast

**Cinnamon Rice Chex with Apple**

- Peanut free Vegetarian
- Gluten free Seafood free
- Tree-nut free Soy free
- Dairy free Egg free
- Sesame free Whole Grain

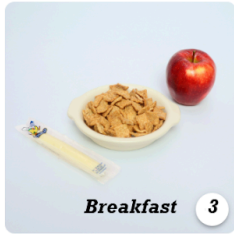


**Breakfast 2**

☰ Breakfast

**Housemade Maple Oat Bar with Apple**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Soy free Sesame free
- Whole Grain

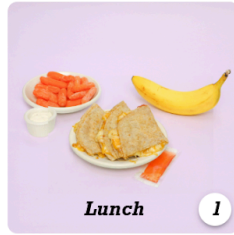


**Breakfast 3**

☰ Breakfast

**Cinnamon Toast Crunch & String Cheese with Apple**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Egg free Sesame free
- Whole Grain

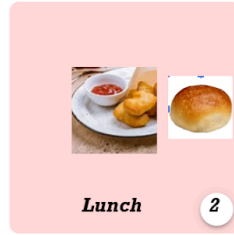


**Lunch 1**

☰ Lunch

**Cheese Quesadilla with Baby Carrots & Banana (K-8)**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Egg free Sesame free
- Whole Grain



**Lunch 2**

☰ Lunch

**Chicken Nuggets & Whole Grain Roll with Baby Carrots & Banana (K-8)**

- Peanut free Tree-nut free
- Whole Grain

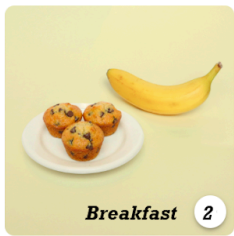


**Breakfast 1**

☰ Breakfast

**Cinnamon Rice Chex with Banana**

- Peanut free Vegetarian
- Gluten free Seafood free
- Tree-nut free Soy free
- Dairy free Egg free
- Sesame free Whole Grain



**Breakfast 2**

☰ Breakfast

**Protein Choco Chip Mini Muffins with Banana**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Sesame free Whole Grain

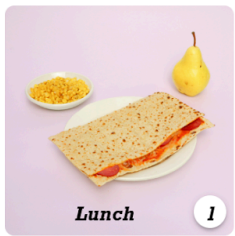


**Breakfast 3**

☰ Breakfast

**Cinnamon Toast Crunch & String Cheese with Banana**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Egg free Sesame free
- Whole Grain

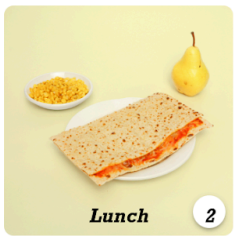


**Lunch 1**

☰ Lunch

**Pepperoni Pizza Calzone with Seasoned Corn & Pear (K-8)**

- Peanut free Seafood free
- Tree-nut free Egg free
- Sesame free Whole Grain



**Lunch 2**

☰ Lunch

**Cheese Pizza Calzone with Seasoned Corn & Pear (K-8)**

- Peanut free Vegetarian
- Seafood free Tree-nut free
- Egg free Sesame free
- Whole Grain



All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by On the Roll Catering. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at [bburchette@susd.net](mailto:bburchette@susd.net) or 831-455-2550 x 333.