

MENU

AUGUST

Tree of Life International Charter School

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04	05	06	07	08
11	12	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: BEEF NACHOS REFRIED BEANS SALAD BAR & FRUIT	13	BREAKFAST: EGGS & TOAST FRUIT LUNCH: EGG MCMUFFIN HASHBROWN SALAD BAR & FRUIT
BREAKFAST: SAUSAGE & CHEESE BISCUIT FRUIT LUNCH: GRILLED CHEESE SALAD BAR FRUIT	18	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: CHICKEN, RICE & BEAN BURRITO SALAD BAR FRUIT	19	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: SLOPPY JOES CORN SALAD BAR & FRUIT
BREAKFAST: SAUSAGE & CHEESE BISCUIT FRUIT LUNCH: HOMEMADE BEAN BURRITO SALAD BAR FRUIT	25	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: HOT DOG FRIES SALAD BAR & FRUIT	26	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: DELI SANDWICH & CHIPS SALAD BAR FRUIT
				BREAKFAST: EGGS & TOAST FRUIT LUNCH: TACO BAR REFRIED BEANS SALAD BAR & FRUIT
				BREAKFAST: WAFFLES FRUIT LUNCH: PAPA MURPHY'S PIZZA SALAD BAR & FRUIT COOKIE

Menus are subject to change

This institution is an equal opportunity provider.

Student meals provided at no charge

Breakfast: *Optional breakfast is cereal & crackers*

All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk

Lunch: All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables

