



MENU

DECEMBER

TREE OF LIFE INTERNATIONAL CHARTER SCHOOL

BREAKFAST: SAUSAGE & CHEESE BISCUIT FRUIT LUNCH: MAC & CHEESE GREEN BEANS SALAD BAR, FRUIT	01	BREAKFAST: STRAWBERRY & YOGURT PARFAIT LUNCH: BAKED POTATO BAR DINNER ROLL FRUIT	02	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: CHILI & CORNBREAD SALAD BAR FRUIT	03	BREAKFAST: BISCUITS & GRAVY FRUIT LUNCH: EGG MCMUFFIN HASHBROWN SALAD BAR, FRUIT	04	BREAKFAST: BAGEL & CREAM CHEESE FRUIT LUNCH: PAPA MURPHY'S PIZZA SALAD BAR FRUIT SALAD	05	
BREAKFAST: SAUSAGE & CHEESE BISCUIT FRUIT LUNCH: CHICKEN NUGGETS & FRIES SALAD BAR FRUIT	08	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: MEATLOAF & ROLL MASHED POTATOES SALAD BAR, FRUIT	09	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: ★ BBQ CHICKEN SANDWICH ★ BAKED BEANS SALAD BAR, FRUIT	10	BREAKFAST: EGGS & TOAST FRUIT LUNCH: TURKEY, RICE, & BLACK BEAN BURRITO SALAD BAR FROZEN FRUIT CUP	11	BREAKFAST: PANCAKES FRUIT LUNCH: CHICKEN PATTY SANDWICH SALAD BAR, FRUIT SALAD HAPPY BIRTHDAY TREAT	12	
BREAKFAST: SAUSAGE & CHEESE BISCUIT FRUIT LUNCH: ORANGE CHICKEN & RICE STEAMED BROCCOLI SALAD BAR, FRUIT	15	BREAKFAST: COOK'S CHOICE LUNCH: COOK'S CHOICE	16	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: TURKEY GRAVY & MASHED POTATOES DINNER ROLL, FRUIT SALAD PUMPKIN PUDDING	17					19
22	23	24	25	26						
WINTER BREAK - NO SCHOOL										
29	30	31								

Menus are subject to change

This institution is an equal opportunity provider.
Student meals provided at no charge

**BBQ CHICKEN SANDWICH ON 12/10
MADE BY SEMPER-FI CATERING!** ★

Breakfast: *Optional breakfast is cereal & crackers*
All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk

Lunch: All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables

Happy Birthday to everyone with a birthday in December!
Birthday treat comes with hot lunch only

