

MAY 2025

Free Breakfast & Lunch for All Students Daily!



Menu is subject to change.
Fruit and milk are offered at breakfast daily.
Fruit, vegetables, and milk are offered at lunch daily.
"This institution is an equal opportunity provider."

Summer Tip: Free Summer Meals. Call the USDA National Hunger Hotline at 1-866-3-HUNGRY. This is available for kids and teens 18 and under. No registration or application is required. Website available at:
<https://feedingsandiego.org/where-to-find-free-summer-meals/>

MONDAY



Breakfast: Cereal Day!

5

Lunch: 100% Beef Del Mar Dog or Veggie Pinwheel w/ Marinara

TUESDAY

Breakfast: Cinnamon Roll or Cheerios & String Cheese

6

Lunch: 4-Cheese Pizza or Chef Salad w/roll

WEDNESDAY



Spring Survey

Breakfast: Bagel & Cream Cheese or Cheerios & String Cheese, or Benefit Bar

7

Lunch: Turkey & Cheddar Ciabatta Sandwich or Yogurt Power Pack

THURSDAY

Breakfast: Turkey & Cheese Sliders, or Cheerios & String Cheese, or Benefit Bar

1

Lunch: Chicken Caesar Salad w/ roll or Mini Cheese Quesadillas

Breakfast: Orange Creamsicle Smoothie w/ Graham Crackers or Cheerios & String Cheese

8

Lunch: Cheese Tortellini Pasta Salad or Chicken Alfredo, both with a garlic breadstick

FRIDAY

Breakfast: Strawberry Poptarts or Cheerios & String Cheese or Seeds

2

Lunch: Chicken or Veggie Dumplings & Fortune Cookie!

Breakfast: Vanilla Confetti Waffle or Cheerios & String Cheese

9

Lunch: Teriyaki Chicken & Rice or Egg Fried Rice

Breakfast: Cereal Day!

12

Lunch: Cheeseburger or Veggie Burger

Breakfast: Banana Muffin or Cheerios & String Cheese

13

Lunch: Bean & Cheese Burrito or Turkey & Cheese Munchable Box

Breakfast: Tropical Yogurt Parfait or Benefit Bar or Cheerios & String Cheese

14

Lunch: Chicken Caesar Salad w/ roll or Mini Cheese Quesadillas

Breakfast: Turkey & Cheese Sliders, or Cheerios & String Cheese, or Benefit Bar

15

Lunch: Chicken or Veggie Dumplings & Fortune Cookie!

Breakfast: Strawberry Poptarts or Cheerios & String Cheese or Seeds

16

Lunch: Chicken Drumsticks or Kickin Nuggets both w/ corn muffin

Breakfast: Cereal Day!

19

Lunch: 100% Beef Del Mar Dog or Bean & Cheese Tamale/ Veggie Pinwheel w/ Marinara

Breakfast: Cinnamon Roll or Cheerios & String Cheese

20

Lunch: 4-Cheese Pizza or Mini Corn Dog/Corn Dog

Breakfast: Bagel & Cream Cheese or Cheerios & String Cheese, or Benefit Bar

21

Lunch: Turkey & Cheddar Ciabatta Sandwich or Yogurt Power Pack

Breakfast: Assorted Waffles or Cheerios & String Cheese

22

Lunch: Cheese Tortellini Pasta Salad or Chicken Alfredo, both with a garlic breadstick

Breakfast: Strawberry Boli or Cheerios & String Cheese

23

Lunch: Teriyaki Chicken & Rice or Egg Fried Rice

Memorial Day

NO SCHOOL!

26

Breakfast: Cereal Day!

27

Lunch: Chicken Drumsticks or Kickin Nuggets both w/ corn muffin

Breakfast: Assorted Muffins or Cheerios & String Cheese

28

Lunch: Cheeseburger or Veggie Burger

Breakfast: Cheerios & String Cheese, or Benefit Bar

29

Lunch: Turkey & Cheese Munchable Box or Bean & Cheese Burrito/Bean & Cheese Empanada

Breakfast: Strawberry Poptarts or Cheerios & String Cheese or Seeds

30

Lunch: Chicken Caesar Salad w/ roll or Mini Cheese Quesadillas/Grilled Cheese