

Menu Name:

PRE-SCHOOL BREAKFAST

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 10/01/2025

Reimbursable Meal Total 300

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ | EACH         | 300       | 300                      | 3.50                   | 270                    | 15               | 13               | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*       | 40.0       | 0.00       | 1.10      | \$0.000 |
| 000676 FRUIT, ORANGE WEDGES FRESH             | 4 WEDGES     | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN                 | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                        |              |           | 499                      | 4.97                   | 430                    | *30              | *13              | 18.57     | 0.00       | 14          | 65.85    | 7.46      | 20.63     | *0          | 496.1      | 84.14      | 1.29      | \$0.000 |
| % of Calories                                 |              |           |                          | 8.96%                  |                        | *24.0%           | *10.4%           | 33.5%     | 0.0%       |             | 52.8%    |           | 16.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/02/2025

Reimbursable Meal Total 300

|                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003200 BOWL, BRK BISCUIT    | SERVING      | 300       | 444                      | 10.55                  | 966                    | *1               | *N/A*            | 25.70     | 0.00       | 260         | 38.60    | 2.50      | 16.65     | *N/A*       | 211.5      | 1.80       | 1.26      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH | EACH         | 300       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE        | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 664                      | 12.13                  | 1126                   | *28              | *0               | 28.60     | 0.00       | 275         | 77.70    | 5.19      | 27.68     | *3          | 613.3      | 11.75      | 1.56      | \$0.000 |
| % of Calories                 |              |           |                          | 16.44 %                |                        | *16.9%           | *0%              | 38.8%     | 0.0%       |             | 46.8%    |           | 16.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/03/2025

Reimbursable Meal Total 100

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002840 CEREAL LUCKY CHARMS 2OZ  | EA           | 50        | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ   | EA           | 25        | 230                      | 0.00                   | 220                    | 15               | *N/A*            | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB | BOWL         | 25        | 240                      | 0.50                   | 270                    | 19               | *N/A*            | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 90        | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN   | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average          |              |           | 454                      | 1.52                   | 498                    | 49               | *N/A*            | 6.32      | 0.00       | 14          | 86.35    | 8.20      | 13.80     | *0          | 597.5      | 11.73      | 6.87      | \$0.000 |
| % of Calories                   |              |           |                          | 3.01%                  |                        | 43.2%            | *N/A*            | 12.5%     | 0.0%       |             | 76.1%    |           | 12.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/06/2025

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|----------|
| 000654 BRKFST, BAR BUTTERMILK 1.25 OZ               | BAR          | 100       | 124                      | 0.46                   | 157                    | *N/A*            | *N/A*            | 1.43      | *N/A*      | 7           | 26.25    | 0.65      | 1.44      | *N/A*       | 12.1                   | 0.04       | 0.76      | \$0.000  |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)      | SERVINGS     | 25        | 125                      | 0.00                   | 0                      | 27               | *N/A*            | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 25        | 80                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$12.825 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 25        | 90                       | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | *N/A*                  | *N/A*      | *N/A*     | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 25        | 80                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$12.825 |
| 000230 MILK,1% WHITE                                | CARTON       | 90        | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000  |
| 000129 MILK, SOYMILK KIKKOMAN                       | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0                  | 0.00       | 1.08      | \$0.000  |
| Weighted Daily Average                              |              |           | 348                      | 1.86                   | 312                    | *34              | *N/A*            | 4.13      | *0.00      | 20          | 66.10    | 2.85      | 11.50     | *0          | *402.1                 | *1.12      | *0.86     | \$12.682 |
| % of Calories                                       |              |           |                          | 4.81%                  |                        | *39.1%           | *N/A*            | 10.7%     | *0.0%      |             | 76.0%    |           | 13.2%     |             |                        |            |           |          |
| Weekly Nutrient Guideline                           |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |          |

Tuesday - 10/07/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002840 CEREAL LUCKY CHARMS 2OZ  | EA           | 100       | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ   | EA           | 100       | 230                      | 0.00                   | 220                    | 15               | *N/A*            | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB | BOWL         | 100       | 240                      | 0.50                   | 270                    | 19               | *N/A*            | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA  | #8 SCOOP     | 300       | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0                    | 2.50       | 0.24      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE          | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 417                      | 1.63                   | 473                    | 42               | *N/A*            | 6.57      | 0.00       | 14          | 76.37    | 5.73      | 13.60     | *0          | 588.0      | 6.66       | 6.94      | \$0.000 |
| % of Calories                 |              |           |                          | 3.52%                  |                        | 40.3%            | *N/A*            | 14.2%     | 0.0%       |             | 73.3%    |           | 13.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/08/2025                      Reimbursable Meal Total 300

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001834 BRKFST, WG MUFFIN ASSORTED 2G | #8 SCOOP     | 300       | 334                      | 2.00                   | 208                    | 29               | *N/A*            | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 000676 FRUIT, ORANGE WEDGES FRESH    | 4 WEDGES     | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average               |              |           | 533                      | 3.47                   | 368                    | *44              | *N/A*            | 13.30     | 0.00       | 49          | 90.62    | 6.93      | 16.80     | *0          | 572.7      | 84.14      | 2.17      | \$0.000 |
| % of Calories                        |              |           |                          | 5.86%                  |                        | *33.0%           | *N/A*            | 22.5%     | 0.0%       |             | 68.0%    |           | 12.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/09/2025                      Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001594 BRKFST, PIZZA TURKEY SAUSAGE | EACH         | 280       | 190                      | 1.50                   | 440                    | *N/A*            | *N/A*            | 7.00      | 0.00       | 5           | 22.00    | 3.00      | 8.00      | *N/A*       | 150.0      | 0.00       | 1.44      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ      | EA           | 10        | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002310 CEREAL, HONEYNUTSCOOTERS 2GB | BOWL         | 10        | 220                      | 0.00                   | 390                    | 17               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 4.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH         | EACH         | 300       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average              |              |           | 412                      | 2.98                   | 598                    | *28              | *0               | 9.60      | 0.00       | 19          | 62.64    | 5.79      | 18.83     | *3          | 548.4      | 9.95       | 1.83      | \$0.000 |
| % of Calories                       |              |           |                          | 6.51%                  |                        | *27.2%           | *0%              | 21.0%     | 0.0%       |             | 60.8%    |           | 18.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/10/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002696 BRKFST, CINN ROLL 2.3 OZ | ROLL         | 300       | 229                      | 1.05                   | 201                    | *17              | *N/A*            | 3.58      | *0.00      | 5           | 44.70    | 1.00      | 5.08      | *N/A*       | 5.2        | 0.02       | 8.01      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 459                      | 2.52                   | 360                    | *51              | *N/A*            | 6.15      | *0.00      | 20          | 85.73    | 5.07      | 15.02     | *0          | 421.9      | 9.58       | 8.40      | \$0.000 |
| % of Calories                 |              |           |                          | 4.94%                  |                        | *44.4%           | *N/A*            | 12.1%     | *0.0%      |             | 74.7%    |           | 13.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/13/2025

Reimbursable Meal Total 300

|                                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|----------|
| 003143 BREAKFAST FRENCH TOAST STICKS PERFORATED     | SERVINGS     | 300       | 170                      | 1.00                   | 290                    | 5                | 5                | 4.00      | 0.00       | 105         | 25.00    | 2.00      | 8.00      | *N/A*       | 4.0        | 0.00       | 10.00     | \$0.000  |
| 000349 SYRUP, PANCAKE                               | FL OZ        | 300       | 100                      | 0.00                   | 45                     | 13               | *N/A*            | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000  |
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING      | 75        | 90                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 75        | 90                       | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$12.540 |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)      | SERVINGS     | 75        | 125                      | 0.00                   | 0                      | 27               | *N/A*            | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 75        | 80                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$12.825 |
| 000230 MILK,1% WHITE                                | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000  |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|----------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000  |
| Weighted Daily Average        |              |           | 497                      | 2.47                   | 493                    | 52               | *5               | 6.57      | 0.00       | 119         | 90.53    | 4.07      | 18.18     | *0          | *400.7     | *1.16      | *10.04    | \$12.326 |
| % of Calories                 |              |           |                          | 4.47%                  |                        | 41.9%            | *4.0%            | 11.9%     | 0.0%       |             | 72.9%    |           | 14.6%     |             |            |            |           |          |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |          |

Tuesday - 10/14/2025 Reimbursable Meal Total 300

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003162 BRKFST, OMELET CHEDDAR W/BISCUIT | SERVING      | 280       | 350                      | 8.50                   | 750                    | *N/A*            | *N/A*            | 21.00     | 0.00       | 190         | 29.00    | 2.00      | 12.00     | *N/A*       | 168.0      | 0.00       | 1.88      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ          | EA           | 10        | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002310 CEREAL, HONEYNUTSCOOTERS 2GB     | BOWL         | 10        | 220                      | 0.00                   | 390                    | 17               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 4.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA          | #8 SCOOP     | 300       | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0        | 2.50       | 0.24      | \$0.000 |
| 000230 MILK,1% WHITE                    | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN           | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                  |              |           | 531                      | 9.40                   | 891                    | *28              | *N/A*            | 22.33     | 0.00       | 192         | 61.10    | 4.23      | 21.47     | *0          | 568.1      | 3.66       | 2.22      | \$0.000 |
| % of Calories                           |              |           |                          | 15.93 %                |                        | *21.1%           | *N/A*            | 37.8%     | 0.0%       |             | 46.0%    |           | 16.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline               |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/15/2025 Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000279 YOGURT PARFAIT, STRAWBERRY BWG | SERVING      | 300       | 310                      | 7.31                   | 177                    | *11              | *0               | 10.80     | 0.00       | 2           | 51.17    | 3.66      | 5.06      | *1          | 133.3      | 52.40      | 2.14      | \$0.000 |
| 000676 FRUIT, ORANGE WEDGES FRESH     | 4 WEDGES     | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                |              |           | 509                      | 8.78                   | 337                    | *26              | *0               | 13.37     | 0.00       | 17          | 85.03    | 7.12      | 16.69     | *1          | 589.3      | 136.55     | 2.33      | \$0.000 |
| % of Calories                         |              |           |                          | 15.52 %                |                        | *20.4%           | *0%              | 23.6%     | 0.0%       |             | 66.8%    |           | 13.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/16/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002840 CEREAL LUCKY CHARMS 2OZ  | EA           | 100       | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ   | EA           | 100       | 230                      | 0.00                   | 220                    | 15               | *N/A*            | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB | BOWL         | 100       | 240                      | 0.50                   | 270                    | 19               | *N/A*            | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 300       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 447                      | 1.75                   | 469                    | 43               | *0               | 6.90      | 0.00       | 14          | 84.44    | 6.36      | 14.70     | *3          | 585.1      | 12.95      | 6.97      | \$0.000 |
| % of Calories                 |              |           |                          | 3.52%                  |                        | 38.5%            | *0%              | 13.9%     | 0.0%       |             | 75.6%    |           | 13.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/17/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001605 PIZZA, PUFFS ELEM.       | EACH         | 300       | 318                      | *4.20                  | 541                    | *3               | *2               | 8.20      | *0.00      | *22         | *43.48   | *0.44     | 13.27     | *0          | 256.8      | *2.17      | *2.86     | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN   | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average          |              |           | 549                      | *5.67                  | 699                    | *37              | *2               | 10.77     | *0.00      | *37         | *84.52   | *4.50     | 23.20     | *0          | 673.4      | *11.73     | *3.26     | \$0.000 |
| % of Calories                   |              |           |                          | *9.30%                 |                        | *27.0%           | *1.5%            | 17.7%     | *0.0%      |             | *61.6%   |           | 16.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/20/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|----------|
| 003154 WAFFLE WG MAPLE CHIP BAKE CRAFTERS           | 4 WAFFLES    | 300       | 180                      | 0.00                   | 200                    | 8                | *N/A*            | 72.00     | 0.00       | 10          | 30.00    | 2.00      | 4.00      | *N/A*       | 91.4       | *N/A*      | 1.40      | \$0.000  |
| 000349 SYRUP, PANCAKE                               | FL OZ        | 300       | 100                      | 0.00                   | 45                     | 13               | *N/A*            | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000  |
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING      | 75        | 90                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 75        | 90                       | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$12.540 |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)      | SERVINGS     | 75        | 125                      | 0.00                   | 0                      | 27               | *N/A*            | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 75        | 80                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$12.825 |
| 000230 MILK,1% WHITE                                | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000  |
| 000129 MILK, SOYMILK KIKKOMAN                       | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000  |
| Weighted Daily Average                              |              |           | 507                      | 1.47                   | 403                    | 56               | *N/A*            | 74.57     | 0.00       | 24          | 95.53    | 4.07      | 14.18     | *0          | *488.1     | *1.16      | *1.44     | \$12.326 |
| % of Calories                                       |              |           |                          | 2.61%                  |                        | 44.2%            | *N/A*            | 132.4%    | 0.0%       |             | 75.4%    |           | 11.2%     |             |            |            |           |          |
| Weekly Nutrient Guideline                           |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |          |

Tuesday - 10/21/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002840 CEREAL LUCKY CHARMS 2OZ  | EA           | 100       | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ   | EA           | 100       | 230                      | 0.00                   | 220                    | 15               | *N/A*            | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB | BOWL         | 100       | 240                      | 0.50                   | 270                    | 19               | *N/A*            | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000438 FRUIT, PEAR CANNED USDA | #8 SCOOP     | 300       | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0        | 2.50       | 0.24      | \$0.000 |
| 000230 MILK,1% WHITE           | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN  | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average         |              |           | 417                      | 1.63                   | 473                    | 42               | *N/A*            | 6.57      | 0.00       | 14          | 76.37    | 5.73      | 13.60     | *0          | 588.0      | 6.66       | 6.94      | \$0.000 |
| % of Calories                  |              |           |                          | 3.52%                  |                        | 40.3%            | *N/A*            | 14.2%     | 0.0%       |             | 73.3%    |           | 13.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline      |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/22/2025

Reimbursable Meal Total 300

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ | EACH         | 300       | 300                      | 3.50                   | 270                    | 15               | 13               | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*       | 40.0       | 0.00       | 1.10      | \$0.000 |
| 000676 FRUIT, ORANGE WEDGES FRESH             | 4 WEDGES     | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN                 | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average                        |              |           | 499                      | 4.97                   | 430                    | *30              | *13              | 18.57     | 0.00       | 14          | 65.85    | 7.46      | 20.63     | *0          | 496.1      | 84.14      | 1.29      | \$0.000 |
| % of Calories                                 |              |           |                          | 8.96%                  |                        | *24.0%           | *10.4%           | 33.5%     | 0.0%       |             | 52.8%    |           | 16.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/23/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003200 BOWL, BRK BISCUIT      | SERVING      | 300       | 444                      | 10.55                  | 966                    | *1               | *N/A*            | 25.70     | 0.00       | 260         | 38.60    | 2.50      | 16.65     | *N/A*       | 211.5      | 1.80       | 1.26      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH   | EACH         | 300       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 66                       | 1.21                   | 113                    | *3               | *0               | 2.86      | 0.00       | 27          | 7.77     | 0.52      | 2.77      | *0          | 61.3       | 1.17       | 0.16      | \$0.000 |
| % of Calories                 |              |           |                          | 16.50 %                |                        | *18.2%           | *0%              | 39.0%     | 0.0%       |             | 47.1%    |           | 16.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/24/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002696 BRKFST, CINN ROLL 2.3 OZ | ROLL         | 300       | 229                      | 1.05                   | 201                    | *17              | *N/A*            | 3.58      | *0.00      | 5           | 44.70    | 1.00      | 5.08      | *N/A*       | 5.2        | 0.02       | 8.01      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN   | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average          |              |           | 459                      | 2.52                   | 360                    | *51              | *N/A*            | 6.15      | *0.00      | 20          | 85.73    | 5.07      | 15.02     | *0          | 421.9      | 9.58       | 8.40      | \$0.000 |
| % of Calories                   |              |           |                          | 4.94%                  |                        | *44.4%           | *N/A*            | 12.1%     | *0.0%      |             | 74.7%    |           | 13.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 10/27/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                                     | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-----------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|----------|
| 002533 PANCAKES, BUTTERMILK WG                      | SERVING 2 EACH | 300       | 140                      | 0.00                   | 200                    | 6                | *N/A*            | 3.00      | 0.00       | 0           | 28.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000  |
| 000349 SYRUP, PANCAKE                               | FL OZ          | 300       | 100                      | 0.00                   | 45                     | 13               | *N/A*            | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000  |
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING        | 75        | 90                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING        | 75        | 90                       | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$12.540 |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)      | SERVINGS       | 75        | 125                      | 0.00                   | 0                      | 27               | *N/A*            | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS       | 75        | 80                       | 0.00                   | 0                      | 16               | *N/A*            | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$12.825 |
| 000230 MILK,1% WHITE                                | CARTON         | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000  |
| 000129 MILK, SOYMILK KIKKOMAN                       | SERVING        | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000  |
| Weighted Daily Average                              |                |           | 467                      | 1.47                   | 403                    | 54               | *N/A*            | 5.57      | 0.00       | 14          | 93.53    | 4.07      | 14.18     | *0          | *396.7     | *1.16      | *1.48     | \$12.326 |
| % of Calories                                       |                |           |                          | 2.83%                  |                        | 46.3%            | *N/A*            | 10.7%     | 0.0%       |             | 80.1%    |           | 12.1%     |             |            |            |           |          |
| Weekly Nutrient Guideline                           |                |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |          |

Tuesday - 10/28/2025

Reimbursable Meal Total 300

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003198 BURRITO, BRK LOADED BACON    | SERVING      | 280       | 466                      | 9.30                   | 932                    | *1               | *N/A*            | 24.57     | 0.00       | 190         | 39.50    | 6.50      | 21.09     | *N/A*       | 6.0        | 3.00       | 6.88      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ      | EA           | 10        | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002310 CEREAL, HONEYNUTSCOOTERS 2GB | BOWL         | 10        | 220                      | 0.00                   | 390                    | 17               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 4.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000438 FRUIT, PEAR CANNED USDA | #8 SCOOP     | 300       | 60                       | 0.00                   | 5                      | 12               | *N/A*            | 0.00      | 0.00       | 0           | 15.00    | 2.00      | 0.00      | *N/A*       | 8.0        | 2.50       | 0.24      | \$0.000 |
| 000230 MILK,1% WHITE           | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN  | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average         |              |           | 640                      | 10.15                  | 1061                   | *29              | *N/A*            | 25.67     | 0.00       | 192         | 70.90    | 8.43      | 29.95     | *0          | 416.9      | 6.46       | 6.88      | \$0.000 |
| % of Calories                  |              |           |                          | 14.27 %                |                        | *18.1%           | *N/A*            | 36.1%     | 0.0%       |             | 44.3%    |           | 18.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline      |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 10/29/2025

Reimbursable Meal Total 300

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001834 BRKFST, WG MUFFIN ASSORTED 2G | #8 SCOOP     | 300       | 334                      | 2.00                   | 208                    | 29               | *N/A*            | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 000676 FRUIT, ORANGE WEDGES FRESH    | 4 WEDGES     | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN        | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average               |              |           | 533                      | 3.47                   | 368                    | *44              | *N/A*            | 13.30     | 0.00       | 49          | 90.62    | 6.93      | 16.80     | *0          | 572.7      | 84.14      | 2.17      | \$0.000 |
| % of Calories                        |              |           |                          | 5.86%                  |                        | *33.0%           | *N/A*            | 22.5%     | 0.0%       |             | 68.0%    |           | 12.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 10/30/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002840 CEREAL LUCKY CHARMS 2OZ  | EA           | 100       | 210                      | 0.00                   | 440                    | 12               | *N/A*            | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ   | EA           | 100       | 230                      | 0.00                   | 220                    | 15               | *N/A*            | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB | BOWL         | 100       | 240                      | 0.50                   | 270                    | 19               | *N/A*            | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 300       | 90                       | 0.11                   | 1                      | 12               | 0                | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN   | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average          |              |           | 447                      | 1.75                   | 469                    | 43               | *0               | 6.90      | 0.00       | 14          | 84.44    | 6.36      | 14.70     | *3          | 585.1      | 12.95      | 6.97      | \$0.000 |
| % of Calories                   |              |           |                          | 3.52%                  |                        | 38.5%            | *0%              | 13.9%     | 0.0%       |             | 75.6%    |           | 13.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 10/31/2025

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001605 PIZZA, PUFFS ELEM.       | EACH         | 300       | 318                      | *4.20                  | 541                    | *3               | *2               | 8.20      | *0.00      | *22         | *43.48   | *0.44     | 13.27     | *0          | 256.8      | *2.17      | *2.86     | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE            | CARTON       | 290       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 10        | 140                      | 0.50                   | 110                    | 15               | *N/A*            | 4.50      | 0.00       | 0           | 17.00    | 2.00      | 8.00      | *N/A*       | 300.0      | 0.00       | 1.08      | \$0.000 |
| Weighted Daily Average        |              |           | 549                      | *5.67                  | 699                    | *37              | *2               | 10.77     | *0.00      | *37         | *84.52   | *4.50     | 23.20     | *0          | 673.4      | *11.73     | *3.26     | \$0.000 |
| % of Calories                 |              |           |                          | *9.30%                 |                        | *27.0%           | *1.5%            | 17.7%     | *0.0%      |             | *61.6%   |           | 16.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 0                  | <10                    | 1230                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages |  | 474                      | *4.06                  | 514                    | *38              | *2               | 14.09     | *0.00      | *53         | *77.05   | *5.51     | 17.27     | *1          | *511.2     | *26.27     | *4.08     | \$2.159 |
| % of Calories     |  |                          | *7.71%                 |                        | *32.1%           | *1.7%            | 26.8%     | *0.0%      |             | *65.0%   |           | 14.6%     |             |            |            |           |         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.