

Open Enrollment 2027

Employee Health Benefits

October 16 - 28, 2026



Learn

- Open Enrollment is a **self-service process** and your annual opportunity to change your medical, dental, and vision plans, and to enroll or remove dependents.
- You have the ability to enroll in or increase Supplemental/ Voluntary [New York Life](#) Insurance coverage, as well as updating any beneficiaries on file.
- If you do not want to make any changes, then no action is necessary. Your 2026 enrollments will roll over into 2027.
- **Informational Meetings**
 - [Virtual](#) @ Microsoft Teams: 10/19 @ 4pm - 6pm
 - A recording of this will be posted on our [department webpage](#).
 - In-Person @ **District Office Board Room**: 10/22 @ 4:30pm - 6:30pm
 - Employees will be able to engage with [VEBA](#) (the trust that administers our insurance) and the insurance carriers.
- American Fidelity
 - Employees who wish to participate in an *external* Health Savings (\$3,400) and/ or Dependent Care Flexible Spending (\$7,500) product must [meet with American Fidelity](#), whether they are new or re-enrolling for 2027, between 10/19 through 11/02.

Decide

- Current medical, prescription, dental, and vision plan designs remain the same.
- 2027 Employee [rates](#) are posted on our department webpage.

Act

- If you add a [dependent](#) to your coverage, gather your document(s) and be ready to submit them to our department via district mail once you've completed the changes in Openroll.
- Mark your calendar to make changes to your medical, dental, and vision coverage between 10/16 through 10/28 by visiting [Openroll](#) in MyCUSD.

Important Notes

- Personal information changes should be emailed to hrservices@capousd.org and insurance@capousd.org.
- Employees are responsible for ensuring the correct coverage is selected before completing enrollment. If you click on 'Complete Enrollment', you will be offered a PDF confirmation of your selections.
- No changes outside of Open Enrollment without a qualifying event are permitted.
- You may not add or remove any dependents without a qualifying event until the next Open Enrollment.