

Daily Bulletin

August 14, 2025



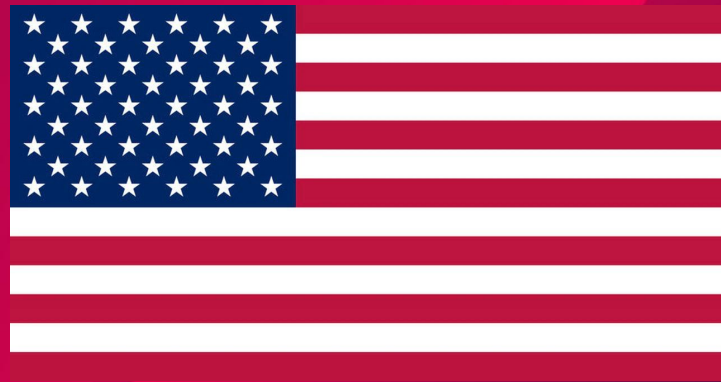
Slideshow [LINK](#) with Music
SDUHSD Accounts Only

PLEASE RISE FOR THE PLEDGE OF ALLEGIANCE



The Pledge of Allegiance

I pledge allegiance to the flag
of the United States of America,
and to the republic for which it stands,
one nation under God, indivisible,
with liberty and justice for all.



Thursday, August 14th, 2025

Regular Day Schedule	
Period 1	8:30 - 10:00
Period 2	10:08 - 11:42
Lunch	11:42 - 12:14
Period 3	12:22 - 1:52
Period 4	2:00 - 3:30

Today is a Regular Bell Schedule!



COME TO INTRO DAY AND NARWEEK!

*Explore the different
departments of
Robotics Team 3128
every day from 3:30-
5:45 in the cage!*



» MECHANICAL Monday

- Robot design
- manufacturing and machining
- Assembly

» CONTROLS Tuesday

- Wiring
- Programming
- Vision systems

» BUSINESS AND MARKETING Thursday

- Team Financials
- Grants/Awards
- Merch/ Digital Design
- Social Media

» STRATEGY Wednesday

- Game Analysis
- Scouting
- Match Strategy

01

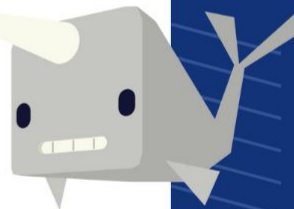
INTRO DAY

- Meets in the Workshop
- Friday, 8/15 @3:30
- Introduction to what each department does

02

NARWEEK

- Meets in the Workshop
- 8/18-8/21 @3:30
- Delves deeper into what each dept. does and has activities that mimic the dept.



SENIORS:

Be sure to
schedule and take
your senior
portrait before
October 30th.

seniors, don't forget to

**TAKE YOUR
SENIOR
PORTRAIT!**

schedule your
appointment today at
keaneseniors.com



CLASS OF 2028

SOPHOMORE KICKOFF



THIS FRIDAY @ LUNCH
IN THE LOWER QUAD

FREE OTTERPOPS !!



Purchase Your

RAVEN CARD

Today

BUY YOURS AT THE FINANCE WINDOW
OR ON THE ASB WEBSTORE

@cca_asb

Don't Miss Out On...

FREE Spirit Shirt

FREE Agenda

FREE Sports Tickets

\$10 OFF ALL Dances

\$10 OFF Yearbooks

\$5+ OFF Spirit Wear

\$2+ OFF Envision Shows

PERKS at ASB Events

SUPPORT CCA Student Life!



**Follow @ccacounseling on Instagram for
valuable Counseling updates**



Photo Make-up Day

ID/Yearbook picture
make-ups will be next
THURSDAY , 8/21, in the
gym.

Get more information
on Minga Digital IDs
[here!](#)

FALL MAKE-UP 25-26
PHOTO DAY
DON'T MISS OUT!
¡Día Adicional para Fotos, no te lo pierdas!



CANYON CREST ACADEMY

MAKE-UP DATE
AUGUST 21ST

**LAST CHANCE TO
TAKE YOUR
YEARBOOK PHOTO**

Última oportunidad para
tomarse la foto del anuario

CHERISHEDMEMORIESPHOTOGRAPHY.COM | (951) 304-4133

BIKES MUST BE PARKED IN
THE BIKE RACKS NEAR THE
ENTRANCES TO CAMPUS.

ANY BIKES PARKED OR
LOCKED THAT ARE BLOCKING
WALKWAYS OR STAIRS MAY BE
REMOVED.



Theatre Fall Auditions

Aug 25, 26 (Proscenium)
Open to all!

MAMMA
MIA!

&

A
MIDSUMMER
NIGHT'S
DREAM



Scan for more info



Follow Us
@cca_classof27



Stay updated with all of our class activities
for events, free food, and fundraisers!

Not enough time for the
line?

Skip it!

Check the **Share Bin** for free meals, sides, and/or drinks.

(Reminder: Breakfast served for 30 MINUTES before school)

-Nutrition Services

CCA ATHLETICS

Internship Opportunities:

Social Media Coordinator

Film Production Coordinator

Brand Ambassador

Interested? Email ccaathletics@sduhsd.net
for more information

Great resume builder!

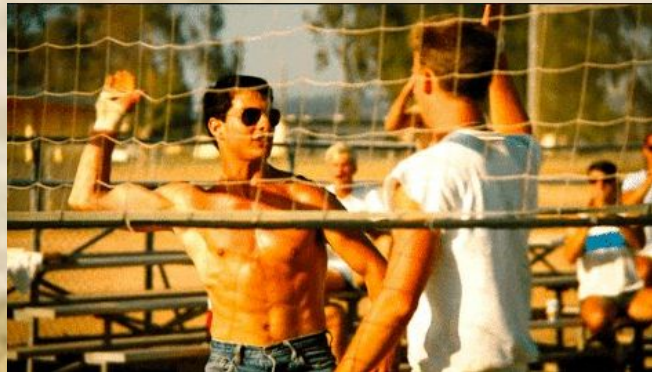


Boys Beach Volleyball

Interest Meeting this Friday at Lunch E104

Tryouts **Next WEEK** on Monday and
Tuesday 3:45-5:30 on the sand courts

Please go to Mr. Happ's [website](#) to sign up!



Counseling Announcements

9th Grade Counseling Presentations

The Counseling Department will be offering a presentation for 9th grade students to review graduation and college entrance requirements, discuss CCA Culture, and share general tips for 9th graders. We expect the presentation to last around 30 minutes:

- Teachers with Last Names A-L:
TUESDAY, 8/19, at 11:05am
(second half of 2nd Period)
- Teachers with Last Names M-Z:
WEDNESDAY, 8/20, at 11:40am
(second half of 2nd Period,
late start)



Back To School Night is next Tuesday, 8/19!

TIME	SCHEDULE
5:45- 5:53	Welcome: Brett Killeen, Principal
6:00-6:10	Period 1
6:17- 6:27	Period 2
6:34-6:44	Period 3
6:51-7:01	Period 4
7:08-7:18	Conservatory

PSAT/NMSQT

Registration Dates:

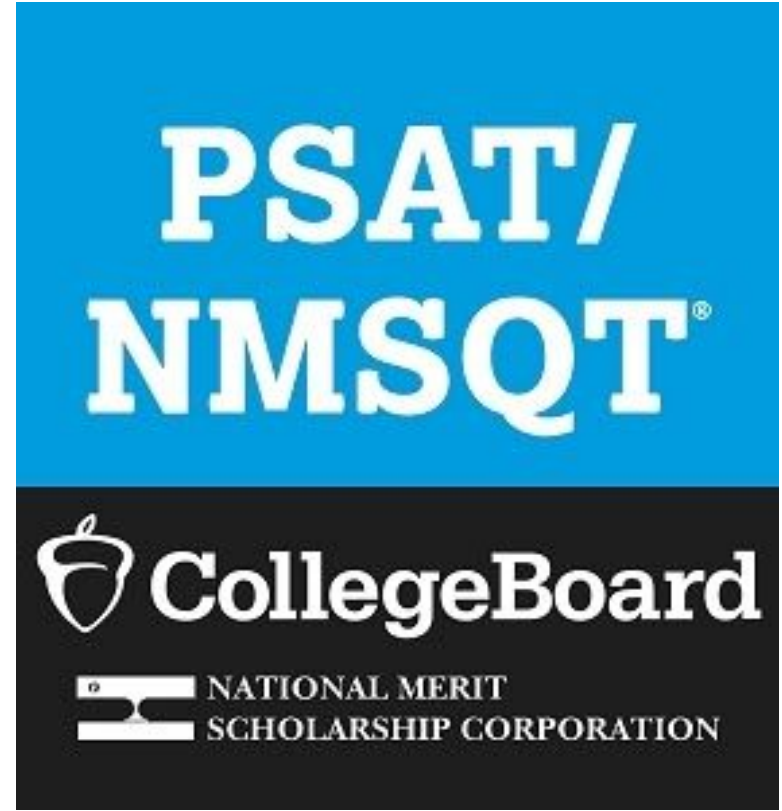
- Begins: **August 1, 2025**
- Ends: **Monday, September 1, 2025**
- Late Registration Window: **September 2 - 5**

Test Date: Saturday, Oct. 18, 2025

- **Time:** 8:00 - 12:00
- **Approximate Time:** 2.5-hour exam
- **Fee:** \$40

Register here:

<https://user.totalregistration.net/PSAT/050893>



meet with a PAL!

Want someone to talk to that's
your age about friends,
classes, family or more?
Reach out to a PAL!



request a pal here!





10 SELF-CARE STRATEGIES FOR TEENS



- 1 It's OK to feel overwhelmed. Focus on what you can control, like your breathing and being in the present moment.
- 2 Spend time outside, even if you're avoiding crowds.
- 3 Engage in mindfulness activities, such as starting a gratitude journal or preparing your favorite meal.
- 4 Practice self-care in whatever form it looks like to you, which may include exercising, reading, meditation or getting adequate sleep.
- 5 Reach out to whomever and whatever you know helps you.
- 6 Make a list of your favorite songs or movies, and share the list with your friends.
- 7 Challenge negative beliefs about change.
- 8 Find new ways to connect with your friends. Social distancing should not mean social isolation.
- 9 Make your space comfy and cozy.
- 10 Set boundaries with your media consumption.

TEEN APPS FOR SELF-CARE



STOP, BREATHE, THINK



VIRTUAL HOPE BOX

**Remember to
take care of
yourself and
check-in with
your friends** 😊

ADVERTISING

SPACES :::::



Advertising Spaces are now open in the Raven Review Newspaper for small businesses within CCA. Advanced Business creates a multitude of business throughout the school year and Raven Review is more than happy to advertise these different businesses.

Price: \$20 per ad.

Contact us at:

raven.review2023@gmail.com

Instagram:

@ccaravenreview

check out our [website](#) and [coffee chats!](#)

Have announcements for the Daily Bulletin?

If you are a part of a club or organization on campus, a club officer or club advisor can send a Google Slide with information that you would like posted to the Clubs Commissioner, clubs@ccaasb.com, or to the ASB Director, tanner.kortman@sduhsd.net, by 3:30pm of the day before you would like the slide to play.

- Slides cannot play for more than 3 consecutive days, and Club Meeting slides generally post only on the day of the meeting unless there are extenuating circumstances.
- Any physical posters or flyers must be approved and stamped by ASB Executive Vice President, Eire Chen, and can be posted on the bulletin boards or Gym building windows using painters tape.



Daily Bulletin Theme Solving Contest

RULES : Two points are awarded to the class or classes that solve first (defined as Day #1 and can be any day from Monday to Wednesday), and one point is awarded for any solve after Day #1. Only one guess allowed per day except on Thursdays which have unlimited guesses, and solves on Thursday can only earn one point.

SUBMISSIONS: Theme guesses can be emailed by the teacher (or one designated student in case of teacher absence) to Tanner.Kortman@sduhsd.net by the end of 2nd period.

...
**HELP
KEEP
CCA
SAFE!**

**IF YOU SEE
SOMETHING,
SAY
SOMETHING.**

Today's Music: “Three Little Birds” by Bob Marley and the Wailers

