Pre K 2025		9-2025 PK EF		Egg
Monday	Tuesday	Wednesday	Thursday	Friday
1-Sep	•	3-Se		5-5
Sausage Dog+	Chicken Patties x2 no waffles	Cheese Enchiladas w/ Chili	BBQ Boneless Wings No Mac & Chz	Chicken Flautas w Queso (S/J)
OR Wowbutter Sandwich+ w/ Cheese Stick	OR Cheese Pizza	OR Corn Dog	Cheez it or Savory Cracker	Yogurt & Cheese Stick Combo (ES)
Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
8-Sep	9-Sep	10-Se	p 11-Sep	
Hamburger+ (K,M,M)	Cheesy Bread	Frito Pie (S/J)	Sweet Asian Chicken w/ Fried Rice	Chicken Tenders No Roll
OR Yogurt & Cheese Stick Combo	OR Yogurt & Cheese Stick Combo		OR Toasted Cheese Sandwich	OR Baked Potato w/ Cheese No Roll
				Cheez it or Savory Cracker
Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
15-Sep	16-Sep	17-Se	p 18-Sep	19-5
Breaded Chicken Sandwich+ (K,M,M)	Chicken Drumstick No Roll / No Mac	Crispy Beef Tacos w/ Spanish Rice (S/J)	Chicken Nuggets (K) No roll	Pepperoni Pizza*
OR Wowbutter Sandwich+ w/ Cheese Stick	Cheez it or Savory Cracker		OR Baked Potato w/ Cheese No Roll	Cheese Pizza
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Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
22-Sep		24-Se		
Sloppy Joe +	Steak Fingers (k) No Roll	Beef & Cheese Nachos (S/J)	General Tso Chicken+ w/ Fried Rice	Pork & Cheese Tamales* (s)
OR Yogurt & Cheese Stick Combo	w/ Cheez it or Savory Cracker	Cheese Nachos	Toasted Cheese Sandwich	.,
	OR Baked Potato w/ Cheese No Roll			
	w/ Cheez it or Savory Cracker			
Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
29-Sep	30-Sep	1-00	t 2-Oct	3-1
Sausage Dog+	BBQ Boneless Wings No Mac & Chz	Cheese Enchiladas w/ Chili	Chicken Patties x2 no waffles	Chicken Flautas w Queso (S/J)
OR Wowbutter Sandwich+ w/ Cheese Stick	Cheez it or Savory Cracker	OR Corn Dog	OR Cheese Pizza	Yogurt & Cheese Stick Combo (ES)
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Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)	Vegetable (1)
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
Allowed alternative lunches:				
Wowbutter Sandwich+ w/ Cheese Stick				
Yogurt Combo				
Do not serve: ranch, mayonnaise, gravy, bread	d anything listed in red above			•
Egg-Free Items: Savory green beans, mashed i	potatoes (no gravy), savory peas, pinto beans, bakeo	beans, corn, cheesy garlic mashed potatoes, ta	ter tots, spicy hashbrowns, sweet potato fries, wedge	ge fries, smile fries, emoji fries, broccoli w/
	regetable medley, cucumber slices, lettuce, crispy ca			-
pico de gallo	,, , , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , , ,	. , , , , , , , , , , , , , , , , , , ,

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BREAKFAST: serve 3 items from the list 1 item must be a fruit or juice		Item	Recipe or Stock #	
		Savory Crave Crackers	2906831	
1 Cereal*	*Egg Free PK Cereal:	Tostito Chips	7811032	
	Cinnamon Chex,	Cheez It	1109031	
Yogurt	Honey Cheerios,	Sausage Patty	1814830	
Sausage Patty	Blueberry Chex,			
	Honey Bunches of Oats			
Juice				
Fruit				
Milk, (plain in PK sites)				