

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 5, 2026

**Menu Name:** Nutrient Info Supper **Include Cost:** No

**Site:**

**Use Alternate Menu Name:** No

### Monday - 06/01/2026

### Reimbursable Meal Total 10

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | CalcM (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|
| 990346 2-Breaded Cheese Pocket              | serving      | 1         | 290                      | 3.11                   | 476                    | 2.07             | 1.04                          | 10.35     | 0.00       | 36          | 28.99    | 0.00      | 19.67     | *N/A*           | 469.0      | 0.00       | 2.07      |
| 000013 2-PB&J Sandwich Lunch                | 1 each       | 1         | 648                      | 7.05                   | 662                    | 22.21            | 0.00                          | 34.25     | 0.00       | 0           | 65.95    | 8.03      | 24.12     | *0              | 101.6      | 0.00       | 2.81      |
| 001036 .                                    |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |            |            |           |
| 990595 1-Cherries Dried Individual Portions | 1/2 cup equ  | 1         | 128                      | 0.00                   | 5                      | 2.00             | 0.00                          | 0.00      | 0.00       | 0           | 31.00    | 1.00      | *N/A*     | *N/A*           | *N/A*      | *N/A*      | *N/A*     |
| 003505 2-Carrots, Baby                      | 1/2 cup      | 1         | 26                       | 0.00                   | 57                     | 3.51             | 0.00                          | 0.10      | 0.00       | 0           | 6.07     | 2.14      | 0.47      | *N/A*           | 0.0        | 0.00       | 0.00      |
| 001036 .                                    |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |            |            |           |
| 001876 2-Milk, White, Crystal Creamery      | 8 oz         | 8         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream     | 8 oz         | 3         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      |
| Weighted Daily Average                      |              |           | 249                      | 2.22                   | 293                    | 20.68            | 0.10                          | 6.47      | 0.00       | 17          | 32.60    | 1.12      | *15.13    | *0              | *467.1     | *0.96      | *0.60     |
| % of Calories                               |              |           |                          | 8.02%                  |                        | 33.22%           | 0.16%                         | 23.4%     | 0.0%       |             | 52.4%    |           | *24.3%    |                 |            |            |           |
| Weekly Nutrient Guideline                   |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           |           |            |             |          |           |           |                 |            |            |           |

### Tuesday - 06/02/2026

### Reimbursable Meal Total 10

**Base Menu Spreadsheet**

Portion Values

Jun 1, 2026 thru Jun 5, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 990497 2-Chicken, Spicy Sandwich-only   | 1 each       | 1         | 430                      | 3.00                   | 600                    | 5.00             | 0.00                          | 17.00     | 0.00       | 25          | 48.00    | 6.00      | 22.00     | *N/A*           | 240.0                  | 0.00       | 4.50      |
| 000013 2-PB&J Sandwich Lunch            | 1 each       | 1         | 648                      | 7.05                   | 662                    | 22.21            | 0.00                          | 34.25     | 0.00       | 0           | 65.95    | 8.03      | 24.12     | *0              | 101.6                  | 0.00       | 2.81      |
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |                        |            |           |
| 002590 2-Juice,Fruit Punch,4oz          | 1/2 cup      | 1         | 60                       | 0.00                   | 15                     | 15.00            | 0.00                          | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*           | 0.0                    | 1.20       | 0.00      |
| 001681 2-Corn                           | 1/2 cup      | 1         | 111                      | 0.00                   | 18                     | 3.69             | 0.00                          | 0.92      | 0.00       | 0           | 16.61    | 1.85      | 1.85      | *N/A*           | 36.9                   | 0.00       | 0.00      |
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |                        |            |           |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 3         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 3         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      |
| 001661 2-Ketchup, packet, 9 gram        | 1 each       | 1         | 10                       | 0.00                   | 65                     | 1.00             | 0.00                          | 0.00      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| 000802 2-Mayo, packet, 9g               | each         | 1         | 70                       | 1.00                   | 30                     | 0.00             | 0.00                          | 7.00      | 0.00       | 5           | 0.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                  |              |           | 208                      | 1.56                   | 232                    | 14.89            | 0.00                          | 6.67      | 0.00       | 9           | 26.06    | 1.59      | 10.50     | *0              | 247.8                  | 0.48       | 0.84      |
| % of Calories                           |              |           |                          | 6.75%                  |                        | 28.63%           | 0.00%                         | 28.9%     | 0.0%       |             | 50.1%    |           | 20.2%     |                 |                        |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |

**Wednesday - 06/03/2026**

**Reimbursable Meal Total 10**

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 002174 2-Turkey & Cheese Sandwich | 1 each       | 1         | 333                      | 2.50                   | 1504                   | 4.08             | 0.00                          | 6.52      | 0.00       | 63          | 39.36    | 4.13      | 30.89     | *0              | 160.8                  | 0.92       | 1.54      |
| 000013 2-PB&J Sandwich Lunch      | 1 each       | 1         | 648                      | 7.05                   | 662                    | 22.21            | 0.00                          | 34.25     | 0.00       | 0           | 65.95    | 8.03      | 24.12     | *0              | 101.6                  | 0.00       | 2.81      |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 5, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |                        |            |           |
| 990357 2-Grapes, fresh                  | 1/2 cup      | 1         | 58                       | 0.10                   | 2                      | 14.04            | 0.00                          | 0.30      | 0.00       | 0           | 14.82    | 0.78      | 0.54      | *N/A*           | 12.1                   | 3.46       | 0.25      |
| 001589 2-Broccoli,Fresh,Raw             | 1/2 cup      | 1         | 11                       | 0.00                   | 10                     | 0.54             | 0.00                          | 0.12      | 0.00       | 0           | 2.09     | 0.83      | 0.89      | *N/A*           | 14.9                   | 28.11      | 0.23      |
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |                        |            |           |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 3         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 3         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      |
| 000802 2-Mayo, packet, 9g               | each         | 1         | 70                       | 1.00                   | 30                     | 0.00             | 0.00                          | 7.00      | 0.00       | 5           | 0.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| 001870 2-Ranch packet, 12 gram          | ea           | 1         | 70                       | 1.50                   | 110                    | 0.00             | 0.00                          | 8.00      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                  |              |           | 194                      | 1.67                   | 325                    | 14.29            | 0.00                          | 6.37      | 0.00       | 13          | 23.72    | 1.38      | 11.34     | *0              | 238.9                  | 3.61       | 0.59      |
| % of Calories                           |              |           |                          | 7.75%                  |                        | 29.46%           | 0.00%                         | 29.6%     | 0.0%       |             | 48.9%    |           | 23.4%     |                 |                        |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |

Thursday - 06/04/2026

Reimbursable Meal Total 10

|                                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 990496 2-Cheeseburger on a bun (Steak Burger Patty)-only | 1 each       | 1         | 462                      | 11.07                  | 832                    | 4.00             | 0.00                          | 25.17     | 0.00       | 86          | 33.00    | 3.00      | 30.22     | *0              | 340.1                  | 0.00       | 3.92      |
| 000013 2-PB&J Sandwich Lunch                             | 1 each       | 1         | 648                      | 7.05                   | 662                    | 22.21            | 0.00                          | 34.25     | 0.00       | 0           | 65.95    | 8.03      | 24.12     | *0              | 101.6                  | 0.00       | 2.81      |
| 001036 .                                                 |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |                        |            |           |
| 004515 2-Juice, Apple (4oz.)                             | 1/2 cup      | 1         | 50                       | 0.00                   | 0                      | 12.00            | 0.00                          | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 5, 2026

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001676 2-Beans, Green, canned           | 1/2 cup      | 1         | 21                       | 0.00                   | 146                    | 2.09             | 0.00                          | 0.00      | 0.00       | 0           | 4.18     | 2.09      | 1.04      | *N/A*           | 20.9                   | 2.51       | 0.75      |
| 001036 .                                |              |           |                          |                        |                        |                  |                               |           |            |             |          |           |           |                 |                        |            |           |
| 001876 2-Milk, White, Crystal Creamery  | 8 oz         | 3         | 130                      | 1.50                   | 160                    | 15.00            | 0.00                          | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      |
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 3         | 120                      | 0.00                   | 150                    | 19.00            | 0.00                          | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      |
| 000804 2-Mustard, packet, 1/5 oz        | 1 each       | 1         | 1                        | 0.00                   | 60                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 0.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| 001661 2-Ketchup, packet, 9 gram        | 1 each       | 1         | 10                       | 0.00                   | 65                     | 1.00             | 0.00                          | 0.00      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| 000802 2-Mayo, packet, 9g               | each         | 1         | 70                       | 1.00                   | 30                     | 0.00             | 0.00                          | 7.00      | 0.00       | 5           | 0.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      |
| Weighted Daily Average                  |              |           | 201                      | 2.36                   | 272                    | 14.33            | 0.00                          | 7.39      | 0.00       | 15          | 23.21    | 1.31      | 11.24     | *0              | 256.3                  | 0.61       | 0.86      |
| % of Calories                           |              |           |                          | 10.57 %                |                        | 28.52%           | 0.00%                         | 33.1%     | 0.0%       |             | 46.2%    |           | 22.4%     |                 |                        |            |           |
| Weekly Nutrient Guideline               |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |

|                   | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| Weighted Averages | 213                      | 1.95                   | 280                    | 16.05            | 0.02                          | 6.72      | 0.00       | 14          | 26.40    | 1.35      | *12.05    | *0              | *302.5                 | *1.42      | *0.72     |
| % of Calories     |                          | 8.24%                  |                        | 30.14%           | 0.04%                         | 28.4%     | 0.0%       |             | 49.6%    |           | *22.6%    |                 |                        |            |           |

| Nutrient                  | Menu Average | % of Cals | Weekly Target | % of Target | Shortfall | Overage | Missing Data | Error Messages (if any)                |
|---------------------------|--------------|-----------|---------------|-------------|-----------|---------|--------------|----------------------------------------|
| Calories                  | 213          |           | 750-850       | 28%         | 537.00    |         |              | Correction Required - Calories are Low |
| Saturated Fat             | 1.95 g       | 8.24%     | <10.000%      |             |           |         |              |                                        |
| Sodium                    | 280 mg       |           | 1280.000      | 22%         |           |         |              |                                        |
| Total Sugars              | 16.05 g      | 30.14%    |               |             |           |         |              |                                        |
| Added Sugars <sup>1</sup> | 0.02 g       | 0.04%     | <10.00%       |             |           |         |              |                                        |
| Total Fat                 | 6.72 g       | 28.4%     |               |             |           |         |              |                                        |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 5, 2026

|              |               |        |  |  |  |  |              |  |
|--------------|---------------|--------|--|--|--|--|--------------|--|
| Trans Fat    | 0.00 g        | 0.0%   |  |  |  |  |              |  |
| Cholesterol  | 14 mg         |        |  |  |  |  |              |  |
| Carbohydrate | 26.40 g       | 49.6%  |  |  |  |  |              |  |
| Fiber        | 1.35 g        |        |  |  |  |  |              |  |
| Protein      | *12.05 g      | *22.6% |  |  |  |  | Missing Data |  |
| Vitamin A    | *0 mcg<br>RAE |        |  |  |  |  | Missing Data |  |
| Calcium      | *302.5 mg     |        |  |  |  |  | Missing Data |  |
| Vitamin C    | *1.42 mg      |        |  |  |  |  | Missing Data |  |
| Iron         | *0.72 mg      |        |  |  |  |  | Missing Data |  |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*Added Sugars target is informational only, with an effective date of July 1, 2027.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**