



# Foothill High School

## Daily Bulletin

Flex Bell Schedule

Thursday, February 5, 2026

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### General Information

- No school (offices closed) February 16th - 20th for Presidents Week.
- Don't miss out on **Club Cougar** get your tickets now!!! Show dates are February 5, 6 and 7 at the David Marr Auditorium. Tickets are \$25 for general admission and \$50 for VIP at [clubcougar.square.site](https://clubcougar.square.site).
- Tickets are still available for the FHS Boosters **10th Annual Crab Feed** on February 7th, doors open at 5:30 and dinner begins at 6:30 PM. Tickets can be purchased in the main office (cash or check only): Individual \$85 or Table (seats 10) \$1200.
- Interested in being a high school counselor for a 6th grade outdoor school field trip at Kidder Creek Camp in Etna from Tuesday, May 12th through Friday, May 15th? North Cow Creek School is seeking 5-6 responsible high school students to serve as camp counselors. Interested students can contact Heather Carnahan at: [hcarnahan@northcowcreek.org](mailto:hcarnahan@northcowcreek.org)
- Interact Club is having its annual Towel Drive for HAVEN HUMANE January 26th - February 16th! Any new or clean used towels are welcome, big or small, any color!
- Did you know the **ASVAB** is not just for those interested in the military? It's an online based test for FHS Juniors & Seniors that tests aptitude, self assessment and career exploration. The Spring ASVAB is scheduled for Wednesday, March 11th at 8:30 AM on campus. Those interested can sign up in the Career Center or email Mrs. Noble at: [lenoble@suhsd.net](mailto:lenoble@suhsd.net)
- Order your Easter treats on the **See's Candies** Web store and support FHS Sober Grad! The store will remain open until 3/20 and are shipped directly to you.  
<https://www.yumraising.com/store/spring-2026-foothill-high-school-sober-grad-class-of-2026-5a63/CanWil2966>

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### ASB/Yearbook

- If you are **interested in ASB**, make sure you have completed the general interest form. Mrs. Fitz will be red checking the 9th graders who filled out the form on Tuesday, the 10th graders on Wednesday, and the 11th graders on Thursday of next week. During this time, you will get an overview of ASB, review the activities calendar for next year, and fill out the official ASB Application. Email [afitzgerald@suhsd.net](mailto:afitzgerald@suhsd.net) with questions.
- **Freshmen Formal** (For Foothill Freshmen Only) will be Friday, March 13th in the Student Union from 7-9 pm. Grab your friends, get dressed up and experience the one and only dance just for the Class of '29. Tickets go on sale on the ASB webstore starting Friday, Feb. 13th and sales end March 13th. \$20 per ticket.
- In a matter of 24 hours, we are down another 2%! That leaves us with only 28% of our inventory. Order your book today at [jostensyearbooks.com](https://jostensyearbooks.com) to ensure you get a copy! Direct any questions to [afitzgerald@suhsd.net](mailto:afitzgerald@suhsd.net)
- Did you miss out on purchasing a previous year's yearbook? We have only a few copies from last school year for just \$30, 2023-2024 for \$20, and 2022-2023 for \$10. Want all three? You can bundle for \$50. Email [afitzgerald@suhsd.net](mailto:afitzgerald@suhsd.net) for purchasing.
- Order **Rose Grams** on the webstore now before they sell out! Send a Valentine's surprise to a friend or special someone by choosing from three options: Package A (\$5) includes one rose, Valentine's candy, and a custom note; Package B (\$10) includes three roses, Valentine's candy, and a custom note; and Package C (\$15) includes five roses, Valentine's candy, heart balloons, a mini teddy bear, and a custom note. All Rose Grams will be delivered on February 13th!

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### Senior Information

- **Ultimate Grad** will be on campus Wednesday, February 11th during brunch in the Student Union. Orders can be placed in person, dropped off in the office, or placed online at [www.ultimategrad.com](https://www.ultimategrad.com).
- **Sober Grad certificates** are due to the FHS front office by February 27th. Certificate sales can be used to offset or completely cover the cost of the entry fee for the night of Sober Grad. Students won't want to miss one of the biggest parties of the year. Copies can be found in the front office or on the [FHS website](https://www.suhsd.net). Contact Shelby Price with any questions at 530-262-5259.

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### Scholarships

-  FHS Scholarship List 2025-2026

As you browse the scholarships click on the scholarship titles and they will take you directly to the scholarship's official website or application. Scholarships are organized by their due dates. As scholarships become active they will turn blue, meaning the application is open and available.

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### Sports

- **Track and Field** Team, your contract and cleared blue card are due to Mrs. Hendrickson in room 404 at brunch on Thursday, February 5th.
  - **Stunt** tryouts this week in the student union - you **MUST** have attended the mandatory meeting to try out!
    - Thursday, February 5th — 3:45 - 5 PM
    - Friday, February 6th — 3 - 5 PM
    - Saturday, February 7th — 10 AM
  - **Boys golf** tryouts will be at Gold Hills February 17th and 19th at 4 PM. Must have a blue card to try out.
  - The first **boys tennis** practice will be February 23rd at 3:30 PM on the tennis courts. You **MUST** have a completed blue card to participate.
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### **Athletics Today**

- **Boys Basketball:** Thursday, Feb. 5 vs Red Bluff @ Foothill (Frosh - 6:00)
- **Girls Basketball:** Thursday, Feb. 5 vs Red Bluff @ Foothill (Frosh - 4:30, JV - 7:30)

***\*All sports are weather permitted***