



AUGUST 2025

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plused.org

Monday

Tuesday

Wednesday

Thursday

Friday

All meals are
served with the
choice of
1% white milk or
nonfat chocolate
milk.

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Pizza Nada
Or Chimi Nada
Green Beans
Celery Sticks – Salad – Carrots
Variety of Fruit
Fruit Snack

Chicken Taquitos or
Cheese Quesadilla
Refried Beans
Cauliflower – Salad - Carrots
Variety of Fresh Fruit
Goldfish Crackers

Chicken Nuggets
Or Macaroni and Cheese
Dinner Roll
Steamed Corn
Broccoli – Salad - Carrots
Variety of Fruit

Rib-A-Que
Or Bean & Cheese Burrito
Green Beans
Celery Sticks – Salad – Carrots
Variety of Fruit
Rice Krispie Treat

Domino's Smart Slice Cheese
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Cookie

French Toast & Sausage
Or French Toast & Yogurt
Hash Browns
Celery Sticks– Salad - Carrots
Variety of Fruit

Domino's Smart Slice Cheese
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Cookie

Chicken Drumstick w/ Roll
Or Grilled Cheese Sandwich
Baked Beans
Celery Sticks– Salad - Carrots
Variety of Fruit
Frozen Treat

Beef Tacos or
Bean & Cheese Burrito
Spanish Rice
Salsa – Shredded Lettuce - Carrots
Variety of Fresh Fruit
Goldfish Crackers

Orange Chicken Rice Bowl
Or Edamame Rice Bowl
Stir Fry Veggies
Broccoli – Salad - Carrots
Variety of Fruit

Chicken Sandwich
Or Pretzel & Cheese
Green Beans
Celery Sticks – Salad – Carrots
Variety of Fruit
Rice Krispie Treat

Domino's Smart Slice Cheese
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Cookie

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.