

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Menu Name:	Nutrient Info Supper	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 01/05/2026Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	36.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990595 1-Cherries Dried Individual Portions	1/2 cup equ	1	31.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	8	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
Weighted Daily Average			33.30
% of Calories			51.2%
Weekly Nutrient Guideline			

Tuesday - 01/06/2026Reimbursable Meal Total 10

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990497 2-Chicken, Spicy Sandwich-only	1 each	1	48.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001681 2-Corn	1/2 cup	1	16.61
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			26.06
% of Calories			50.1%
Weekly Nutrient Guideline			

Wednesday - 01/07/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002174 2-Turkey & Cheese Sandwich	1 each	1	37.84
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			

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Jan 5, 2026 thru Jan 30, 2026

990357 2-Grapes, fresh	1/2 cup	1	14.82
001589 2-Broccoli,Fresh,Raw	1/2 cup	1	2.09
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			23.57
% of Calories			49.4%
Weekly Nutrient Guideline			

Thursday - 01/08/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	32.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
001036 .			

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Jan 5, 2026 thru Jan 30, 2026

001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			23.11
% of Calories			48.1%
Weekly Nutrient Guideline			

Friday - 01/09/2026

Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet,	1 each	1	2.00

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Jan 5, 2026 thru Jan 30, 2026

9 gram			
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			24.62
% of Calories			52.9%
Weekly Nutrient Guideline			

Monday - 01/12/2026

Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	36.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990595 1-Cherries Dried Individual Portions	1/2 cup equ	1	31.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	8	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
Weighted Daily Average			33.30
% of Calories			51.2%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Tuesday - 01/13/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
990497 2-Chicken, Spicy Sandwich-only	1 each	1	48.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001681 2-Corn	1/2 cup	1	16.61
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			26.06
% of Calories			50.1%
Weekly Nutrient Guideline			

Wednesday - 01/14/2026 Reimbursable Meal Total 10

Portion Values

Jan 5, 2026 thru Jan 30, 2026

	Portion Size	Reimb Qty	Carb (g)
002174 2-Turkey & Cheese Sandwich	1 each	1	37.84
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990357 2-Grapes, fresh	1/2 cup	1	14.82
001589 2-Broccoli,Fresh,Raw	1/2 cup	1	2.09
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			23.57
% of Calories			49.4%
Weekly Nutrient Guideline			

Thursday - 01/15/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	32.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95

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Portion Values

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001036 .			
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			23.11
% of Calories			48.1%
Weekly Nutrient Guideline			

Friday - 01/16/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
003505 2-Carrots, Baby	1/2 cup	1	6.07

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Portion Values

Jan 5, 2026 thru Jan 30, 2026

001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			24.62
% of Calories			52.9%
Weekly Nutrient Guideline			

Monday - 01/19/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	36.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990595 1-Cherries Dried Individual Portions	1/2 cup equ	1	31.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	8	16.00
001879 2-Milk, Chocolate,	8 oz	3	22.00

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Crystal Cream			
Weighted Daily Average			33.30
% of Calories			51.2%
Weekly Nutrient Guideline			

Tuesday - 01/20/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
990497 2-Chicken, Spicy Sandwich-only	1 each	1	48.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001681 2-Corn	1/2 cup	1	16.61
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			26.06
% of Calories			50.1%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Wednesday - 01/21/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002174 2-Turkey & Cheese Sandwich	1 each	1	37.84
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990357 2-Grapes, fresh	1/2 cup	1	14.82
001589 2- Broccoli,Fresh,Raw	1/2 cup	1	2.09
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			23.57
% of Calories			49.4%
Weekly Nutrient Guideline			

Thursday - 01/22/2026 Reimbursable Meal Total 10

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	32.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			23.11
% of Calories			48.1%
Weekly Nutrient Guideline			

Friday - 01/23/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002524 2-Corn Dog-only	1 each	1	30.00

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Jan 5, 2026 thru Jan 30, 2026

000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			24.62
% of Calories			52.9%
Weekly Nutrient Guideline			

Monday - 01/26/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	36.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990595 1-Cherries Dried	1/2 cup equ	1	31.00

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

Individual Portions			
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	8	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
Weighted Daily Average			33.30
% of Calories			51.2%
Weekly Nutrient Guideline			

Tuesday - 01/27/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
990497 2-Chicken, Spicy Sandwich-only	1 each	1	48.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001681 2-Corn	1/2 cup	1	16.61
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			26.06
% of Calories			50.1%
Weekly Nutrient Guideline			

Wednesday - 01/28/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002174 2-Turkey & Cheese Sandwich	1 each	1	37.84
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
990357 2-Grapes, fresh	1/2 cup	1	14.82
001589 2-Broccoli,Fresh,Raw	1/2 cup	1	2.09
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000802 2-Mayo, packet, 9g	each	1	0.00

Base Menu Spreadsheet

Portion Values

Jan 5, 2026 thru Jan 30, 2026

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			23.57
% of Calories			49.4%
Weekly Nutrient Guideline			

Thursday - 01/29/2026 Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	32.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Jan 5, 2026 thru Jan 30, 2026

	Portion Size	Reimb Qty	Carb (g)
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			23.11
% of Calories			48.1%
Weekly Nutrient Guideline			

Friday - 01/30/2026

Reimbursable Meal Total 10

	Portion Size	Reimb Qty	Carb (g)
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
001036 .			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001876 2-Milk, White, Crystal Creamery	8 oz	3	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	3	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00

Portion Values

Jan 5, 2026 thru Jan 30, 2026

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			24.62
% of Calories			52.9%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		26.13
% of Calories		50.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.