

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:

YCUSD - SUPPER

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	1000	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	1000	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001617 CHEESE, COLBY JACK STICK	EACH	2000	110	6.00	200	*N/A*	*N/A*	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	0.00	0.00	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			665	7.30	801	*47	*N/A*	13.93	*0.00	39	113.24	7.67	25.96	0	831.9	39.23	6.03	\$0.000
% of Calories				9.88%		*28.3%	*N/A*	18.9%	*0.0%		68.1%		15.6%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Wednesday - 09/03/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003071 BURRITO SUPER BEEF BEAN CHEESE	SERVINGS	2000	454	9.67	818	*1	*0	20.24	0.00	51	44.24	7.52	23.70	*N/A*	209.8	7.95	20.09	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
000942 FRUIT, PINEAPPLE FRESH	#8 SCOOP	500	37	0.00	1	*N/A*	*N/A*	0.00	*N/A*	0	9.69	1.38	0.00	*N/A*	13.8	28.23	0.25	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			645	10.43	1038	*18	*0	21.54	*0.00	61	79.69	10.16	33.58	*0	594.8	61.43	20.99	\$0.000
% of Calories				14.55 %		*11.2%	*0%	30.1%	*0.0%		49.4%		20.8%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Thursday - 09/04/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001165 HOT DOG ON A BUN 4OZ	SERVING	2000	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	2000	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002630 CHILI, BEAN MEATLESS SCRATCH	HEAPING#8 SCOOP	1500	109	0.02	188	*2	*N/A*	0.13	*0.00	0	20.06	7.41	7.16	*N/A*	3.6	0.59	0.22	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000222 KETCHUP, PACKET	PACKET	1000	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
000223 MUSTARD, PACKET	Pkt	1000	4	0.01	62	*N/A*	*N/A*	0.17	0.00	0	0.43	0.18	0.22	*N/A*	4.4	0.16	0.10	\$0.000
Weighted Daily Average			1018	15.80	2218	*42	*N/A*	46.67	*0.00	84	114.31	14.25	37.12	*0	604.0	28.46	20.63	\$0.000
% of Calories				13.97 %		*16.5%	*N/A*	41.3%	*0.0%		44.9%		14.6%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Friday - 09/05/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000375 FRENCH TOAST, STICKS	SERVINGS (3)	2000	290	2.25	412	*6	*N/A*	10.50	0.00	15	44.50	0.00	4.50	*N/A*	15.0	0.00	1.05	\$0.000
002421 EGG, HARD-BOILED BRKFST	1 EGG	2000	78	1.63	62	*N/A*	*N/A*	5.31	0.00	212	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	2000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	2000	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			831	6.64	1047	*36	*N/A*	27.08	*0.00	241	120.98	2.14	26.33	0	491.5	6.91	4.23	\$0.000
% of Calories				7.19%		*17.3%	*N/A*	29.3%	*0.0%		58.2%		12.7%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Monday - 09/08/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	2000	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002791 CHEESE, MOZZARELLA STRING	EACH	2000	80	3.00	200	0	*N/A*	6.00	0.00	20	1.00	0.00	6.00	*N/A*	220.0	0.00	0.00	\$0.000
002638 VEG, CUCUMBER W/TAJIN	#8 SCOOP	1000	13	0.00	78	*0	*N/A*	0.00	0.00	0	2.89	0.00	0.00	*N/A*	14.5	4.74	0.26	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	1000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
002244 FRUIT, APPLE SLICE BAG	BAG	2000	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			710	6.25	658	*56	*0	19.06	*0.00	69	113.75	5.63	24.86	*0	805.4	7.17	2.48	\$0.000
% of Calories				7.92%		*31.5%	*0%	24.2%	*0.0%		64.1%		14.0%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Tuesday - 09/09/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	2000	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000088 FRUIT, PEACHES FRESH	EACH	2000	38	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.22	1.73	1.15	*N/A*	5.8	6.57	0.21	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000598 POTATO, CHIP .5 OZ LAYS	BAG	2000	75	0.48	75	0	*N/A*	4.82	0.01	0	7.63	0.44	0.91	*N/A*	3.0	3.06	0.18	\$0.000
Weighted Daily Average			583	7.73	1178	*20	*N/A*	21.58	*0.01	*57	65.86	7.18	33.55	*0	*421.2	*10.23	*2.57	\$0.000
% of Calories				11.93 %		*13.7%	*N/A*	33.3%	*0.0%		45.2%		23.0%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Wednesday - 09/10/2025 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002304 NACHOS, BEAN & CHEESE (K-8)	SERVING	2000	374	6.12	608	*1	*N/A*	15.64	*0.00	28	42.20	6.10	13.65	*N/A*	236.0	2.49	0.86	\$0.000
002947 SALAD, SPINACH & ROMAINE 1CUP	2EA#8 SCOOP	2000	111	0.69	179	*0	*N/A*	4.67	*0.00	2	13.54	7.70	6.91	*N/A*	222.9	98.70	6.16	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			633	7.59	942	*22	*N/A*	21.67	*0.00	40	80.60	14.47	30.38	*0	811.7	103.98	7.27	\$0.000
% of Calories				10.79 %		*13.9%	*N/A*	30.8%	*0.0%		50.9%		19.2%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Thursday - 09/11/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002949 HOT POCKET SANDWICH PEPPERONI	EACH	2000	291	6.02	572	3	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	2000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			571	6.79	742	*33	*N/A*	14.39	0.00	35	92.85	6.52	21.22	0	476.0	27.74	3.18	\$0.000
% of Calories				10.70 %		*23.1%	*N/A*	22.7%	0.0%		65.0%		14.9%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Friday - 09/12/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002889 SANDWICH UNCRUST PB&GRP 5.3	EA	1000	600	6.00	540	29	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	78.0	0.00	3.00	\$0.000
002890 SANDWICH UNCRUST PB&STRW 5.3	EA	950	590	7.00	540	30	27	32.00	0.00	0	64.00	7.00	18.00	*N/A*	84.0	0.00	2.00	\$0.000
001907 SANDWICH, SUNBUTTER JELLY	SANDWICH	50	577	4.00	540	*10	*N/A*	36.00	0.00	0	50.00	12.00	22.00	*N/A*	110.0	0.00	4.68	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	2000	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1000	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			894	9.20	1105	*63	*13	36.94	0.00	20	112.88	12.64	37.29	*0	677.3	32.54	3.40	\$0.000
% of Calories				9.26%		*28.2%	*5.8%	37.2%	0.0%		50.5%		16.7%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Monday - 09/15/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	1000	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	1000	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001617 CHEESE, COLBY JACK STICK	EACH	2000	110	6.00	200	*N/A*	*N/A*	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			660	7.30	702	*46	*0	14.03	*0.00	39	111.64	6.97	25.76	0	821.9	36.83	5.85	\$0.000
% of Calories				9.95%		*27.9%	*0%	19.1%	*0.0%		67.7%		15.6%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003056 CHICKEN WHITE CHEDDAR PENNE	HEAPING #8 SCOO	2000	388	9.47	928	*1	*0	16.91	*0.00	58	34.72	2.56	20.34	*N/A*	272.9	*1.93	1.11	\$0.000
003015 BREAD BREADSTICK GARLIC W/G	Servings	2000	99	0.50	94	0	*N/A*	2.98	0.00	0	14.88	0.99	0.99	*N/A*	0.0	0.00	0.79	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			707	10.75	1185	*30	*0	21.28	*0.00	68	92.07	7.45	31.91	*0	661.5	*34.60	2.68	\$0.000
% of Calories				13.68 %		*17.0%	*0%	27.1%	*0.0%		52.1%		18.1%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Wednesday - 09/17/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	2000	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	2000	54	0.00	152	5	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
000942 FRUIT, PINEAPPLE FRESH	#8 SCOOP	1000	37	0.00	1	*N/A*	*N/A*	0.00	*N/A*	0	9.69	1.38	0.00	*N/A*	13.8	28.23	0.25	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1000	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000677 TACO, SAUCE PACKET	PACKET	1000	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
Weighted Daily Average			579	10.22	1086	*24	*0	19.82	*0.00	46	73.57	5.61	26.57	0	791.9	45.23	1.42	\$0.000
% of Calories				15.89 %		*16.6%	*0%	30.8%	*0.0%		50.8%		18.4%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Thursday - 09/18/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002677 SANDWICH, GRILLED CHEESE	EACH	2000	537	16.33	1038	*4	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	*N/A*	70.0	0.00	1.80	\$0.000
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	2000	166	0.83	465	0	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			917	17.94	1658	*34	*N/A*	39.81	*0.00	90	104.27	9.17	39.85	0	445.6	27.74	3.10	\$0.000
% of Calories				17.61 %		*14.8%	*N/A*	39.1%	*0.0%		45.5%		17.4%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Friday - 09/19/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002640 YOGURT PARFAIT,MIXED BERRY (L)	SERVING	2000	301	7.30	136	*6	*N/A*	8.30	0.00	5	51.30	2.00	7.00	*N/A*	210.0	27.00	0.36	\$0.000
000828 GRAHAM, BEAR VANILLA	PACK	2000	106	0.47	85	*N/A*	*N/A*	3.00	*N/A*	0	18.26	0.14	1.41	*N/A*	11.4	3.07	1.65	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002407 VEG, CARROTS CHILI LIME	BAG	1000	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
000099 FRUIT, STRAWBERRIES FRESH	#8 SCOOP	2000	23	0.01	1	4	*N/A*	0.22	0.00	0	5.53	1.44	0.48	*N/A*	11.5	42.34	0.30	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			581	8.53	577	*31	*N/A*	12.78	*0.00	15	100.59	5.59	19.38	*0	602.4	77.80	2.85	\$0.000
% of Calories				13.21 %		*21.3%	*N/A*	19.8%	*0.0%		69.3%		13.3%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Monday - 09/22/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA)	SERVINGS	2000	229	3.53	335	*0	*N/A*	7.74	*0.00	53	16.50	2.12	22.36	*N/A*	65.1	1.00	1.54	\$0.000
003092 CHIP TORTILLA SCOOPS BAKED	SERVINGS	2000	110	0.00	95	0	0	3.00	0.00	0	19.01	2.00	2.00	*N/A*	30.0	0.00	0.30	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	1000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			569	4.33	648	*28	*0	12.17	*0.00	63	80.30	9.06	34.82	*0	467.0	28.83	2.28	\$0.000
% of Calories				6.85%		*19.7%	*0%	19.2%	*0.0%		56.4%		24.5%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Tuesday - 09/23/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	1000	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	1000	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001617 CHEESE, COLBY JACK STICK	EACH	2000	110	6.00	200	*N/A*	*N/A*	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	0.00	0.00	\$0.000
002408 VEG, CARROTS RANCH	BAG	1000	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			665	7.30	801	*47	*N/A*	13.93	*0.00	39	113.24	7.67	25.96	0	831.9	39.23	6.03	\$0.000
% of Calories				9.88%		*28.3%	*N/A*	18.9%	*0.0%		68.1%		15.6%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Wednesday - 09/24/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003071 BURRITO SUPER BEEF BEAN CHEESE	SERVINGS	2000	454	9.67	818	*1	*0	20.24	0.00	51	44.24	7.52	23.70	*N/A*	209.8	7.95	20.09	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
000942 FRUIT, PINEAPPLE FRESH	#8 SCOOP	500	37	0.00	1	*N/A*	*N/A*	0.00	*N/A*	0	9.69	1.38	0.00	*N/A*	13.8	28.23	0.25	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			645	10.43	1038	*18	*0	21.54	*0.00	61	79.69	10.16	33.58	*0	594.8	61.43	20.99	\$0.000
% of Calories				14.55 %		*11.2%	*0%	30.1%	*0.0%		49.4%		20.8%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Thursday - 09/25/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001165 HOT DOG ON A BUN 4OZ	SERVING	2000	507	12.93	1269	*3	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
003008 HS SALAD POTATO SYSCO	1/2C	2000	207	2.07	581	7	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$0.000
002630 CHILI, BEAN MEATLESS SCRATCH	HEAPING#8 SCOOP	1500	109	0.02	188	*2	*N/A*	0.13	*0.00	0	20.06	7.41	7.16	*N/A*	3.6	0.59	0.22	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
000222 KETCHUP, PACKET	PACKET	1000	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
000223 MUSTARD, PACKET	Pkt	1000	4	0.01	62	*N/A*	*N/A*	0.17	0.00	0	0.43	0.18	0.22	*N/A*	4.4	0.16	0.10	\$0.000
Weighted Daily Average			1018	15.80	2218	*42	*N/A*	46.67	*0.00	84	114.31	14.25	37.12	*0	604.0	28.46	20.63	\$0.000
% of Calories				13.97 %		*16.5%	*N/A*	41.3%	*0.0%		44.9%		14.6%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Friday - 09/26/2025 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000375 FRENCH TOAST, STICKS	SERVINGS (3)	2000	290	2.25	412	*6	*N/A*	10.50	0.00	15	44.50	0.00	4.50	*N/A*	15.0	0.00	1.05	\$0.000
002421 EGG, HARD-BOILED BRKFST	1 EGG	2000	78	1.63	62	*N/A*	*N/A*	5.31	0.00	212	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	2000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	2000	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			831	6.64	1047	*36	*N/A*	27.08	*0.00	241	120.98	2.14	26.33	0	491.5	6.91	4.23	\$0.000
% of Calories				7.19%		*17.3%	*N/A*	29.3%	*0.0%		58.2%		12.7%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Monday - 09/29/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	2000	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002791 CHEESE, MOZZARELLA STRING	EACH	2000	80	3.00	200	0	*N/A*	6.00	0.00	20	1.00	0.00	6.00	*N/A*	220.0	0.00	0.00	\$0.000
002638 VEG, CUCUMBER W/TAJIN	#8 SCOOP	1000	13	0.00	78	*0	*N/A*	0.00	0.00	0	2.89	0.00	0.00	*N/A*	14.5	4.74	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003137 CUCUMBER RAW	1/2C SERVING	1000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
002244 FRUIT, APPLE SLICE BAG	BAG	2000	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			710	6.25	658	*56	*0	19.06	*0.00	69	113.75	5.63	24.86	*0	805.4	7.17	2.48	\$0.000
% of Calories				7.92%		*31.5%	*0%	24.2%	*0.0%		64.1%		14.0%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	2000	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000088 FRUIT, PEACHES FRESH	EACH	2000	38	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.22	1.73	1.15	*N/A*	5.8	6.57	0.21	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000598 POTATO, CHIP .5 OZ LAYS	BAG	2000	75	0.48	75	0	*N/A*	4.82	0.01	0	7.63	0.44	0.91	*N/A*	3.0	3.06	0.18	\$0.000
Weighted Daily Average			583	7.73	1178	*20	*N/A*	21.58	*0.01	*57	65.86	7.18	33.55	*0	*421.2	*10.23	*2.57	\$0.000
% of Calories				11.93 %		*13.7%	*N/A*	33.3%	*0.0%		45.2%		23.0%					
Weekly Nutrient Guideline			0 - 0	<10				<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		715	9	1073	*36	*1	23.46	*0.00	*72	98.31	8.17	30.00	*0	*631.1	*34.39	*6.95	\$0.000
% of Calories			11.44%		*20.1%	*0.6%	29.5%	*0.0%		55.0%		16.8%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.