

East Side Union High School District

Allergen List - By Recipe 1/14/2026

Recipe #	Recipe Name	Allergen(s)
990347	Apple Slices, Unsweetened, Canned	None
108	Apple, fresh, wh, 163 ct	None
478	Applesauce	None
3187	Applesauce, cup	None
3028	Apricots Cup	None
990486	Arroz con Leche	Milk, None, Soy, Wheat
2483	Avocado	None
990499	Avocado, Mashed	None
990519	Bag Breakfast	Egg, Milk, None, Peanut, Soy, Wheat
3526	Bag Lunch	Milk, None, Peanut, Soy, Wheat
990488	Bagel w/ Cream Cheese & avocado	Milk, None, Wheat
990500	Bagel w/ Cream Cheese 3 oz	Milk, Wheat
990537	Bagel, Egg & Cheese	Egg, Milk, Soy, Wheat
990511	Balsamic Glaze	None, Soy
990617	Banana Muffin-Batter WG	Egg, Milk, Wheat
990222	Banana, petite, 150 count	None
990498	Base, Beef	None, Soy
990270	BBQ Beef Rib w/Mashed Potatoes	Milk, None, Soy, Wheat
2426	Bean, Kidney	None
2795	Beans, Black	None
990116	Beans, Black seasoned	None
3561	Beans, Garbanzo	None
1676	Beans, Green, canned	None
990316	Beans, Kidney, Spicy	None
990305	Beans, Refried, seasoned	None
875	Beans, Refried,cnd	None
990136	Beans, Seasoned Pinto	None
294	Beans, Vegetarian	None
990142	Beans, Vegetarian, Spicy	None
3544	Beef Dunker only	Soy, Wheat
990154	Beef Dunkers, Teriyaki w/brown rice & Broccoli	None, Soy, Wheat
990577	Beef Dunkers, Teriyaki w/rice	None, Soy, Wheat
299	BEEF QUESIDILLA	Milk
2623	Beef Rib Grill Honey BBQ Sandwich-only	Milk, Soy, Wheat
1864	Beefy Mac-w/ beef crumble	Milk, None, Soy, Wheat
990403	Berry Cup Mixed Frozen USDA	None
990639	Birria Ramen	None, Soy
990539	Biscuit & Gravy	Milk, None, Soy, Wheat
990287	Biscuit & Sausage Breakfast Sandwich	Milk, None, Wheat
990294	Biscuit, Egg & Cheese	Egg, Milk, Soy, Wheat
990281	Biscuit, Ham, Cheese & Egg	Egg, Milk, None, Soy, Wheat
990587	Biscuit, Ham, Cheese & Egg (Pork Ham)	Egg, Milk, Soy, Wheat
296	Blueberries, Frozen, unsweetened	None
990604	Blueberry Chex -only	None
990618	Blueberry Muffin-Batter WG	Egg, Milk, Wheat
990288	Bread Stick, Parmesan, homemade	Milk, None, Soy, Wheat
3585	Bread Sticks,Cinn-homemade	None, Soy, Wheat
990346	Breaded Cheese Pocket	Milk, Wheat

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Recipe #	Recipe Name	Allergen(s)
985	Breadsticks w/ Pizza Sauce	Milk, None, Soy, Wheat
990422	Breakfast Bar Oat Chocolate Chip, Benefit	Egg, Milk, Soy, Wheat
990515	Breakfast Bowl	Egg, Milk, None, Soy
990410	Breakfast Casserole Frittata	Egg, Milk, None, Soy
990517	Breakfast Frittata Burrito	Egg, Milk, None, Soy, Wheat
990594	Breakfast Scone Dough Chocolate Chip	Egg, Milk, Wheat
990155	Broccoli Steamed	None
1589	Broccoli,Fresh,Raw	None
990130	Buffalo Pizza Sauce	Egg, Milk, None
990610	Burrito Bowl, Chick w/Salsa	Milk, None, Soy
3507	Burrito Chorizo Egg & Potato	Egg, Milk, None, Soy, Wheat
990432	Burrito Egg Potato & Cheese	Egg, Milk, Soy, Wheat
990620	Burrito Ham Egg Potato & Cheese	Egg, Milk, Soy, Wheat
990339	Burrito, Bean & Cheese with spices	Milk, None, Wheat
3634	Burrito, Big O Beef	Milk, None, Soy, Wheat
2636	Burrito, Chick w/Salsa	None, Soy, Wheat
1833	Burrito, Chili Relleno	Egg, Milk, None, Soy, Wheat
1223	Burrito, Egg,Ham, Potato&Ch	Egg, Milk, None, Wheat
990557	Burrito, Los Cabos	Milk, Soy, Wheat
990095	Burrito, Los Cabos-Lunch	Milk, Soy, Wheat
3504	Burrito, Super	Milk, None, Soy, Wheat
990635	Bussin' Quesadilla	Egg, Milk, None, Soy, Wheat
990554	Carrot Sticks	None
3505	Carrots, Baby	None
263	Carrots, Coins	None
990196	Carrots, Diced	None
990576	Carrots, Spicy Jalapeno	None
1826	Casserole, Chili Relleno	Egg, Milk, None, Wheat
990466	Casserole, Chili Relleno-catering	Egg, Milk, None, Wheat
990452	Celery & Carrot Sticks	None
2913	Celery Sticks	None
990585	Cereal, Blueberry Chex w/ graham cracker	None, Wheat
990609	Cereal, Blueberry Chex-only	None
990378	Cereal, Cheerios w/ graham cracker	None, Wheat
990077	Cereal, Cheerios-only	None
990402	Cereal, Cinn Chex w/ graham cracker	Soy, Wheat
990501	Cereal, Cinn Chex-only	Soy, Wheat
990226	Cereal, Cinn Toast Crunch w/ graham cracker	Soy, Wheat
3574	Cereal, Cinn Toast Crunch-only	Soy, Wheat
990291	Cereal, Cocoa Puffs w/ graham cracker	None, Wheat
990297	Cereal, Cocoa Puffs-only	None
990586	Cereal, Honey Cheerios w/ graham cracker	Wheat
990605	Cereal, Honey Cheerios-only	Wheat
990492	Cereal, Trix w/ graham cracker	None, Wheat
990296	Cereal, Trix-only	None
990312	Cheese & Egg Breakfast Sandwich	Egg, Milk, Soy, Wheat
990442	Cheese Sandwich	Milk, Soy, Wheat
2527	Cheese Stick, Mozzarella, 1oz	Milk

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Recipe #	Recipe Name	Allergen(s)
990091	Cheese, Cheddar, Shredded,oz	Milk
2658	Cheese, Cottage	Milk
990388	Cheeseburger on a bun (Steak Burger Patty) Delux	Milk, None, Soy, Wheat
990496	Cheeseburger on a bun (Steak Burger Patty)-only	Milk, None, Soy, Wheat
990282	Cheesy Breadsticks-only	Milk, None, Soy, Wheat
990265	Cheezit	Milk, Soy, Wheat
990595	Cherries Dried Individual Portions	None
990616	Cherries, Sweet , Frozen Cup-USDA	None
990423	Chicken (Nuggets), Buffalo w/ Rice	None, Soy, Wheat
990435	Chicken (Nuggets), Buffalo-only	None, Soy, Wheat
990393	Chicken and Waffle (Maple)	Egg, Milk, Soy, Wheat
1857	Chicken Broth	None
990104	Chicken Buffalo,Grilled Sand	None, Soy, Wheat
1805	Chicken Chili Verde	None, Soy, Wheat
990551	Chicken Chili Verde-only	None
990135	Chicken Fajita from scratch	None
990400	Chicken Fried Steak & Mash Potato Bowl	Milk, None, Soy, Wheat
990408	Chicken Fried Steak -only	Soy, Wheat
990333	Chicken Nuggets w/ Fries & Dinner Roll	Soy, Wheat
990437	Chicken Nuggets w/ Potato Wedges & Cracker	None, Soy, Wheat
990389	Chicken Nuggets w/ Potato Wedges & Roll	None, Soy, Wheat
766	Chicken Nuggets w/ Tots & Roll	Soy, Wheat
990283	Chicken Nuggets-only	Soy, Wheat
990123	Chicken Quesadilla w/Spanish Rice and Beans	Milk, None, Soy, Wheat
990144	Chicken Quesadilla-only	Milk, Soy, Wheat
990368	Chicken Roll Up	Milk, None, Soy, Wheat
990573	Chicken Salad Mix	Egg, None
990592	Chicken Salad Wrap	Egg, None, Wheat
990527	Chicken Shawarma Bowl	Milk, None, Shellfish, Soy
990433	Chicken Sweet and Sour Chicken-only	None, Soy, Wheat
990401	Chicken Sweet and Sour over rice & diced carrots	None, Soy, Wheat
1210	Chicken w/Mashed Potato Bowl	Milk, None, Soy, Wheat
990081	Chicken, Buffalo- only	None
3635	Chicken, Buffalo w/ brown Rice	None, Soy
1320	Chicken, Chili Verde Burrito	None, Soy, Wheat
990529	Chicken, General Tso w/Chow Mein	None, Soy, Wheat
990474	Chicken, General Tso w/white Rice kit	None, Soy, Wheat
990478	Chicken, General Tso-only	Soy, Wheat
990545	Chicken, Lemongrass w/Rice kit	None, Soy, Wheat
2410	Chicken, Oven Baked w/ Roll	Egg, Milk, None, Soy, Wheat
3624	Chicken, Oven Baked-only	None
3551	Chicken, popcorn-only	Soy, Wheat
630	Chicken, Spicy Sand w/ fr	Soy, Wheat
990191	Chicken, Spicy Sandwich- Ala Carte	Soy, Wheat
2525	Chicken, Spicy Sandwich Deluxe	None, Soy, Wheat
990497	Chicken, Spicy Sandwich-only	Soy, Wheat
990473	Chicken, Sweet Thai Chili w/ white Rice kit	None, Soy, Wheat
990477	Chicken, Sweet Thai Chili-only	Soy, Wheat

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Recipe #	Recipe Name	Allergen(s)
990382	Chicken, Teriyaki- only	Soy, Wheat
990381	Chicken, Teriyaki w/ Rice	Egg, Fish, Milk, None, Peanut, Sesame, Shellfish, Soy, TreeNut, Wheat
2967	Chicken,Mand Orange w/Rice	None, Soy, Wheat
3556	Chicken,Mandarin Orange-only	Soy, Wheat
990461	Chickpea Salad Sandwich	Egg, None, Soy, Wheat
990350	Chickpeas Roasted, Italian Seasoning	None, Soy
990598	Chili Cheese Bowl -only	Milk, None, Soy
2354	Chili Cheese Bowl w/Corn Muffin	Egg, Milk, None, Soy, Wheat
990631	Chili Cheese Fries w/Roll	Milk, None, Soy, Wheat
990597	Chili Meatless -only	Milk, None
990596	Chili Meatless w/Corn Muff	Egg, Milk, None, Soy, Wheat
990630	Chili NO BEANS	None, Soy
3031	Chow Mein	None, Soy, Wheat
1491	Chow Mein Noodle	Wheat
3613	Cinn Honey Nut Butter Sand	None, Peanut, Soy, Wheat
990632	Cinna Cereal Bites	TreeNut
3612	Cinnamon Honey Nutbutter	None, Peanut
1281	Cinnamon Roll 2.5oz RICH'S	Egg, None, Wheat
990634	Cocoa Cereal Bites	TreeNut
990601	Coconut Chickpea Curry	None
688	Coleslaw	Egg, Milk, None
990269	Cookie, Chocolate Chip-Ala Carte	Egg, Milk, Soy, Wheat
1681	Corn	None
2276	Corn Dog w/ french fries	Egg, Soy, Wheat
990476	Corn Dog, Foster Farms, Whole Grain	Egg, Soy, Wheat
990327	Corn Dog-ala carte	Egg, Soy, Wheat
2524	Corn Dog-only	Egg, Soy, Wheat
1641	Cornbread	Egg, Milk, None, Soy, Wheat
990484	Cottage Cheese w/ Fruit	Milk, None, Wheat
990494	Cottage Cheese w/ Fruit-only	Milk, None
990352	Cranberries, Dried, Individual Portion	None
990628	Cranberry Sauce for Holiday Dinner	
990636	Creamy Vegan Soup	None, Wheat
990387	Donut, WG, Powdered, Sugar, IW, 1932	Egg, Milk, Soy, Wheat
990224	Egg & Cheese Sandwich w/Sausage	Egg, Milk, None, Soy, Wheat
990485	Egg & Sausage Biscuit	Egg, Milk, None, Wheat
990593	Egg Bites	Egg, Milk, None, Wheat
1844	Egg patty, square	Egg, None
1548	Egg Salad Sandwich	Egg, None, Soy, Wheat
657	Egg, Hard Cooked	Egg, None, Wheat
990621	Egg, Sausage, & Cheese English Muffin	Egg, Milk, None, Soy, Wheat
2990	Eggs, Scrambled	Egg, Soy
990638	Enchirito Verde	Milk, None, Soy, Wheat
990556	Fettuccini Alfredo Sauce, Cauliflower	Milk, None, Wheat
2733	Fish Filet on Bun w/Fries	Egg, Fish, None, Soy, Wheat
990426	Fish Filet on Bun w/Tarter Sauce	Egg, Fish, None, Soy, Wheat
2801	Fish Filet on Bun-only	Fish, Soy, Wheat

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Recipe #	Recipe Name	Allergen(s)
990424	Fish Patty w/Rice & Broccoli	Fish, None, Soy, Wheat
990581	Fish Stick, Sandwich -only	Soy, Wheat
990570	Fish Stick, Sandwich w/ coleslaw	Egg, Milk, None, Soy, Wheat
990454	French Toast Sticks, WG	Egg, Milk, Soy, Wheat
990546	Garlic Noodles w/ Tofu	Fish, Milk, None, Soy, Wheat
761	Gelatin, Strawberry,no fruit	None
901168	Glaze, powder sugar	None
990319	Goldfish Cheese Crackers WG	Milk, Wheat
990122	Graham Cracker Packet, goldfish	Wheat
1819	GRAHAMS,BEAR APPLE CINNAMON	Wheat
4028	Granola Bar. Chewy, 1.3oz	Egg, Milk, Peanut, Soy, TreeNut, Wheat
990357	Grapes, fresh	None
990512	Gravy, Country	Milk, None, Soy, Wheat
191	Gravy, Turkey Flavor	Egg, Milk, None, Soy, Wheat
92	Gravy,Brown Trio	Milk, None, Soy, Wheat
990627	Green Bean Casserole	Milk, None, Soy, Wheat
1712	Grilled Cheese - breakfast	Milk, Soy, Wheat
2872	Grilled Cheese - lunch	Milk, Soy, Wheat
990109	Grilled Ham & Cheese - lunch	Milk, None, Soy, Wheat
990472	Grilled Ham Pork & Cheese - lunch	Milk, Soy, Wheat
1425	Grilled Mexi Cheese	Milk, Soy, Wheat
990409	Grilled Turkey & Cheese - lunch	Milk, None, Soy, Wheat
3537	Grm CrackerSunButter,Back-up	None, Wheat
990603	Gumbo Vegetarian over Rice	None, Soy, Wheat
89	Ham & Cheese Sandwich	Milk, None, Soy, Wheat
990137	Ham, Cheese & Egg Breakfast Sandwich-egg square	Egg, Milk, None, Soy, Wheat
2018	Honey BBQ Pork Rib Sandwich	Milk, Soy, Wheat
990588	Hot Ham & Cheese Breakfast (Pork Ham)	Milk, Soy, Wheat
1713	Hot Ham& Cheese Breakfast	Milk, None, Soy, Wheat
990465	Hotdog	Milk, Soy, Wheat
990475	Hotdog w/Veggie Beans	Milk, None, Soy, Wheat
990276	Hummus w/ Veggies	Egg, None, Sesame, Soy, Wheat
990266	Ice Cream, Fudge Bar	Milk
2455	Jalapeno, sliced	None
990404	Cracker Graham	Wheat
990481	Lettuce, Pickle & Tomato Cup - Deluxe	None
990561	Juice, Apple 6oz	None
990562	Juice, Apple Cherry 6oz	None
4515	Juice, Apple(4oz.)	None
990187	Juice, Apple, 6oz	None
990563	Juice, Fruit Punch 6oz	None
990564	Juice, Grape 6oz	None
1411	Juice, Orange Tangerine, 100% (4oz.)	None
2590	Juice,Fruit Punch,4oz	None
1661	Ketchup, packet, 9 gram	None
990119	Kung Pao Chicken w/Rice-Kit	Egg, None, Soy, Wheat
990121	Kung Pao Chicken-only	Egg, Soy, Wheat
990526	Lettuce & Tomato Cup	None

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Recipe #	Recipe Name	Allergen(s)
990624	Mac Wrap Sauce	Egg, None
990463	Macaroni w/ Cheese & Buffalo Seasoned Nuggets	Milk, None, Soy, Wheat
990464	Macaroni w/ Cheese & Buffalo Seasoned Nuggets	Milk, None, Soy, Wheat
990460	Macaroni w/ Cheese and Nuggets	Milk, None, Soy, Wheat
990467	Macaroni w/ Cheese- Vegetarian	Milk, None, Wheat
2394	Macaroni w/ Meat Sauce	Milk, None, Soy, Wheat
990279	Macaroni w/ Meatballs	Milk, None, Soy, Wheat
990229	Marinara Sauce - scratch (Tomato Paste)	None, Soy
802	Mayo, packet, 9g	Egg
990376	Meatless Pasta-spaghetti	Milk, None, Wheat
990518	Meatloaf-only	Egg, Milk, None, Soy, Wheat
1736	Meatloafw/Mashed Potato&roll	Egg, Milk, None, Soy, Wheat
1879	Milk, Chocolate, Crystal Cream	Milk
1876	Milk, White, Crystal Creamery	Milk
2424	Mixed Fruit Cup	None
990165	Mixed Vegetables, Bulk	None
990541	Muffin, Blueberry	Egg, Milk, Soy, Wheat
990542	Muffin, Double Chocolate Chip	Egg, Milk, Soy, Wheat
990543	Muffin, English w/ PB	Milk, None, Peanut, Soy, Wheat
990580	Muffin, English w/Sausage, Cheese	Milk, None, Soy, Wheat
804	Mustard, packet, 1/5 oz	None
990441	Nature Valley Granola Bar	Peanut, Soy
990571	Nectarine, fresh	None
990489	Oatmeal	None, Wheat
990540	Oatmeal w/ Raisins	Milk, None, Wheat
990490	Oatmeal w/ Strawberries	Milk, None, Wheat
990318	Orange Juice 6oz.	None
384	Oranges, Fresh Whole(138ct.)	None
840	Pancake on a Stick	Egg, Soy, Wheat
990623	Pancake Sausage Cheese Sandwich	Egg, Milk, None, Soy, Wheat
990455	Pancakes & Sausage Pattie	Egg, Milk, None, Soy, Wheat
990237	Pancakes-only	Egg, Milk, None, Soy, Wheat
1302	Pasta w/ Marinara Sauce-elbow	Milk, None, Wheat
990613	Pasta w/Meat Sauce-elbow	Milk, None, Soy, Wheat
990614	Pasta, Meatless-elbow	Milk, None, Wheat
990523	Pastrami Sandwich, Hot	Milk, Soy, Wheat
1711	PB&J - Breakfast	None, Peanut, Soy, Wheat
13	PB&J Sandwich Lunch	None, Peanut, Soy, Wheat
3190	Peach Cup	None
477	Peaches, sliced, canned	None
493	Pear, diced, canned	None
3026	Pear, fresh USDA	None
275	Peas	None
3516	Penne Pasta w/Meatballs	Milk, None, Soy, Wheat
3280	Penne Pasta w/MeatSauce	Milk, None, Soy, Wheat
990578	Penne Pasta, Meatless	Milk, None, Wheat
2637	Pico de Gallo	None
476	Pineapple	None

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Recipe #	Recipe Name	Allergen(s)
2914	Pizza, Breakfast Sausage-Piazza IW	Milk, Soy, Wheat
3025	Pizza, Breakfast, I/W-Piazza	Milk, Soy, Wheat
990513	Pizza, Breakfast-Homemade	Egg, Milk, None, Soy, Wheat
990510	Pizza, Caprese-Homemade	Milk, None, Soy, Wheat
990530	Pizza, Cheese -Homemade	Milk, None, Soy, Wheat
990115	Pizza, Hawaiian-homemade	Milk, None, Soy, Wheat
2976	Pizza, I/W Cheese Wedge-Piazza	Milk, Soy, Wheat
2993	Pizza, I/W Pepperoni Wedge-Piazza	Milk, Soy, Wheat
3579	Pizza, Neapolitan(Margarita)	Milk, None, Soy, Wheat
990182	Pizza, Pepperoni & Jalapeno	Milk, None, Soy, Wheat
990547	Pizza, Pepperoni, Jalapeno & Pineapple	Milk, None, Soy, Wheat
990117	Pizza, Pepperoni-homemade	Milk, None, Soy, Wheat
1806	Pizza, Veggie	Milk, None, Soy, Wheat
1836	Pizza,Brkfst w/sausage, jalepeno	Milk, None, Soy, Wheat
990354	Plum, fresh	None
4632	Poptart,Strawberry, 2 pk-bkfst only	Soy, Wheat
990568	Pork Chili Verde (Pulled Pork)	None, Soy, Wheat
990582	Pork Chili Verde (Pulled Pork)-only	None
990133	Pork Pozole-only	None
2734	Pork, Honey BBQ w/ Fries	Milk, Soy, Wheat
2773	Pork,HoneyBBQ w/pot rounds	Milk, Soy, Wheat
3599	Pork,HoneyBBQ-only	Milk, Soy, Wheat
1701	Potato, Oven Baked Wedge	None
4199	Potato,Tater Tots	Soy
2433	Potatoes, sweet, mashed	None
763	Potatoes, French Fries- only	Soy
164	Potatoes,Mashed-only	Milk, None, Soy
990175	Pozole Chicken	None
990622	Pozole Chicken Verde	None, Soy, Wheat
990468	Pozole Chicken-only	None
1745	Pumpkin Custard	Egg, Milk, None, Soy
990619	Pumpkin Muffin-Batter WG	Egg, Milk, Wheat
813	Raisins,Individual-1.5oz box	None
990637	Ramen, Beef, Egg Soup	Egg, None, Soy
990591	Ramen, Chicken	None
990590	Ramen, Egg Soup	Egg, None
990589	Ramen, Tofu	None, Soy
1870	Ranch packet, 12 gram	Egg, Milk
990521	Red Bean Curry over Rice	None, Soy
990514	Rice w/ Scrambled Egg	Egg, None, Soy
990575	Rice, Cilantro Lime	None
241	Rice, Spanish	None, Soy
1874	Rice,Brown Cooked	None, Soy
3636	Rice,Brown Cooked w/ broth	None, Soy
990093	Rice,White Cooked	None, Soy
990218	Roll, Dough, Dinner WG Proof & Bake	Wheat
3291	Salad mix, kitchen cut	None
1828	Salad, Chicken Caesar w/ roll	Egg, Fish, Milk, None, Wheat

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990234	Salad, Chicken Caesar-only	Egg, Fish, Milk, None, Wheat
1660	Salad, Chicken Fajita w/chps	Egg, Milk, None
3546	Salad, Chicken Fajita-only	Egg, Milk, None
990533	Salad, Garbanzo Bean	None, Soy
990520	Salad, Meatless Chef Salad	Egg, Milk, None, Wheat
990509	Salad, Pasta Chicken Caesar	Egg, Fish, Milk, None, Wheat
3659	Salad, Sesame Chick-only	None, Peanut, Soy, Wheat
2924	Salad, Spicy Chicken w/ Applesauce Quick Bread	Egg, Milk, None, Soy, Wheat
3620	Salad, Spicy Chicken-only	Egg, Milk, None, Soy, Wheat
9538	Salad, Taco, beef	Egg, Milk, None, Soy
3598	Salad, Taco-only	Egg, Milk, None, Soy
1541	Salad, Three Bean	None, Soy
200	Salsa - Homemade	None
990611	Salsa (Chunky)	None
806	Salsa, commodity	None
990569	Sandwich, Chicken Salad	Egg, None, Soy, Wheat
990228	Sauce Pizza - scratch (Tomato Paste)	None, Soy
990503	Sauce, Buffalo	None
1666	Sauce, Taco, packet, 9 gram	None
1952	Sauce, Tartar	Egg, None
991	Sauce, Spaghetti (Home Made)	None
987	Sauce, Spaghetti Mix(dry)	None
990495	Sausage Patty-only	None
733	Sesame Chicken Salad w/ roll	None, Peanut, Soy, Wheat
990626	Shepherd's Pie	Milk, None, Soy, Wheat
1965	Sloppy Joe on Ham Bun	None, Soy, Wheat
990572	Smoothie, Berry Banana w/Graham Cracker	Milk, None, Wheat
990307	Smoothie, Blueberry Banana w/Graham Cracker	Milk, None, Wheat
3191	Smoothie, Blueberry w/ Graham Cracker	Milk, None, Wheat
990516	Smoothie, Pumpkin Pie	Milk, None
990504	Smoothie, Pumpkin Spice	Milk, None
990524	Soup Minestrone	Milk, None, Soy, Wheat
3614	Soup, chicken Tortilla -only	None, Soy, Wheat
990390	Soup, Tomato	None, Wheat
990391	Soup, Tomato w/ Toasted Cheese	Milk, None, Soy, Wheat
1402	Soup, Chicken Tortilla w/mexi	Milk, None, Soy, Wheat
470	Soy Sauce packet	Soy, Wheat
990425	Spaghetti w/Meatballs (All Natural)	Milk, None, Wheat
154	Strawberries, fresh	None
990469	Strawberries,frzn,cupped	None
990427	Street Corn-Lunch	Egg, Fish, Milk, None, Shellfish, Soy, Wheat
1835	Sunbutter&Jelly Sand-Brkfst	None, Soy, Wheat
3498	SunButter&Jelly Sand-Lunch	None, Soy, Wheat
990406	Sweet & Sour Sauce	None
990629	Sweet Potato Bread	Egg, None, Soy, Wheat
990206	Syrup-only	None
2396	Tamale Pie	Milk, None, Soy
990567	Tangerine	None

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990431	Teriyaki Chicken w/rice Kit	None, Soy, Wheat
990602	Teriyaki Chicken-Kit-only	Soy, Wheat
990548	Tofu & Mixed Vegetables Over Rice	None, Soy, Wheat
990552	Tofu in Tomato Sauce over Rice	None, Soy
990606	Tortilla 8" whole grain	Soy, Wheat
3597	Tortilla chips-only	None
990550	Tortilla, 8"-only	Soy, Wheat
990483	Tri Tip	None, Soy
990507	Tri Tip Dinner	Milk, None, Soy, Wheat
990482	Tri Tip Sandwich	None, Soy, Wheat
990579	Tri Tip w/ Cilantro Rice	None, Soy
244	Tuna Salad Sandwich	Egg, Fish, None, Soy, Wheat
990479	Turkey & Basil Sandwich	None, Wheat
2174	Turkey & Cheese Sandwich	Milk, None, Soy, Wheat
1102	Turkey Dinner- Holiday	Egg, Milk, None, Soy, Wheat
990183	UBR Ultimate Breakfast Round	Egg, Milk, Soy, Wheat
990633	Vanilla Bean Cereal Bites	TreeNut
990522	Vegetable Broth	None
1332	Vegetarian Hummus	None, Sesame, Soy
990506	Vegetarian Pasta Salad	Milk, None, Wheat
1231	Vegetarian Wrap	Egg, Milk, None, Soy, Wheat
990584	Vegetarian Wrap- no Avocado	Egg, Milk, None, Soy, Wheat
990457	Veggies Sticks-only	None
990385	Waffle Buttery Maple	Egg, Milk, Wheat
2647	Whipped Topping, On Top	Milk
990574	Wrap, Chicken Caesar	Egg, Fish, Milk, None, Wheat
990625	Wrap, Mac Burger	Egg, Milk, None, Soy, Wheat
1104	Wrap,Spicy Chicken	Egg, Milk, None, Soy, Wheat
990471	Yogurt Cup Strawberry State-Breakfast	Milk, Wheat
990470	Yogurt Cup Vanilla State-Breakfast	Milk, Wheat
990583	Yogurt Fruit Cup-blueberries	Milk, None, Wheat
990383	Yogurt Fruit Cup-only	Milk, None
990615	Yogurt Fruit Cup-Peaches	Milk, None, Wheat
990377	Yogurt Fruit Cup-strawberries	Milk, None, Wheat
1189	Yogurt Parfait, Blueberry	Milk, None, TreeNut
1969	Yogurt Parfait, Peach	Milk, None, TreeNut, Wheat
990405	Yogurt Parfait, Peach-only	Milk, None, TreeNut
990528	Yogurt Sauce	Milk, None
990544	Yogurt w/ Blueberries	Milk, None, Wheat
990538	Yogurt w/ Chia Seeds	Milk, None, Wheat
990491	Yogurt w/ Fresh Fruit	Milk, None, Wheat
990108	Zesty Meatball Sand	Milk, None, Soy, Wheat