



MENU CHOICES

BREAKFAST	LUNCH
Entrée Fruit Juice Milk	Entrée Veggies (Pick 2) Fruit (Pick 2) Milk

NEAC

October

To see the current and upcoming menus, go to: NEISD School Nutrition Services website OR.schoolCafe.com/NorthEastISD or download the School Café App

*Indicates Pork Product
+Possible trace of sesame due to manufacturer

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 School Nutrition Services is hiring Starting at: \$14.11 MILK CHOICES 1% White Fat Free Chocolate Lactose Free Soy Milk		Biscuit & Sausage* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Cheese Enchiladas w/Chili & Spanish Rice WOW Sandwich Combo+ Ranchero Beans Cucumber Slices w/Tajin Fresh Banana Natural Applesauce	Confetti Pancakes OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk BBQ Boneless Wings & Cornbread Yogurt & Cheese Combo Italian Salad* Broccoli w/Cheese Crispy Carrots w/Dip Seedless Grapes Diced Peaches	Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/Cornbread WOW Sandwich Combo+ Buttered Corn Celery Sticks & Crispy Carrots Orange Smiles Sliced Pears
6 Ham & Cheese Croissant* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Breaded Chicken Sandwich+ Yogurt & Cheese Combo Tater Tots Burger Trimmings Fresh Watermelon Strawberry Applesauce	7 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Spaghetti w/Meat Sauce or Marinara & Cheesy Bread Crispy Chicken Salad Italian Green Beans Red Bell Peppers & Crispy Carrots Fresh Banana Sliced Peaches	8 French Toast Sticks OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Frito Pie w/ Cornbread WOW Sandwich Combo+ Ranchero Beans Crispy Carrots w/Dip Fresh Watermelon Strawberry Craisins	9 Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Nuggets w/Cornbread WOW Sandwich Combo+ Italian Salad* Mashed Potatoes w/Gravy Cucumber Slices w/Tajin Fiesta Raisins Strawberries w/Cream	10 STAFF DEVELOPMENT DAY 
13 SCHOOL HOLIDAY  	14 Sausage & Cheese Flatbread OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pizza Cheese Sticks w/Marinara Crispy Chicken Salad Savory Green Beans Crispy Carrots & Grape Tomatoes Granny Smith Apple Strawberries w/Cream	15 Sunrise Egg, Sausage & Potato Bowl* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Crispy Beef Tacos w/Spanish Rice WOW Sandwich Combo+ Ranchero Beans Taco Trimmings Fresh Banana Natural Applesauce	16 Dutch Waffle OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Sweet Asian Chicken w/Fried Rice Wow Sandwich Combo+ Italian Salad* Raw Vegetable Medley w/Dip Crispy Carrots & Red Bell Peppers Seedless Grapes Diced Peaches	17 Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Meatza Pizza* Cheese Pizza Yogurt & Cheese Combo Baked Beans Mixed Green Salad w/Ranch Sliced Apples Sliced Pears
20 Chicken & Waffle Day! Chicken & Waffles OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Corn Dog Yogurt & Cheese Combo Tater Tots Celery Sticks & Grape Tomatoes Fresh Watermelon Strawberry Applesauce	21 Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Steak Fingers w/Cornbread Yogurt & Cheese Combo Crispy Chicken Salad Mashed Potatoes w/Gravy Tossed Salad w/Ranch Gala Apple Sliced Peaches	22 Mini Sausage Pancake Wraps OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Beef & Cheese Nachos Cheese Nachos WOW Sandwich Combo+ Ranchero Beans Crispy Carrots w/Dip Fresh Watermelon Strawberry Craisins	23 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice WOW Sandwich Combo+ Italian Salad* Mixed Green Salad w/Ranch Red Bell Peppers & Crispy Carrots Fresh Banana Strawberries w/ Cream	24 Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pork & Cheese Tamales* Yogurt & Cheese Combo Mexican Street Corn Celery Sticks & Crispy Carrots Fiesta Raisins Fruit Cocktail
27 Potato & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Sausage Dog+ WOW Sandwich Combo+ Spicy Hashbrowns Tossed Salad w/Ranch Orange Smiles Sour Watermelon Raisins	28 Dutch Waffle OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Chicken & Waffles Yogurt & Cheese Combo Crispy Chicken Salad Baked Beans Crispy Carrots & Red Bell Peppers Granny Smith Apple Strawberries w/Cream	29 Biscuit & Sausage* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Cheese Enchiladas w/Chili & Spanish Rice WOW Sandwich Combo+ Ranchero Beans Cucumber Slices w/Tajin Fresh Banana Natural Applesauce	30 Confetti Pancakes OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk BBQ Boneless Wings & Cornbread Yogurt & Cheese Combo Italian Salad* Broccoli w/Cheese Crispy Carrots w/Dip Sliced Apples Diced Peaches	31 Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Meatza Pizza* Cheese Pizza Buttered Corn Celery Sticks & Crispy Carrots Seedless Grapes Sliced Pears

