Language Academy of Sacramento Food Services Newsletter

November 2026



Cozy Fall Favorites

As the weather cools down, we're keeping things warm and delicious in the LAS kitchen! Look forward to comforting favorites, tasty new flavors, and plenty of delicious meals to keep students fueled throughout the school day.

Menus at Your Fingertips!

Wondering what's for breakfast or lunch? Our menus are available online! Scan the QR code to explore upcoming meals, nutrition information, and more.

Giving Thanks!

With Thanksgiving just around the corner, we're especially thankful for our students, staff, and school community. Wishing everyone a wonderful Thanksgiving filled with family, food, and gratitude!



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WRAP & ROLL

Turn Up the Taste!

We're bringing bold flavors and handheld favorites to the menu!

Get ready to Wrap & Roll with bold new flavors! Students can enjoy tasty options like our **Buffalo Ranch Chicken Wrap, Chickendipity Sweet Pineapple Wrap, and BBQ Chicken Wrap**, along with burritos and other grab-and-go favorites. With exciting flavors and convenient choices, there's something delicious for everyone to enjoy!

chartwells
serving up happy & healthy

chartwells Discovery KITCHEN

DISCOVERY KITCHEN FUN

Let's Get Cooking

This November, Discovery Kitchen is bringing a taste of fall to our cafeteria! Students will get to sample **Cranberry Apple Relish**, a sweet and tart seasonal treat that's perfect for Thanksgiving! **Try making it at home!**



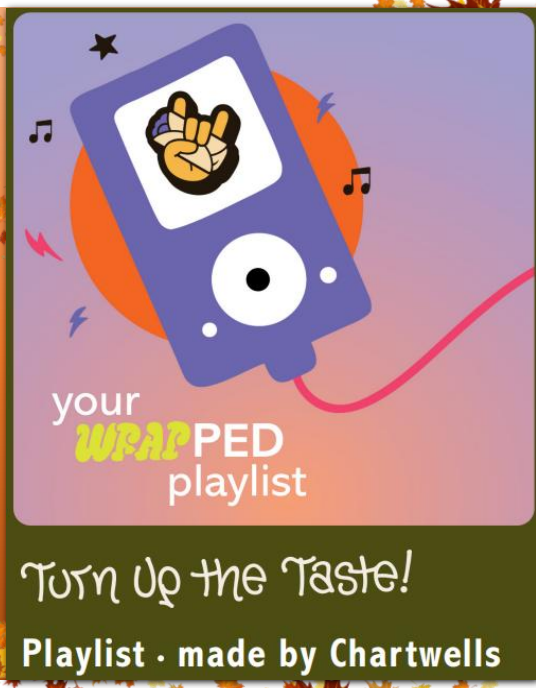
LET'S GET COOKING

Ingredients:
1½ lbs. fresh cranberries
1 lb. diced apples
1 cup sugar
½ cup raisins
1 cup apple juice

Directions: Combine all ingredients in a pot and simmer until the cranberries begin to break apart
Let cool and enjoy!



Join the jam sesh from Nov 2nd - Jan 31st



FUN DAYS THIS MONTH:



Lettuce celebrate National Sandwich Day together! It's going to be a sub-perb day!

Celebrate World Kindness Day! A little kindness goes a long way!





Wishing you a Thanksgiving full of food, family, and gratitude!

This institution is an equal opportunity provider.