







Family AI Driving Planner

A one-page guide to help families learn to “drive AI safely, responsibly, and thoughtfully.”

Why This Matters

Artificial intelligence is already part of students’ lives. Many students use AI tools for homework help, creativity, and curiosity. But like driving a car, using AI well requires practice, awareness, and good judgment. Families play an important role in helping children learn how to drive AI safely.

The Family AI Driving Map

Driving Concept	Elementary (Ages 5-11)	Secondary (Ages 12-18)
Speed Limits 	AI can help explain ideas and explore questions. Adults supervise AI use and help children slow down and think about answers.	Students can use AI for brainstorming, explanations, and feedback. They should slow down and review AI responses carefully.
Red Lights 	Stop and ask a parent or teacher before using AI for school assignments or sharing information.	Do not use AI to write assignments that are meant to show your own thinking unless your teacher says it is allowed.
Yellow Lights 	AI can be used with guidance. Talk together about when AI support is helpful and when it replaces learning.	Use AI carefully for editing, studying, or checking understanding. Students should still do the thinking and work themselves.
Green Lights 	AI can be used for curiosity: asking questions, exploring ideas, or learning about topics together.	AI can help brainstorm ideas, explain difficult concepts, and support studying when used responsibly.
Seat Belts (privacy) 	Do not share personal or sensitive information such as your address, passwords, or private details.	Understand that AI tools may store data. Review privacy settings and avoid sharing personal or sensitive information.
Navigation (critical thinking) 	AI sometimes guesses. Families should check answers together and talk about whether information is correct.	Students should verify AI responses, check multiple sources, and watch for incorrect or biased information.

Five Driving Principles for Families

- **Learn together.** Parents do not need to be AI experts. Explore tools together and ask questions.
- **Values matter more than technology.** Honesty, effort, respect, and safety guide good AI use.
- **Conversation beats control.** The most important safety feature is ongoing discussion at home.
- **Practice makes better drivers.** Children learn responsible AI use over time with guidance.
- **Model responsible driving.** Show how you use AI thoughtfully and transparently.

The Road Ahead:

Pick one "driving rule" from the table above and talk about it with your child this week. Just starting the conversation is the most important step.

