

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage, <b>no bun</b>	Sliced Ham (5 slices, Chopped)	Turkey Medallions (1.8 oz)	Italian Salad*	Meat sauce double scoop
2/3 c Brown Rice – plain <b>OR</b> Tortilla chips	2/3 c Brown Rice – plain <b>OR</b> Tortilla chips	2/3 c Brown Rice – plain <b>OR</b> Tortilla chips	<b>No croutons, no cheese, no dressing</b>	2/3 c Gluten Free Pasta - plain
w/ catsup & Mustard (optional)	w/ salsa (optional)	Beans		
		w/ salsa *optional		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
1 fruit	1 fruit	1 fruit	1 fruit	1 fruit
Water to Drink	Water to Drink	Water to Drink	Water to Drink	Water to Drink
Hamburger Patty, <b>no bun</b>	Turkey Medallions (1.8 oz)	½ cup taco meat	Brunch for Lunch – Sausage w Jelly	Turkey Medallions (1.8 oz)
2/3 c Brown Rice – plain <b>OR</b> Tortilla chips	Hummus Cup	2/3 c Brown Rice – plain <b>OR</b> Tortilla chips	OR Beef ½ cup	Baked Potato
w/ catsup & Mustard (optional)	Salad Base	Beans	2/3 c Brown Rice – plain <b>OR</b> Tortilla chips	w/ Salsa (from BF) *optional
		w/ salsa *optional		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
1 fruit	1 fruit	1 fruit	1 fruit	1 fruit
Water to Drink	Water to Drink	Water to Drink	Water to Drink	Water to Drink
Each entrée represents a menu that you can use for this student, the entrees should be chosen based on what is easiest for the café to manage based on what is on the regular menu.				
<b>No soy milk, NO IW Marinara, NO Fried Rice, No Cooking Spray, No Mayo, No Ranch, No Butter, No BBQ Sauce, No Jelly</b>				
<b>Acceptable vegetables:</b> celery, carrots, lettuce, tomatoes, red peppers, cucumber, jicama, raw vegetable medley, pinto beans, baked beans,				
			<b>MENU ITEM</b>	<b>STOCK ITEM #</b>
<b>Acceptable condiments:</b> maple syrup, catsup packets, mustard packets, tajin, salsa IW (Red Gold), HOMEMADE marinara			Brown Rice (cooked in Water ONLY)	1606030
			Turkey Medallions	4332330 or 4332350
			Sliced Ham (5 Slice, Chopped)	126926
			GF Pasta	1000011510
			Tortilla Chips & Fritos ok	
<b>BREAKFAST: Alternate Days or find what the student likes best from these options</b>				
Sausage Patty* x2	Oatmeal & Sausage*			
	<b>no butter, no milk, no brown sugar</b>			