Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

Menu Name: ELEMENTARY BREAKFAST K-5 **Include Cost:** Yes

Site:

Use Alternate Menu Name: No

Monday - 11/02/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003142 BREAKFAST PANCAKES WG BUTTERMILK MAPLECINN 2PK	SERVINGS	2000	170	0.50	210	12.00	9.00	3.50	0.00	10	32.00	2.00	4.00	*N/A*	50.0	0.00	1.30	$7.824
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	2000	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	$50.887
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	$12.667
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			477	0.49	424	58.67	*19.88	4.97	0.00	14	95.98	3.64	12.94	*N/A*	*464.0	*2.93	*3.59	$101.787
% of Calories				0.92%		49.20%	*16.67 %	9.4%	0.0%		80.5%		10.9%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Tuesday - 11/03/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003390 EGG AND CHEESE ENGLISH MUFFIN	SERVING	2000	225	3.50	605	3.00	*0.00	9.00	0.00	112	27.00	3.00	10.50	*N/A*	*149.0	*0.00	*1.05	$31.606
003480 POTATO, TATER BARRELS SYSCO (BREAKFAST)	5 BARRELS	2000	85	0.75	180	0.00	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	$64.742
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			509	2.99	775	*35.34	*5.22	11.64	0.00	82	84.19	6.24	19.07	*0	*565.6	*56.92	*3.64	$118.434
% of Calories				5.29%		*27.77 %	*4.10%	20.6%	0.0%		66.2%		15.0%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Wednesday - 11/04/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003198 BURRITO, BRK LOADED BACON	SERVING	2000	526	10.31	1082	1.00	*0.00	27.11	*0.00	200	46.50	1.50	20.08	*N/A*	368.5	*1.80	6.48	$342.514
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	500	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	500	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	$12.540
003497 FRUIT FROZEN STRAWBERRY FRZ CUP (96/4.5 OZ)	EACH	500	80	0.00	0	15.95	*N/A*	0.00	0.00	0	18.94	1.99	1.00	0	19.9	65.78	0.36	$12.825
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			651	7.04	972	42.49	*5.22	20.71	*0.00	141	88.97	3.64	23.99	*0	*675.7	*12.56	*7.10	$288.672
% of Calories				9.73%		26.11%	*3.21%	28.6%	*0.0%		54.7%		14.7%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Thursday - 11/05/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002896 MUFFIN BREAD CINNAMON APPLE	EA	1000	332	1.61	208	18.86	17.47	13.82	0.00	40	48.65	3.43	5.36	*N/A*	141.7	0.00	1.88	$171.562
003481 MUFFIN BREAD LEMON ZEST	EA	500	317	1.50	196	1937.00	15.90	13.00	0.00	38	45.80	2.90	5.00	*N/A*	104.9	0.00	1.66	$9.723
003482 MUFFIN BREAD COWGIRL W/STREUSAL	EA	500	368	3.24	199	22.07	16.20	15.59	0.00	44	53.26	3.64	5.67	*N/A*	140.0	0.00	2.22	$171.562
000837 YOGURT RASPBERRY PEACH (4 OZ) YOPLAIT	SERVING	2000	90	0.00	55	8.00	8.00	0.50	0.00	5	18.00	0.00	3.00	*N/A*	130.0	0.00	0.00	$95.822
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			601	1.56	423	379.70	*21.72	12.57	0.00	38	108.09	5.63	16.57	*2	*604.7	*6.26	*4.17	$205.484
% of Calories				2.34%		252.71 %	*14.46 %	18.8%	0.0%		71.9%		11.0%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Friday - 11/06/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003356 PIZZA PUFF (K-8)	EACH	2000	356	*5.30	813	*2.17	*2.15	6.01	*0.00	*32	*49.73	*2.25	14.31	*0	277.2	*0.85	*2.97	$52.867
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			537	*3.71	793	*40.01	*6.65	6.70	*0.00	*29	*92.12	*4.81	20.28	*1	*625.5	*17.66	*4.83	$89.446
% of Calories				*6.22%		*29.80 %	*4.95%	11.2%	*0.0%		*68.6%		15.1%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Monday - 11/09/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003478 FRENCH TOAST TRIX MINI	PACKAGE	2000	220	1.00	190	10.00	10.00	7.00	0.00	0	36.00	2.00	4.00	*N/A*	70.0	*N/A*	1.40	$8.710
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	2000	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	$50.887
003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)	SERVING	2000	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	$66.839
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	$12.667
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			563	0.83	454	60.67	*20.55	7.64	0.00	8	108.65	3.64	15.61	*N/A*	*570.7	*2.93	*3.66	$146.937
% of Calories				1.33%		43.10%	*14.60 %	12.2%	0.0%		77.2%		11.1%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Tuesday - 11/10/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003483 SAUSAGE & CHEESE ON BAGEL	EACH	2000	280	4.50	770	5.00	*0.00	12.00	0.00	52	32.00	4.00	15.50	*N/A*	119.0	*0.00	1.45	$31.323
003480 POTATO, TATER BARRELS SYSCO (BREAKFAST)	5 BARRELS	2000	85	0.75	180	0.00	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	$64.742
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			546	3.66	885	*36.67	*5.22	13.64	0.00	42	87.53	6.91	22.40	*0	*545.6	*56.92	*3.91	$118.245
% of Calories				6.03%		*26.86 %	*3.82%	22.5%	0.0%		64.1%		16.4%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Thursday - 11/12/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002772 STRAWBERRY MINI BAGELS	EACH	2000	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	$106.143
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	2000	60	0.00	70	4.00	4.00	0.00	0.00	0	12.00	0.00	4.00	*N/A*	130.0	0.00	0.00	$49.920
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			517	1.57	424	50.90	*14.55	6.86	0.00	14	99.36	4.73	17.67	*2	*516.7	*6.26	*4.03	$158.244
% of Calories				2.73%		39.38%	*11.26 %	11.9%	0.0%		76.9%		13.7%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Friday - 11/13/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 CINNAMON ROLL 2.3 OZ	ROLL	2000	229	1.05	201	*17.37	*9.37	3.58	*0.00	5	44.70	1.00	5.08	*0	5.2	0.02	8.01	$83.375
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			452	0.88	385	*50.14	*11.46	5.08	*0.00	11	88.76	3.98	14.13	*1	*444.2	*17.11	*8.19	$109.785
% of Calories				1.75%		*44.37 %	*10.14 %	10.1%	*0.0%		78.5%		12.5%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Monday - 11/16/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003328 CHICKEN SAUSAGE MAPLE WAFFLE SANDWICH	2 MINI SANDWICH	2000	250	4.00	660	4.00	*0.00	48.00	0.00	85	15.00	1.00	16.00	*N/A*	45.7	*0.00	1.50	$13.677
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	$12.667
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			463	2.83	694	44.67	*5.22	34.64	0.00	64	67.31	2.98	20.94	*N/A*	*461.1	*2.93	*3.72	$71.764
% of Calories				5.50%		38.59%	*4.51%	67.3%	0.0%		58.2%		18.1%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Tuesday - 11/17/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003479 CROISSANT BACON, EGG, CHEESE SANDWICH	EACH	2000	395	11.50	755	3.00	3.00	25.00	*0.00	398	29.00	1.00	15.50	*N/A*	*104.0	*0.00	*2.65	$182.615
003480 POTATO, TATER BARRELS SYSCO (BREAKFAST)	5 BARRELS	2000	85	0.75	180	0.00	*N/A*	4.50	0.00	0	9.50	0.50	1.00	*N/A*	0.0	1.80	0.18	$64.742
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			622	8.33	875	*35.34	*7.22	22.31	*0.00	272	85.53	4.91	22.40	*0	*535.6	*56.92	*4.71	$219.106
% of Calories				12.05 %		*22.73 %	*4.64%	32.3%	*0.0%		55.0%		14.4%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Wednesday - 11/18/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)	EACH	2000	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	$163.563
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	500	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	500	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	$12.540
003497 FRUIT FROZEN STRAWBERRY FRZ CUP (96/4.5 OZ)	EACH	500	80	0.00	0	15.95	*N/A*	0.00	0.00	0	18.94	1.99	1.00	0	19.9	65.78	0.36	$12.825
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			433	1.49	470	43.16	*5.22	7.31	0.00	18	74.64	3.98	16.60	*0	*530.0	*11.36	*3.92	$169.371
% of Calories				3.10%		39.87%	*4.82%	15.2%	0.0%		69.0%		15.3%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Thursday - 11/19/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW	SERVING	1000	254	2.81	198	14.77	10.25	8.34	0.00	8	30.24	3.22	3.72	*N/A*	118.2	0.00	1.60	$127.006
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	500	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	$9.000
003121 SCONE, WG LEMON DROP 3OZ	SERVING	500	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	$9.000
003261 YOGURT VANILLA GREEK NON FAT (4OZ)	EACH	2000	80	0.00	40	8.00	7.00	0.00	0.00	5	11.00	0.00	9.00	*N/A*	110.0	*N/A*	0.00	$2.359
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			558	2.32	409	60.45	*19.55	8.53	0.00	17	99.42	5.67	19.63	*2	*580.0	*6.26	*4.02	$101.110
% of Calories				3.74%		43.33%	*14.01 %	13.8%	0.0%		71.3%		14.1%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Friday - 11/20/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003356 PIZZA PUFF (K-8)	EACH	2000	356	*5.30	813	*2.17	*2.15	6.01	*0.00	*32	*49.73	*2.25	14.31	*0	277.2	*0.85	*2.97	$52.867
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			537	*3.71	793	*40.01	*6.65	6.70	*0.00	*29	*92.12	*4.81	20.28	*1	*625.5	*17.66	*4.83	$89.446
% of Calories				*6.22%		*29.80 %	*4.95%	11.2%	*0.0%		*68.6%		15.1%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

Monday - 11/30/2026 **Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003478 FRENCH TOAST TRIX MINI	PACKAGE	2000	220	1.00	190	10.00	10.00	7.00	0.00	0	36.00	2.00	4.00	*N/A*	70.0	*N/A*	1.40	$8.710
003426 SYRUP PANCAKE & WAFFLE (2 TBSP)	SERVING	2000	100	0.00	45	13.00	13.00	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	*N/A*	*N/A*	$50.887
003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)	SERVING	2000	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	$66.839
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	200	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	200	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	200	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	$5.651
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	$12.667
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	500	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	$30.921
002707 JUICE, STRAW/KIWI 4.23 OZ SUNCUP	EACH	500	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	$25.845
000230 MILK,1% WHITE	CARTON	1000	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1300	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003320 MILK, NONFAT STRAWBERRY	CARTON	200	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	$11.940
Weighted Daily Average			563	0.83	454	60.50	*20.55	7.64	0.00	8	108.48	3.64	15.61	*N/A*	*540.7	*2.93	*3.66	$146.091
% of Calories				1.33%		42.98%	*14.60 %	12.2%	0.0%		77.1%		11.1%					
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10											

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		535	*2.82	615	*69.25	*11.66	11.80	*0.00	*52	*92.08	*4.61	18.54	*1	*552.4	*18.51	*4.53	$142.261
% of Calories			*4.74%		*51.78 %	*8.72%	19.9%	*0.0%		*68.8%		13.9%					

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.