

PLACE SCHOOL  
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# MENU

//////  
AUGUST  
//////

LMHS lunch menu

	03		04		05		06		07
	10		11	hot wings Texas toast fries carrot sticks snap peas fresh fruit	12	popcorn chicken bowl Texas toast mashed potatoes corn fresh fruit	13	lasagna Caesar salad fresh fruit Ice cream	14
bbq bacon burger Fries lettuce/tomato cucumber slices fresh fruit	17	Tamales red rice Corn refried beans fresh fruit	18	chicken lemon garlic pasta carrot sticks snap peas fresh fruit	19	sweet and sour chicken chow mein steamed broccoli carrot sticks fresh fruit	20	papa murphey's pizza caesar salad fresh fruit Ice cream	21
bbq pork rib sandwich fries Lettuce/tomato cucumber slices fresh fruit	24	chicken tinga tostadas Corn refried beans lettuce/tomato cotija fresh fruit	25	chicken tenders texas toast Fries carrot sticks snap peas fresh fruit	26	crispy chicken and wheat roll mashed potatoes steamed broccoli fresh fruit	27	baked ziti caesar salad fresh fruit Ice cream	28
philly cheesesteak fries, grilled pepper/onion cucumber slices fresh fruit	31		01		02		03		04

1% plain, whole  
milk, and non-fat  
chocolate offered  
daily.

Additional options:

Grab-and-go cold lunch station

Salad bar

All students must  
take at least ½ cup  
of fruit or veggies at  
lunch.



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# MENU

//////  
**AUGUST**  
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LMHS breakfast menu menu

	03		04		05		06		07
	10		11	Benefit bar yogurt fresh fruit	12	French toast casserole Sausage links fresh fruit	13	Breakfast taquitos fresh fruit	14
Mini muffins String cheese fresh fruit	17	Scone Sausage links fresh fruit	18	Bagel and cream cheese yogurt fresh fruit	19	Yogurt parfait	20	Bacon, egg, and cheese pancake sandwich fresh fruit	21
Banana bread String cheese fresh fruit	24	Cinnamon roll Sausage links fresh fruit	25	Cereal yogurt fresh fruit	26	Breakfast tacos fresh fruit	27	Egg bites Hashbrowns fresh fruit	28
Muffin top String cheese fresh fruit	31		01		02		03		04

1% plain, whole milk, and non-fat chocolate offered daily.

Additional options:

Bagel with fresh fruit and yogurt or string cheese

Cereal with fresh fruit and yogurt or string cheese

All students must take at least ½ cup of fruit or veggies at breakfast.

