

LAMPASAS HIGH SCHOOL **CROSS COUNTRY**

SCHEDULE



AUG 15 TEMPLE INVITATIONAL



AUG 22 VISTA RIDGE INVITATIONAL



AUG 29 PRO FIT JAMES WILSON PARK-TEMPLE



SEPT 3 HICO BLUEBONNET INVITATIONAL



SEPT 11 TENROC INVITATIONAL-SALADO



SEPT 18 LAKE BELTON INVITATIONAL



SEPT 27 DISTRICT PREVIEW- LAMPASAS



OCT 7 DISTRICT MEET- LAMPASAS



OCT 20-21 REGIONAL MEET



OCT 31/NOV1 STATE MEET!

HEAD COACH: KIMBERLY MYHRE-BURNSIDE : MYHREK@LISDTX.ORG

ASSISTANT COACH: AARON NUCKLES

ATHLETIC DIRECTOR: TROY ROGERS

GIRLS COORDINATOR: JAN BRISTER