



CUESD TK

Readiness Checklist



Skills to Practice Before Transitional Kindergarten



Every child grows and learns at their own pace.

This checklist is a helpful guide for practicing skills at home — not a list of required skills.



1

Independence Skills

- ☐ Can separate from a parent or caregiver with support
- ☐ Can use the restroom with minimal help
- ☐ Washes hands independently
- ☐ Opens simple snack or lunch containers
- ☐ Puts on and takes off a backpack or jacket
- ☐ Follows simple routines



2

Social-Emotional Skills

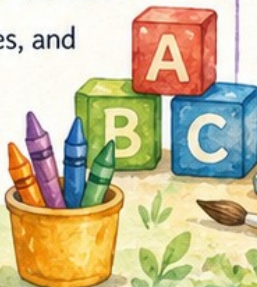
- ☐ Practices taking turns and sharing
- ☐ Plays alongside or with other children
- ☐ Follows simple directions
- ☐ Uses words to express needs and feelings
- ☐ Begins to manage emotions with adult support
- ☐ Listens during short group activities



3

Early Learning Skills

- ☐ Recognizes own first name
- ☐ Enjoys looking at books and being read to
- ☐ Holds crayons or markers and enjoys drawing
- ☐ Begins to identify some colors and shapes
- ☐ Begins to notice letters and numbers
- ☐ Participates in songs, rhymes, and play-based learning



4

Ways Families Can Help

- ☐ Practice simple routines at home
- ☐ Read together every day
- ☐ Encourage play, conversation, and curiosity
- ☐ Let your child practice doing small tasks independently



You are your child's first and most important teacher.

Together, we can help your child start their big adventure with confidence! ❤️