

East Side Union High School District

Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990595	1-Cherries Dried Individual Portions	None
990616	1-Cherries, Sweet , Frozen Cup-USDA	None
990611	2- Salsa (Chunky)	None
990347	2-Apple Slices, Unsweetened, Canned	None
108	2-Apple, fresh, wh, 163 ct	None
478	2-Applesauce	None
3187	2-Applesauce, cup	None
3028	2-Apricots Cup	None
990486	2-Aroz con Leche	Milk, None, Soy, Wheat
2483	2-Avocado	None
990499	2-Avocado, Mashed	None
990519	2-Bag Breakfast	Egg, Milk, None, Peanut, Soy, V
3526	2-Bag Lunch	Milk, None, Peanut, Soy, Wheat
990488	2-Bagel w/ Cream Cheese & avocado	Milk, None, Wheat
990500	2-Bagel w/ Cream Cheese 3 oz	Milk, Wheat
990537	2-Bagel, Egg & Cheese	Egg, Milk, Soy, Wheat
990511	2-Balsamic Glaze	None, Soy
990222	2-Banana, petite, 150 count	None
990498	2-Base, Beef	None, Soy
2426	2-Bean, Kidney	None
2795	2-Beans, Black	None
990116	2-Beans, Black seasoned	None
3561	2-Beans, Garbanzo	None
1676	2-Beans, Green, canned	None
990316	2-Beans, Kidney, Spicy	None
990305	2-Beans, Refried, seasoned	None
875	2-Beans, Refried,cnd	None
990136	2-Beans, Seasoned Pinto	None
294	2-Beans, Vegetarian	None
990142	2-Beans, Vegetarian, Spicy	None
3544	2-Beef Dunker only	Soy, Wheat
990154	2-Beef Dunkers, Teriyaki w/brown rice & Broccoli	None, Soy, Wheat
990577	2-Beef Dunkers, Teriyaki w/rice	None, Soy, Wheat
2623	2-Beef Rib Grill Honey BBQ Sandwich-only	Milk, Soy, Wheat
990403	2-Berry Cup Mixed Frozen USDA	None
990539	2-Biscuit & Gravy	Milk, None, Soy, Wheat
990287	2-Biscuit & Sausage Breakfast Sandwich	Milk, None, Wheat
990294	2-Biscuit, Egg & Cheese	Egg, Milk, Soy, Wheat
990281	2-Biscuit, Ham, Cheese & Egg	Egg, Milk, None, Soy, Wheat
990587	2-Biscuit, Ham, Cheese & Egg (Pork Ham)	Egg, Milk, Soy, Wheat
296	2-Blueberries, Frozen, unsweetened	None

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990604	2-Blueberry Chex -only	None
990288	2-Bread Stick, Parmesan, homemade	Milk, None, Soy, Wheat
3585	2-Bread Sticks,Cinn-homemade	None, Soy, Wheat
990346	2-Breaded Cheese Pocket	Milk, Wheat
985	2-Breadsticks w/ Pizza Sauce	Milk, None, Soy, Wheat
990422	2-Breakfast Bar Oat Chocolate Chip, Benefit	Egg, Milk, Soy, Wheat
990515	2-Breakfast Bowl	Egg, Milk, None, Soy
990410	2-Breakfast Casserole Frittata	Egg, Milk, None, Soy
990517	2-Breakfast Frittata Burrito	Egg, Milk, None, Soy, Wheat
990594	2-Breakfast Scone Dough Chocolate Chip	Egg, Milk, Wheat
990155	2-Broccoli Steamed	None
1589	2-Broccoli,Fresh,Raw	None
990130	2-Buffalo Pizza Sauce	Egg, Milk, None
990610	2-Burrito Bowl, Chick w/Salsa	Milk, None, Soy
3507	2-Burrito Chorizo Egg & Potato	Egg, Milk, None, Soy, Wheat
990432	2-Burrito Egg Potato & Cheese	Egg, Milk, Soy, Wheat
990339	2-Burrito, Bean & Cheese with spices	Milk, None, Wheat
3634	2-Burrito, Big O Beef	Milk, None, Soy, Wheat
2636	2-Burrito, Chick w/Salsa	None, Soy, Wheat
1833	2-Burrito, Chili Relleno	Egg, Milk, None, Soy, Wheat
1223	2-Burrito, Egg,Ham, Potato&Ch	Egg, Milk, None, Wheat
990557	2-Burrito, Los Cabos	Milk, Soy, Wheat
990095	2-Burrito, Los Cabos-Lunch	Milk, Soy, Wheat
3504	2-Burrito, Super	Milk, None, Soy, Wheat
990554	2-Carrot Sticks	None
3505	2-Carrots, Baby	None
263	2-Carrots, Coins	None
990196	2-Carrots, Diced	None
990576	2-Carrots, Spicy Jalapeno	None
1826	2-Casserole, Chili Relleno	Egg, Milk, None, Wheat
990466	2-Casserole, Chili Relleno-catering	Egg, Milk, None, Wheat
990452	2-Celery & Carrot Sticks	None
2913	2-Celery Sticks	None
990585	2-Cereal, Blueberry Chex w/ graham cracker	None, Wheat
990609	2-Cereal, Blueberry Chex-only	None
990378	2-Cereal, Cheerios w/ graham cracker	None, Wheat
990077	2-Cereal, Cheerios-only	None
990402	2-Cereal, Cinn Chex w/ graham cracker	Soy, Wheat
990501	2-Cereal, Cinn Chex-only	Soy, Wheat
990226	2-Cereal, Cinn Toast Crunch w/ graham cracker	Soy, Wheat
3574	2-Cereal, Cinn Toast Crunch-only	Soy, Wheat
990291	2-Cereal, Cocoa Puffs w/ graham cracker	None, Wheat
990297	2-Cereal, Cocoa Puffs-only	None
990586	2-Cereal, Honey Cheerios w/ graham cracker	Wheat

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990605	2-Cereal, Honey Cheerios-only	Wheat
990492	2-Cereal, Trix w/ graham cracker	None, Wheat
990296	2-Cereal, Trix-only	None
990312	2-Cheese & Egg Breakfast Sandwich	Egg, Milk, Soy, Wheat
990442	2-Cheese Sandwich	Milk, Soy, Wheat
2527	2-Cheese Stick, Mozzarella, 1oz	Milk
990091	2-Cheese, Cheddar, Shredded,oz	Milk
2658	2-Cheese, Cottage	Milk
990388	2-Cheeseburger on a bun (Steak Burger Patty) Delux	Milk, None, Soy, Wheat
990496	2-Cheeseburger on a bun (Steak Burger Patty)-only	Milk, None, Soy, Wheat
990282	2-Cheesy Breadsticks-only	Milk, None, Soy, Wheat
990265	2-Cheezit	Milk, Soy, Wheat
990423	2-Chicken (Nuggets), Buffalo w/ Rice	None, Soy, Wheat
990435	2-Chicken (Nuggets), Buffalo-only	None, Soy, Wheat
990393	2-Chicken and Waffle (Maple)	Egg, Milk, Soy, Wheat
1857	2-Chicken Broth, Knorr	None
990104	2-Chicken Buffalo,Grilled Sand	None, Soy, Wheat
1805	2-Chicken Chili Verde	None, Soy, Wheat
990551	2-Chicken Chili Verde-only	None
990135	2-Chicken Fajita from scratch	None
990400	2-Chicken Fried Steak & Mash Potato Bowl	Milk, None, Soy, Wheat
990408	2-Chicken Fried Steak -only	Soy, Wheat
990333	2-Chicken Nuggets w/ Fries & Dinner Roll	Soy, Wheat
990437	2-Chicken Nuggets w/ Potato Wedges & Cracker	None, Soy, Wheat
990389	2-Chicken Nuggets w/ Potato Wedges & Roll	None, Soy, Wheat
766	2-Chicken Nuggets w/ Tots & Roll	Soy, Wheat
990283	2-Chicken Nuggets-only	Soy, Wheat
990123	2-Chicken Quesadilla w/Spanish Rice and Beans	Milk, None, Soy, Wheat
990144	2-Chicken Quesadilla-only	Milk, Soy, Wheat
990368	2-Chicken Roll Up	Milk, None, Soy, Wheat
990573	2-Chicken Salad Mix	Egg, None
990592	2-Chicken Salad Wrap	Egg, None, Wheat
990527	2-Chicken Shawarma Bowl	Milk, None, Shellfish, Soy
990433	2-Chicken Sweet and Sour Chicken-only	None, Soy, Wheat
990401	2-Chicken Sweet and Sour over rice & diced carrots	None, Soy, Wheat
1210	2-Chicken w/Mashed Potato Bowl	Milk, None, Soy, Wheat
990081	2-Chicken, Buffalo- only	None
3635	2-Chicken, Buffalo w/ brown Rice	None, Soy
1320	2-Chicken, Chili Verde Burrito	None, Soy, Wheat
990529	2-Chicken, General Tso w/Chow Mein	None, Soy, Wheat
990474	2-Chicken, General Tso w/white Rice kit	None, Soy, Wheat
990478	2-Chicken, General Tso-only	Soy, Wheat
990549	2-Chicken, Lemongrass -only	Soy, Wheat
990545	2-Chicken, Lemongrass w/Rice kit	None, Soy, Wheat

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2410	2-Chicken, Oven Baked w/ Roll	Egg, Milk, None, Soy, Wheat
3624	2-Chicken, Oven Baked-only	None
3551	2-Chicken, popcorn-only	Soy, Wheat
630	2-Chicken, Spicy Sand w/ fr	Soy, Wheat
990191	2-Chicken, Spicy Sandwich- Ala Carte	Soy, Wheat
2525	2-Chicken, Spicy Sandwich Deluxe	None, Soy, Wheat
990497	2-Chicken, Spicy Sandwich-only	Soy, Wheat
990473	2-Chicken, Sweet Thai Chili w/ white Rice kit	None, Soy, Wheat
990477	2-Chicken, Sweet Thai Chili-only	Soy, Wheat
990381	2-Chicken, Teriyaki w/ Rice	Egg, Fish, Milk, None, Peanut, S
2967	2-Chicken,Mand Orange w/Rice	None, Soy, Wheat
3556	2-Chicken,Mandarin Orange-only	Soy, Wheat
990461	2-Chickpea Salad Sandwich	Egg, None, Soy, Wheat
990350	2-Chickpeas Roasted, Italian Seasoning	None, Soy
990598	2-Chili Cheese Bowl -only	Milk, None, Soy
2354	2-Chili Cheese Bowl w/Corn Muffin	Egg, Milk, None, Soy, Wheat
990597	2-Chili Meatless -only	Milk, None
990596	2-Chili Meatless w/Corn Muff	Egg, Milk, None, Soy, Wheat
3031	2-Chow Mein	None, Soy, Wheat
1491	2-Chow Mein Noodle	Wheat
3613	2-Cinn Honey Nut Butter Sand	None, Peanut, Soy, Wheat
3612	2-Cinnamon Honey Nutbutter	None, Peanut
1281	2-Cinnamon Roll 2.25oz RICH'S	Egg, None, Wheat
688	2-Coleslaw	Egg, Milk, None
990269	2-Cookie, Chocolate Chip-Ala Carte	Egg, Milk, Soy, Wheat
1681	2-Corn	None
2276	2-Corn Dog w/ french fries	Egg, Soy, Wheat
990476	2-Corn Dog, Foster Farms, Whole Grain	Egg, Soy, Wheat
990327	2-Corn Dog-ala carte	Egg, Soy, Wheat
2524	2-Corn Dog-only	Egg, Soy, Wheat
1641	2-Cornbread	Egg, Milk, None, Soy, Wheat
990484	2-Cottage Cheese w/ Fruit	Milk, None, Wheat
990494	2-Cottage Cheese w/ Fruit-only	Milk, None
990352	2-Cranberries, Dried, Individual Portion	None
990387	2-Donut, WG, Powdered, Sugar, IW, 1932	Egg, Milk, Soy, Wheat
990224	2-Egg & Cheese Sandwich w/Sausage	Egg, Milk, None, Soy, Wheat
990485	2-Egg & Sausage Biscuit	Egg, Milk, None, Wheat
990593	2-Egg Bites	Egg, Milk, None, Wheat
1844	2-Egg patty, square	Egg, None
1548	2-Egg Salad Sandwich	Egg, None, Soy, Wheat
657	2-Egg, Hard Cooked	Egg, None, Wheat
2990	2-Eggs, Scrambeled	Egg, Soy
2733	2-Fish Filet on Bun w/Fries	Egg, Fish, None, Soy, Wheat
990426	2-Fish Filet on Bun w/Tarter Sauce	Egg, Fish, None, Soy, Wheat

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2801	2-Fish Filet on Bun-only	Fish, Soy, Wheat
990424	2-Fish Patty w/Rice & Broccoli	Fish, None, Soy, Wheat
990581	2-Fish Stick, Sandwich -only	Soy, Wheat
990570	2-Fish Stick, Sandwich w/ coleslaw	Egg, Milk, None, Soy, Wheat
990454	2-French Toast Sticks, WG	Egg, Milk, Soy, Wheat
990546	2-Garlic Noodles w/ Tofu	Fish, Milk, None, Soy, Wheat
761	2-Gelatin, Strawberry,no fruit	None
990412	2-GF- Pasta w/Marinara Sauce & Cheese	Milk, None
990413	2-GF-Cheeseburger on a bun-only	Egg, Milk, None, Soy
990444	2-GF-Chicken, Buffalo w/ Rice	None, Soy
990419	2-GF-Grilled Cheese - breakfast	Egg, Milk, Soy
990411	2-GF-PB&J Sandwich Lunch	Egg, None, Peanut
990414	2-GF-Turkey & Cheese Sandwich	Egg, Milk, None, Soy
990415	2-GF-Yogurt Fruit Cup	Milk, None
901168	2-Glaze, powder sugar	None
990319	2-Goldfish Cheese Crackers WG	Milk, Wheat
990122	2-Graham Cracker Packet, goldfish	Wheat
4028	2-Granola Bar. Chewy, 1.3oz	Egg, Milk, Peanut, Soy, TreeNut
990357	2-Grapes, fresh	None
990512	2-Gravy, Country	Milk, None, Soy, Wheat
191	2-Gravy, Turkey Flavor	Egg, Milk, None, Soy, Wheat
92	2-Gravy,Brown Trio	Milk, None, Soy, Wheat
1712	2-Grilled Cheese - breakfast	Milk, Soy, Wheat
2872	2-Grilled Cheese - lunch	Milk, Soy, Wheat
990109	2-Grilled Ham & Cheese - lunch	Milk, None, Soy, Wheat
990472	2-Grilled Ham Pork & Cheese - lunch	Milk, Soy, Wheat
1425	2-Grilled Mexi Cheese	Milk, Soy, Wheat
990409	2-Grilled Turkey & Cheese - lunch	Milk, None, Soy, Wheat
3537	2-Grm CrackerSunButter,Back-up	None, Wheat
89	2-Ham & Cheese Sandwich	Milk, None, Soy, Wheat
990137	2-Ham, Cheese & Egg Breakfast Sandwich-egg square	Egg, Milk, None, Soy, Wheat
2018	2-Honey BBQ Pork Rib Sandwich	Milk, Soy, Wheat
990588	2-Hot Ham & Cheese Breakfast (Pork Ham)	Milk, Soy, Wheat
1713	2-Hot Ham& Cheese Breakfast	Milk, None, Soy, Wheat
990465	2-Hotdog	Milk, Soy, Wheat
990475	2-Hotdog w/Veggie Beans	Milk, None, Soy, Wheat
990276	2-Hummus w/ Veggies	Egg, None, Sesame, Soy, Wheat
990266	2-Ice Cream, Fudge Bar	Milk
2455	2-Jalapeno, sliced	None
4515	2-Juice, Apple(4oz.)	None
990187	2-Juice, Apple, 6oz	None
1411	2-Juice, Orange Tangerine, 100% (4oz.)	None
2590	2-Juice,Fruit Punch,4oz	None
1661	2-Ketchup, packet, 9 gram	None

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990119	2-Kung Pao Chicken w/Rice-Kit	Egg, None, Soy, Wheat
990121	2-Kung Pao Chicken-only	Egg, Soy, Wheat
990526	2-Lettuce & Tomato Cup	None
990463	2-Macaroni w/ Cheese & Buffalo Seasoned Nuggets	Milk, None, Soy, Wheat
990464	2-Macaroni w/ Cheese & Buffalo Seasoned Nuggets	Milk, None, Soy, Wheat
990460	2-Macaroni w/ Cheese and Nuggets	Milk, None, Soy, Wheat
990467	2-Macaroni w/ Cheese- Vegetarian	Milk, None, Wheat
2394	2-Macaroni w/ Meat Sauce	Milk, None, Soy, Wheat
990279	2-Macaroni w/ Meatballs	Milk, None, Soy, Wheat
990229	2-Marinara Sauce - scratch (Tomato Paste)	None, Soy
802	2-Mayo, packet, 9g	Egg
990376	2-Meatless Pasta-spaghetti	Milk, None, Wheat
990518	2-Meatloaf-only	Egg, Milk, None, Soy, Wheat
1736	2-Meatloafw/Mashed Potato&roll	Egg, Milk, None, Soy, Wheat
1879	2-Milk, Chocolate, Crystal Cream	Milk
1876	2-Milk, White, Crystal Creamery	Milk
2424	2-Mixed Fruit Cup	None
990165	2-Mixed Vegetables, Bulk	None
990541	2-Muffin, Blueberry	Egg, Milk, Soy, Wheat
990542	2-Muffin, Double Chocolate Chip	Egg, Milk, Soy, Wheat
990543	2-Muffin, English w/ PB	Milk, None, Peanut, Soy, Wheat
990580	2-Muffin, English w/Sausage, Cheese	Milk, None, Soy, Wheat
804	2-Mustard, packet, 1/5 oz	None
990441	2-Nature Valley Granola Bar	Peanut, Soy
990571	2-Nectarine, fresh	None
990489	2-Oatmeal	None, Wheat
990540	2-Oatmeal w/ Raisins	Milk, None, Wheat
990490	2-Oatmeal w/ Strawberries	Milk, None, Wheat
990318	2-Orange Juice 6oz.	None
384	2-Oranges, Fresh Whole(138ct.)	None
840	2-Pancake on a Stick	Egg, Soy, Wheat
990455	2-Pancakes & Sausage Pattie	Egg, Milk, None, Soy, Wheat
990237	2-Pancakes-only	Egg, Milk, None, Soy, Wheat
1302	2-Pasta w/ Marinara Sauce-elbow	Milk, None, Wheat
990613	2-Pasta w/Meat Sauce-elbow	Milk, None, Soy, Wheat
990614	2-Pasta, Meatless-elbow	Milk, None, Wheat
990523	2-Pastrami Sandwich, Hot	Milk, Soy, Wheat
1711	2-PB&J - Breakfast	None, Peanut, Soy, Wheat
13	2-PB&J Sandwich Lunch	None, Peanut, Soy, Wheat
3190	2-Peach Cup	None
477	2-Peaches, sliced, canned	None
493	2-Pear, diced, canned	None
3026	2-Pear, fresh USDA	None
275	2-Peas	None

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3516	2-Penne Pasta w/Meatballs	Milk, None, Soy, Wheat
3280	2-Penne Pasta w/MeatSauce	Milk, None, Soy, Wheat
990578	2-Penne Pasta, Meatless	Milk, None, Wheat
2637	2-Pico de Gallo	None
476	2-Pineapple	None
2914	2-Pizza, Breakfast Sausage-Piazza IW	Milk, Soy, Wheat
3025	2-Pizza, Breakfast, I/W-Piazza	Milk, Soy, Wheat
990513	2-Pizza, Breakfast-Homemade	Egg, Milk, None, Soy, Wheat
990510	2-Pizza, Caprese-Homemade	Milk, None, Soy, Wheat
990530	2-Pizza, Cheese -Homemade	Milk, None, Soy, Wheat
990115	2-Pizza, Hawaiian-homemade	Milk, None, Soy, Wheat
2976	2-Pizza, I/W Cheese Wedge-Piazza	Milk, Soy, Wheat
2993	2-Pizza, I/W Pepperoni Wedge-Piazza	Milk, Soy, Wheat
3579	2-Pizza, Neapolitan(Margarita)	Milk, None, Soy, Wheat
990182	2-Pizza, Pepperoni & Jalapeno	Milk, None, Soy, Wheat
990547	2-Pizza, Pepperoni, Jalapeno & Pineapple	Milk, None, Soy, Wheat
990117	2-Pizza, Pepperoni-homemade	Milk, None, Soy, Wheat
1806	2-Pizza, Veggie	Milk, None, Soy, Wheat
1836	2-Pizza,Brkfst w/sausage, jalepeno	Milk, None, Soy, Wheat
990354	2-Plum, fresh	None
4632	2-Poptart,Strawberry, 2 pk-bkfst only	Soy, Wheat
990568	2-Pork Chili Verde (Pulled Pork)	None, Soy, Wheat
990582	2-Pork Chili Verde (Pulled Pork)-only	None
990133	2-Pork Pozole-only	None
2734	2-Pork, Honey BBQ w/ Fries	Milk, Soy, Wheat
2773	2-Pork,HoneyBBQ w/pot rounds	Milk, Soy, Wheat
3599	2-Pork,HoneyBBQ-only	Milk, Soy, Wheat
1701	2-Potato, Oven Baked Wedge	None
4199	2-Potato,Tater Tots	Soy
2433	2-Potatoes, sweet, mashed	None
763	2-Potatoes,French Fries- only	Soy
164	2-Potatoes,Mashed-only	Milk, None, Soy
990175	2-Pozole Chicken	None
990468	2-Pozole Chicken-only	None
1745	2-Pumpkin Custard	Egg, Milk, None, Soy
813	2-Raisins,Individual-1.5oz box	None
990591	2-Ramen, Chicken	None
990590	2-Ramen, Egg Soup	Egg, None
990589	2-Ramen, Tofu	None, Soy
1870	2-Ranch packet, 12 gram	Egg, Milk
990521	2-Red Bean Curry over Rice	None, Soy
990514	2-Rice w/ Scrambled Egg	Egg, None, Soy
990575	2-Rice, Cilantro Lime	None
241	2-Rice, Spanish	None, Soy

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1874	2-Rice,Brown Cooked	None, Soy
3636	2-Rice,Brown Cooked w/ broth	None, Soy
990093	2-Rice,White Cooked	None, Soy
990218	2-Roll, Dough, Dinner WG Proof & Bake	Wheat
3291	2-Salad mix, kitchen cut	None
1828	2-Salad, Chicken Caesar w/ roll	Egg, Fish, Milk, None, Wheat
990234	2-Salad, Chicken Caesar-only	Egg, Fish, Milk, None, Wheat
1660	2-Salad, Chicken Fajita w/chps	Egg, Milk, None
3546	2-Salad, Chicken Fajita-only	Egg, Milk, None
990533	2-Salad, Garbanzo Bean	None, Soy
990520	2-Salad, Meatless Chef Salad	Egg, Milk, None, Wheat
990509	2-Salad, Pasta Chicken Caesar	Egg, Fish, Milk, None, Wheat
3659	2-Salad, Sesame Chick-only	None, Peanut, Soy, Wheat
2924	2-Salad, Spicy Chicken w/ Applesauce Quick Bread	Egg, Milk, None, Soy, Wheat
3620	2-Salad, Spicy Chicken-only	Egg, Milk, None, Soy, Wheat
9538	2-Salad, Taco, beef	Egg, Milk, None, Soy
3598	2-Salad, Taco-only	Egg, Milk, None, Soy
1541	2-Salad, Three Bean	None, Soy
200	2-Salsa - Homemade	None
806	2-Salsa, commodity	None
990569	2-Sandwich, Chicken Salad	Egg, None, Soy, Wheat
990228	2-Sauce Pizza - scratch (Tomato Paste)	None, Soy
990503	2-Sauce, Buffalo	None
1666	2-Sauce, Taco, packet, 9 gram	None
1952	2-Sauce, Tartar	Egg, None
991	2-Sauce,Spaghetti (Home Made)	None
987	2-Sauce,Spaghetti Mix(dry)	None
990495	2-Sausage Patty-only	None
733	2-Sesame Chicken Salad w/ roll	None, Peanut, Soy, Wheat
990572	2-Smoothie, Berry Banana w/Graham Cracker	Milk, None, Wheat
990307	2-Smoothie, Blueberry Banana w/Graham Cracker	Milk, None, Wheat
3191	2-Smoothie, Blueberry w/ Graham Cracker	Milk, None, Wheat
990516	2-Smoothie, Pumpkin Pie	Milk, None
990504	2-Smoothie, Pumpkin Spice	Milk, None
990524	2-Soup Minestrone	Milk, None, Soy, Wheat
3614	2-Soup, chicken Tortilla -only	None, Soy, Wheat
990390	2-Soup, Tomato	None, Wheat
990391	2-Soup, Tomato w/ Toasted Cheese	Milk, None, Soy, Wheat
1402	2-Soup,Chicken Tortilla w/mexi	Milk, None, Soy, Wheat
470	2-Soy Sauce packet	Soy, Wheat
990425	2-Spaghetti w/Meatballs (All Natural)	Milk, None, Wheat
154	2-Strawberries, fresh	None
990469	2-Strawberries,frzn,cupped	None
990427	2-Street Corn-Lunch	Egg, Fish, Milk, None, Shellfish,

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1835	2-Sunbutter&Jelly Sand-Brkfst	None, Soy, Wheat
3498	2-SunButter&Jelly Sand-Lunch	None, Soy, Wheat
990406	2-Sweet & Sour Sauce	None
990206	2-Syrup-only	None
2396	2-Tamale Pie	Milk, None, Soy
990567	2-Tangerine	None
990431	2-Teriyaki Chicken w/rice Kit	None, Soy, Wheat
990602	2-Teriyaki Chicken-Kit-only	Soy, Wheat
990548	2-Tofu & Mixed Vegetables Over Rice	None, Soy, Wheat
990552	2-Tofu in Tomato Sauce over Rice	None, Soy
990606	2-Tortilla 8" whole grain	Soy, Wheat
3597	2-Tortilla chips-only	None
990550	2-Tortilla, 8"-only	Soy, Wheat
990483	2-Tri Tip	None, Soy
990507	2-Tri Tip Dinner	Milk, None, Soy, Wheat
990482	2-Tri Tip Sandwich	None, Sesame, Soy, Wheat
990579	2-Tri Tip w/ Cilantro Rice	None, Soy
244	2-Tuna Salad Sandwich	Egg, Fish, None, Soy, Wheat
990479	2-Turkey & Basil Sandwich	None, Wheat
2174	2-Turkey & Cheese Sandwich	Milk, None, Soy, Wheat
1102	2-Turkey Dinner- Holiday	Egg, Milk, None, Soy, Wheat
990183	2-UBR Ultimate Breakfast Round	Egg, Milk, Soy, Wheat
990522	2-Vegetable Broth	None
1332	2-Vegetarian Hummus	None, Sesame, Soy
990506	2-Vegetarian Pasta Salad	Milk, None, Wheat
1231	2-Vegetarian Wrap	Egg, Milk, None, Soy, Wheat
990584	2-Vegetarian Wrap- no Avocado	Egg, Milk, None, Soy, Wheat
990457	2-Veggies Sticks-only	None
990385	2-Waffle Buttery Maple	Egg, Milk, Wheat
2647	2-Whipped Topping, On Top	Milk
990574	2-Wrap, Chicken Caesar	Egg, Fish, Milk, None, Wheat
1104	2-Wrap,Spicy Chicken	Egg, Milk, None, Soy, Wheat
990471	2-Yogurt Cup Strawberry State-Breakfast	Milk, Wheat
990470	2-Yogurt Cup Vanilla State-Breakfast	Milk, Wheat
990583	2-Yogurt Fruit Cup-blueberries	Milk, None, Wheat
990383	2-Yogurt Fruit Cup-only	Milk, None
990615	2-Yogurt Fruit Cup-Peaches	Milk, None, Wheat
990377	2-Yogurt Fruit Cup-strawberries	Milk, None, Wheat
1189	2-Yogurt Parfait, Blueberry	Milk, None, TreeNut
1969	2-Yogurt Parfait, Peach	Milk, None, TreeNut, Wheat
990405	2-Yogurt Parfait, Peach-only	Milk, None, TreeNut
990528	2-Yogurt Sauce	Milk, None
990544	2-Yogurt w/ Blueberries	Milk, None, Wheat
990538	2-Yogurt w/ Chia Seeds	Milk, None, Wheat

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Allergen List - By Recipe

990491	2-Yogurt w/ Fresh Fruit	Milk, None, Wheat
990108	2-Zesty Meatball Sand	Milk, None, Soy, Wheat
990555	Alfredo Sauce, Cauliflower	Milk, None
990600	Beef & Broccoli, Teriyake	None, Soy, Wheat
990382	Chicken, Teriyaki- only	Soy, Wheat
990599	Christmas-Chicken-Pollo en Salsa	None
990601	Coconut Chickpea Curry	None
990556	Fettuccini Alfredo Sauce, Cauliflower	Milk, None, Wheat
1819	GRAHAMS,BEAR APPLE CINNAMON	Wheat
990603	Gumbo Vegetarian over Rice	None, Soy, Wheat
990404	j-Cracker Graham	Wheat
990481	j-Lettuce, Pickle & Tomato Cup - Deluxe	None
990561	Juice, Apple 6oz	None
990562	Juice, Apple Cherry 6oz	None
990563	Juice, Fruit Punch 6oz	None
990564	Juice, Grape 6oz	None

Soy, Wheat

