

# STRAND CAFE LUNCH MENU



APRIL 13TH - JUNE 4TH


## Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!




### MONDAY


100% White Meat  
Crispy Chicken  
Sandwich 


Crunchy Tacos  
(with shredded cheese & lettuce on the side) 




Wild Mike's Cheesy  
Mozzarella Bites 

### TUESDAY

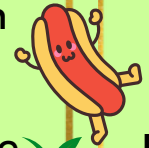
Papa John's  
Pepperoni Pizza 

Papa John's  
Cheese Pizza 


Crispy Chicken  
Wrap 

### WEDNESDAY


Orange Chicken  
(with Brown Rice)


Angus Beef Hot  
Dog on a  
Hawaiian Bun 


Mid-Week  
Munchie!  
Celebration  
Cookie 

Hummus Plate  
(with flatbread, apple  
slices, carrots & broccoli) 


### THURSDAY

100% Beef  
Hamburger 

Rotini w/ Meat  
Sauce & Garlic  
Breadstick 

Bean & cheese  
Pupusa 

### FRIDAY

Brunch 4 Lunch  
(waffle sticks & sausage link) 

Chicken Chunks 

Cheese Quesadilla 

Menu subject to change.



= Gluten Free Entrees



= Vegetarian Entrees

Students must select a 1/2 cup of fruit and/or vegetable with each meal.

## MEMORIAL DAY

No school on Monday, May 25th

All of our meals offered follow the  
USDA My Plate Nutrition Guidelines!



We're Going  
ORGANIC!



This school year, we're increasing the amount of organic produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide-free ingredients, every bite supports better nutrition and a greener planet.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.