

BREAKFAST



OCTOBER 2026



**GRADES
5 - 12**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HAM & CHEESE BAGEL* SCONE* PARFAIT*	6 BREAKFAST PIZZA* BREAKFAST ENERGY BITES* PARFAIT*	7 BREAKFAST BURRITO* PLAIN BAGEL & CREAM CHEESE PARFAIT*	8 PANCAKES & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	9 SAUSAGE, EGG & CHEESE BAGEL* BANANA BREAD SLICE PARFAIT*
12 HAM & CHEESE CROISSANT* WAFFLE PARFAIT*	13 PANCAKES & SAUSAGE LINKS* SCONE* PARFAIT*	14 BREAKFAST BURRITO* PLAIN BAGEL & CREAM CHEESE PARFAIT*	15 FRENCH TOAST CASSEROLE & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	16 SAUSAGE & CHEESE BISCUIT* BENEFIT BAR PARFAIT*
19 HAM AND CHEESE BAGEL* BENEFIT BAR PARFAIT*	20 SHEET PANCAKE & SAUSAGE PATTY* CEREAL PARFAIT*	21 BREAKFAST BURRITO* BUTTERMILK BAR PARFAIT*	22 FRENCH TOAST STICKS & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	23 SAUSAGE, EGG & CHEESE CROISSANT* MINI DONUTS PARFAIT*
26 HAM & CHEESE CROISSANT* BENEFIT BAR PARFAIT*	27 CINNAMON ROLL* PLAIN BAGEL & CREAM CHEESE PARFAIT*	28 BREAKFAST BURRITO* CONCHA, VARIETY PARFAIT*	29 FRENCH TOAST CASSEROLE & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	30 PANCAKE SANDWICH* SCONE* PARFAIT*
All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.	<u>Breakfast Includes:</u> - Choice of 1% low-fat white milk or fat-free chocolate milk - Choice of two 1/2-cup servings of fruit	Dietary meal accommodations and food allergy modifications are available upon request. Please complete a CNP-925 form and return it to your school nurse.	<u>Adult Meals</u> Breakfast \$4.50 Lunch \$6.00	Made/Assembled In-House* Menu is Subject to Change. This institution is an equal opportunity provider.



LUNCH



OCTOBER 2026



**GRADES
5 - 8**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HAMBURGER* CHEESE QUESADILLA*	6 WALKING TACO* SPICY CHICKEN TENDER WRAP*	7 LASAGNA & DINNER ROLL* GRILLED CHEESE*	8 ORANGE CHICKEN & RICE* HAM & CHEESE SUB*	9 PEPPERONI PIZZA ITALIAN SUB*
12 HONEY BBQ RIB PORK SANDWICH* HAM & CHEESE SUB*	13 BAGEL DOG* HAM & CHEESE SUB*	14 SPAGHETTI* GRILLED CHEESE*	15 BBQ CHICKEN & DINNER ROLL* TURKEY & CHEESE SUB*	16 PEPPERONI PIZZA SPICY CHICKEN SANDWICH*
19 HAMBURGER* TURKEY & CHEESE SUB*	20 POZOLE & CHIPS* GRILLED CHEESE SANDWICH*	21 MACARONI & CHEESE* ITALIAN SUB*	22 HOT WINGS* CORN DOG	23 FRENCH BREAD PIZZA CHICKEN NUGGETS & BREADSTICK
26 CHICKEN PATTY SANDWICH* TURKEY & CHEESE CROISSANT*	27 CHICKEN QUESADILLA* BLT CLUB WRAP*	28 CHICKEN ALFREDO* GRILLED CHEESE SANDWICH*	29 TERIYAKI DUNKERS & RICE* HAM & CHEESE CIABATTA*	30 PEPPERONI PIZZA NACHOS*



All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.

Lunch Includes:

- Choice of 1% Low-Fat White Milk or Fat-Free Chocolate Milk
- ¾-cup serving of Vegetables
- ½-cup serving of Fruit
- Salad Bar

Dietary meal accommodations and food allergy modifications are available upon request.

Please complete a CNP-925 form and return it to your school nurse.

Adult Meals
 Breakfast \$4.50
 Lunch \$6.00

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