

LMYA SWIM TEAM

Registration Opens Sunday, February 1st



LMYA SWIM

- Sunday Stroke Clinics begin **Sunday, March 8th** (*stroke specific sessions*)
- April Conditioning begins **Tuesday, April 7th** (*get in swim shape!*)
- Summer Swim Team begins **Monday, May 4th** (*early registration discount*)



www.lmyaswim.com