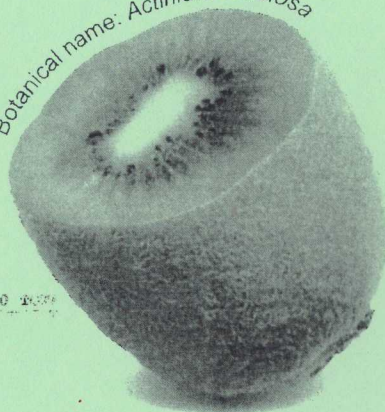


Harvest of the Month

Network for a Healthy California

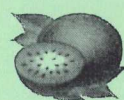
Botanical name: *Actinidia deliciosa*



KIWIFRUIT

Count how many meals on the menu have a green fruit or vegetable in them.

- How many did you find?
- How many kiwis did you find?
- What is your favorite green fruit or vegetable?



September 2025



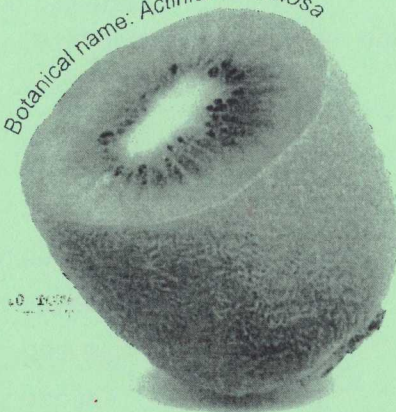
	Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	5	
		Cereal Cheese Stick Applesauce Fruit juice Milk Choice	Biscuits & Gravy Peaches Fruit Juice Milk Choice	Breakfast Sandwich Banana Fruit Juice Milk Choice	Pancake on a Stick Strawberries Fruit Juice Milk Choice	
	8	9	10	11	12	
	French Toast Sticks Pears Extra Fruit Milk Choice	Breakfast Bar Mixed Fruit Fruit Juice Milk Choice	Whole Wheat Bagel w/toppings Fruit Cocktail Fruit Juice Milk Choice	Blueberry Bubble Bread Fruit Fruit Juice Milk Choice	Breakfast Pizza Apricots Fruit Juice Milk Choice	
	15	16	17	18	19	
	Cereal String Cheese Orange Fruit Juice Milk Choice	Pancake on a Stick Apples Fruit Juice Milk Choice	Biscuit & Gravy Oranges Fruit Juice Milk Choice	Breakfast Sandwich Fruit Fruit Juice Milk Choice	Whole grain Muffin Pears Fruit Juice Milk Choice	
	22	23	24	25	26	
	Waffles w/syrup Pineapple Fruit Juice Choice	Star Spangled Pancakes Sausage Milk	Breakfast Pita Apple Fruit Juice Milk Choice	Whole Wheat Bagel w/toppings Fruit Cocktail Fruit Juice Milk Choice	Cini Mini Orange Fruit Juice Milk	
	29	30				
	Cereal Yogurt Cup Applesauce Fruit juice Milk Choice	Pancakes Sausage Fruit Milk	Milk Choice 1% or Non fat milk			

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Harvest of the Month

Network for a Healthy California

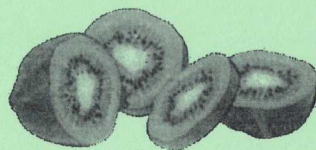
Botanical name: *Actinidia deliciosa*



KIWIFRUIT

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- How many did you find?
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2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Stromboli Garden Salad Carrots Strawberries Milk Choice	4 Turkey & Cheese Sand Green Leaf Lettuce Tomato Slices W/G chips Fruit Milk Choice	5 Chicken Fried Steak Mashed Potato Gravy Veggies Fruit Milk Choice	6 Burritos Romaine & Tomato Mexican Corn Apple Wedges Milk Choice
9 Taco Soup Corn Chips Broccoli Pears 1%/Nonfat Flavored Milk	10 W/G Corn Dog Spinach Salad Seasoned Peas Apple 1%/Nonfat Flavored Milk	11 Beef & Noodles Mashed potatoes Baby Carrots Pineapple 1%/Nonfat Flavored milk	12 Chicken Quesadilla Corn Chips/Salsa Refried Beans Oranges 1%/Nonfat Flavored milk	13 Cowboy Cavatini Salad Green Beans Apricot 1%/Nonfat Flavored milk
16 Chicken Tetraxini Tossed Salad Steamed Carrots W/G Breadsticks Strawberries milk choice	17 Pork Rib /Bun Lettuce/ Tomato W/G Chips Fruit Milk Choice	18 Lasagna Spinach Salad W/G Roll Apple Milk	18 Baked Chicken Savory Rice Broccoli Peaches Milk	20 Sloppy Joes Sweet Potato Fries Baked Beans Grapes Milk
23 Hot Dogs Wedges Broccoli w/cheese Apple Milk	24 Chicken Wrap Romaine & Tomato Spanish Rice Steamed Carrots Tropical Fruit Milk	25 Rotini Garden Spinach Salad Grapes Milk	26 Taco Salsa Refried Beans Cinnamon Puff Pineapple Milk	27 Chicken & Noodles Mashed Potatoes Green Beans Oranges Milk
30 Hamburger on a Bun Lettuce & Tomato Sweet Potato Fries Mixed Fruit Milk				

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