

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

Menu Name:	MIDDLE SCHOOL LUNCH	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Monday - 11/02/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	90	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$71.366
003442 CHICKEN PATTY ON BUN (GK)	EACH	90	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
003409 BUFFALO CHICKEN MAC AND CHEESE	#6 SCOOP	50	486	11.17	1831	*4.34	*N/A*	24.58	*0.00	79	40.53	3.57	25.39	*N/A*	427.3	0.58	2.03	\$518.655
002847 PULL-APART ITALIAN GARLIC	PACKAGES	55	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$268.290
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			848	*5.85	*1425	*42.23	*4.40	*29.37	*0.02	*54	114.51	10.40	*35.47	*77	*644.7	*41.31	*3.71	\$416.452
% of Calories				*6.21%		*19.92 %	*2.08%	*31.2%	*0.0%		54.0%		*16.7%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Tuesday - 11/03/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 BRATWURST ON A BUN	1 Brat w/bun A BUN	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	25	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
003008 SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$281.549
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	85	330	1.33	689	*9.00	*9.00	8.38	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$118.206
003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ	EACH	50	300	5.00	590	5.00	1.00	12.00	0.00	30	31.00	3.00	19.00	70	240.0	0.00	2.70	\$164.178
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	50	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$11.430
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567

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Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

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Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			954	*6.96	*1406	*45.16	*6.03	*33.72	*0.02	*60	129.81	11.98	*37.65	*84	*629.6	*41.43	*5.62	\$384.460
% of Calories				*6.57%		*18.94 %	*2.53%	*31.8%	*0.0%		54.4%		*15.8%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Wednesday - 11/04/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002033 CHICKEN, NUGGETS 5 EACH	SERVING 6 EACH	50	200	2.00	401	*N/A*	*N/A*	10.02	0.00	35	13.03	2.00	15.03	*N/A*	0.0	0.00	0.00	\$11.062
003412 CHICKEN CORN DOG 4OZ (TYSON)	EACH	50	300	3.50	380	8.00	8.00	15.00	0.00	50	26.00	1.00	13.00	*N/A*	10.0	*N/A*	1.60	\$109.987
003416 WALKING TACO BEEF (FRITO CHIPS)	SERVING	50	440	8.56	653	0.00	*0.00	28.50	0.00	51	28.80	2.99	15.14	*N/A*	261.8	*0.00	1.85	\$71.422
003325 WALKING TACO BEEF (NACHO CHEESE CHIPS)	SERVING	65	391	7.57	634	0.00	*0.00	20.61	0.00	51	31.85	3.99	16.14	*N/A*	272.0	*0.00	1.86	\$70.424
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107

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002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			849	*6.01	*1145	*41.85	*5.20	*30.51	*0.02	*47	114.83	10.38	*31.64	*77	*621.0	*41.25	*3.54	\$318.398
% of Calories				*6.37%		*19.72 %	*2.45%	*32.3%	*0.0%		54.1%		*14.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Thursday - 11/05/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	25	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
003007 HS SALAD MACARONI SYSCO	3/4C	100	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	50	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	15	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$222.520
002890 SANDWICH UNCRUST PB&STRW 5.3	EA	25	590	7.00	540	30.00	27.00	32.00	0.00	0	64.00	7.00	18.00	*N/A*	84.0	0.00	2.00	\$455.617
002889 SANDWICH UNCRUST PB&GRP 5.3	EA	25	600	6.00	540	29.00	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	78.0	0.00	3.00	\$433.182
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			962	*6.99	*1352	*46.82	*6.87	*36.54	*0.02	*49	128.24	11.45	*34.86	*77	*599.8	*41.26	*5.27	\$471.009
% of Calories				*6.54%		*19.47 %	*2.86%	*34.2%	*0.0%		53.3%		*14.5%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Friday - 11/06/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002930 HS BONELESS CHICKEN WINGS BBQ	4OZ SERVINGS	100	416	2.67	1080	*0.00	*N/A*	16.00	0.00	53	44.27	3.47	24.00	*N/A*	26.7	2.56	0.96	\$291.870
002929 HS BONELESS CHICKEN WINGS BUFF	4OZ SERVINGS	87	320	2.67	1656	0.00	*N/A*	16.00	0.00	53	18.67	1.33	24.00	*N/A*	26.7	0.00	0.96	\$241.589
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	80	293	3.00	487	0.00	*N/A*	17.00	0.00	81	17.00	3.00	18.00	*N/A*	18.0	0.00	2.00	\$263.934
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	24	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$13.380
002677 SANDWICH, GRILLED CHEESE	EACH	24	317	10.33	1208	*2.00	*0.00	21.33	*0.00	50	23.00	3.00	15.00	*N/A*	296.0	*0.00	1.20	\$107.767
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			921	*5.77	*1581	*41.21	*4.40	*32.72	*0.02	*63	121.85	11.18	*38.60	*77	*590.9	*41.83	*3.88	\$438.451
% of Calories				*5.64%		*17.90 %	*1.91%	*32.0%	*0.0%		52.9%		*16.8%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Monday - 11/09/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	90	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$71.366
003442 CHICKEN PATTY ON BUN (GK)	EACH	90	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
003409 BUFFALO CHICKEN MAC AND CHEESE	#6 SCOOP	50	486	11.17	1831	*4.34	*N/A*	24.58	*0.00	79	40.53	3.57	25.39	*N/A*	427.3	0.58	2.03	\$518.655
002847 PULL-APART ITALIAN GARLIC	PACKAGES	55	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$268.290
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			848	*5.85	*1425	*42.23	*4.40	*29.37	*0.02	*54	114.51	10.40	*35.47	*77	*644.7	*41.31	*3.71	\$416.452
% of Calories				*6.21%		*19.92 %	*2.08%	*31.2%	*0.0%		54.0%		*16.7%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Tuesday - 11/10/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	25	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
003008 SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$281.549
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	85	330	1.33	689	*9.00	*9.00	8.38	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$118.206
003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ	EACH	50	300	5.00	590	5.00	1.00	12.00	0.00	30	31.00	3.00	19.00	70	240.0	0.00	2.70	\$164.178
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	50	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$11.430
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			954	*6.96	*1406	*45.16	*6.03	*33.72	*0.02	*60	129.81	11.98	*37.65	*84	*629.6	*41.43	*5.62	\$384.460
% of Calories				*6.57%		*18.94 %	*2.53%	*31.8%	*0.0%		54.4%		*15.8%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Thursday - 11/12/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 BRATWURST ON A BUN	1 Brat w/bun A BUN	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	25	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
003007 HS SALAD MACARONI SYSCO	3/4C	100	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	50	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	15	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$222.520
002890 SANDWICH UNCRUST PB&STRW 5.3	EA	25	590	7.00	540	30.00	27.00	32.00	0.00	0	64.00	7.00	18.00	*N/A*	84.0	0.00	2.00	\$455.617
002889 SANDWICH UNCRUST PB&GRP 5.3	EA	25	600	6.00	540	29.00	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	78.0	0.00	3.00	\$433.182
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			962	*6.99	*1352	*46.82	*6.87	*36.54	*0.02	*49	128.24	11.45	*34.86	*77	*599.8	*41.26	*5.27	\$471.009
% of Calories				*6.54%		*19.47 %	*2.86%	*34.2%	*0.0%		53.3%		*14.5%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Friday - 11/13/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002930 HS BONELESS CHICKEN WINGS BBQ	4OZ SERVINGS	100	416	2.67	1080	*0.00	*N/A*	16.00	0.00	53	44.27	3.47	24.00	*N/A*	26.7	2.56	0.96	\$291.870
002929 HS BONELESS CHICKEN WINGS BUFF	4OZ SERVINGS	87	320	2.67	1656	0.00	*N/A*	16.00	0.00	53	18.67	1.33	24.00	*N/A*	26.7	0.00	0.96	\$241.589
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	80	293	3.00	487	0.00	*N/A*	17.00	0.00	81	17.00	3.00	18.00	*N/A*	18.0	0.00	2.00	\$263.934
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	24	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$13.380
002677 SANDWICH, GRILLED CHEESE	EACH	24	317	10.33	1208	*2.00	*0.00	21.33	*0.00	50	23.00	3.00	15.00	*N/A*	296.0	*0.00	1.20	\$107.767

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			921	*5.77	*1581	*41.21	*4.40	*32.72	*0.02	*63	121.85	11.18	*38.60	*77	*590.9	*41.83	*3.88	\$438.451
% of Calories				*5.64%		*17.90 %	*1.91%	*32.0%	*0.0%		52.9%		*16.8%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Monday - 11/16/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	90	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$71.366
003442 CHICKEN PATTY ON BUN (GK)	EACH	90	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
003409 BUFFALO CHICKEN MAC AND CHEESE	#6 SCOOP	50	486	11.17	1831	*4.34	*N/A*	24.58	*0.00	79	40.53	3.57	25.39	*N/A*	427.3	0.58	2.03	\$518.655

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002847 PULL-APART ITALIAN GARLIC	PACKAGES	55	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$268.290
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			848	*5.85	*1425	*42.23	*4.40	*29.37	*0.02	*54	114.51	10.40	*35.47	*77	*644.7	*41.31	*3.71	\$416.452
% of Calories				*6.21%		*19.92 %	*2.08%	*31.2%	*0.0%		54.0%		*16.7%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Tuesday - 11/17/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	25	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
003008 SALAD POTATO SYSCO	1/2C	100	207	2.07	581	7.26	*N/A*	12.44	0.00	10	21.77	2.07	3.11	*N/A*	10.4	0.00	0.37	\$281.549
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	85	330	1.33	689	*9.00	*9.00	8.38	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$118.206
003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ	EACH	50	300	5.00	590	5.00	1.00	12.00	0.00	30	31.00	3.00	19.00	70	240.0	0.00	2.70	\$164.178
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	50	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$11.430
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			954	*6.96	*1406	*45.16	*6.03	*33.72	*0.02	*60	129.81	11.98	*37.65	*84	*629.6	*41.43	*5.62	\$384.460
% of Calories				*6.57%		*18.94 %	*2.53%	*31.8%	*0.0%		54.4%		*15.8%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Wednesday - 11/18/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002033 CHICKEN, NUGGETS 5 EACH	SERVING 6 EACH	50	200	2.00	401	*N/A*	*N/A*	10.02	0.00	35	13.03	2.00	15.03	*N/A*	0.0	0.00	0.00	\$11.062
003412 CHICKEN CORN DOG 4OZ (TYSON)	EACH	50	300	3.50	380	8.00	8.00	15.00	0.00	50	26.00	1.00	13.00	*N/A*	10.0	*N/A*	1.60	\$109.987
003416 WALKING TACO BEEF (FRITO CHIPS)	SERVING	50	440	8.56	653	0.00	*0.00	28.50	0.00	51	28.80	2.99	15.14	*N/A*	261.8	*0.00	1.85	\$71.422
003325 WALKING TACO BEEF (NACHO CHEESE CHIPS)	SERVING	65	391	7.57	634	0.00	*0.00	20.61	0.00	51	31.85	3.99	16.14	*N/A*	272.0	*0.00	1.86	\$70.424
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			849	*6.01	*1145	*41.85	*5.20	*30.51	*0.02	*47	114.83	10.38	*31.64	*77	*621.0	*41.25	*3.54	\$318.398
% of Calories				*6.37%		*19.72 %	*2.45%	*32.3%	*0.0%		54.1%		*14.9%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Thursday - 11/19/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	50	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003360 HOT DOG PORK & BEEF 6" ON A BUN (6- 12)	SERVING	25	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
003007 HS SALAD MACARONI SYSCO	3/4C	100	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	50	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	15	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$222.520
002890 SANDWICH UNCrust PB&STRW 5.3	EA	25	590	7.00	540	30.00	27.00	32.00	0.00	0	64.00	7.00	18.00	*N/A*	84.0	0.00	2.00	\$455.617
002889 SANDWICH UNCrust PB&GRP 5.3	EA	25	600	6.00	540	29.00	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	78.0	0.00	3.00	\$433.182
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			962	*6.99	*1352	*46.82	*6.87	*36.54	*0.02	*49	128.24	11.45	*34.86	*77	*599.8	*41.26	*5.27	\$471.009
% of Calories				*6.54%		*19.47 %	*2.86%	*34.2%	*0.0%		53.3%		*14.5%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Friday - 11/20/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002930 HS BONELESS CHICKEN WINGS BBQ	4OZ SERVINGS	100	416	2.67	1080	*0.00	*N/A*	16.00	0.00	53	44.27	3.47	24.00	*N/A*	26.7	2.56	0.96	\$291.870
002929 HS BONELESS CHICKEN WINGS BUFF	4OZ SERVINGS	87	320	2.67	1656	0.00	*N/A*	16.00	0.00	53	18.67	1.33	24.00	*N/A*	26.7	0.00	0.96	\$241.589
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	80	293	3.00	487	0.00	*N/A*	17.00	0.00	81	17.00	3.00	18.00	*N/A*	18.0	0.00	2.00	\$263.934
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	24	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$13.380
002677 SANDWICH, GRILLED CHEESE	EACH	24	317	10.33	1208	*2.00	*0.00	21.33	*0.00	50	23.00	3.00	15.00	*N/A*	296.0	*0.00	1.20	\$107.767
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			921	*5.77	*1581	*41.21	*4.40	*32.72	*0.02	*63	121.85	11.18	*38.60	*77	*590.9	*41.83	*3.88	\$438.451
% of Calories				*5.64%		*17.90 %	*1.91%	*32.0%	*0.0%		52.9%		*16.8%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

Monday - 11/30/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002963 CHICKEN BUFFALO PATTY ON BUN	EACH	90	102	0.00	1029	0.03	*N/A*	2.52	0.00	65	0.27	0.04	20.07	*N/A*	0.5	0.00	0.01	\$71.366
003442 CHICKEN PATTY ON BUN (GK)	EACH	90	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
003409 BUFFALO CHICKEN MAC AND CHEESE	#6 SCOOP	50	486	11.17	1831	*4.34	*N/A*	24.58	*0.00	79	40.53	3.57	25.39	*N/A*	427.3	0.58	2.03	\$518.655
002847 PULL-APART ITALIAN GARLIC	PACKAGES	55	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$268.290
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
001374 SALAD ADULT, CHEF	SERVINGS	5	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001376 SALAD, TACO HS	EACH	5	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	12	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	5	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002892 HS SACK LUNCH - PBJ GRAPE	EACH	40	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	40	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
003146 BENTO BOX #1 (FLAMING CHEETOS)	SERVINGS	24	501	*0.00	*686	35.37	*8.00	*14.74	*0.00	*40	67.32	5.28	*22.81	*782	*842.7	*4.15	*1.73	\$209.804
003147 BENTO BOX #2 (FLAMING CHEETOS)	SERVINGS	24	580	*0.00	*568	37.37	*10.00	*21.65	*0.00	*20	73.31	7.28	*20.73	*782	*665.3	*4.15	*2.73	\$129.974
003148 BENTO BOX #3 (FLAMING CHEETOS)	SERVINGS	24	529	*0.00	*840	22.77	*0.00	*25.19	*0.00	*35	50.76	5.96	*23.50	*13	*720.4	*3.06	*1.84	\$184.581
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	125	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000391 POTATO, SMILES (6)	SERVINGS (6)	125	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$147.801
000643 POTATO, FRIES SPICY TWISTER	SERVING	125	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	125	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
003158 SALAD, SIDE VEGGIE	1 CUP	24	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	150	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	80	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	350	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	50	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			848	*5.85	*1425	*42.23	*4.40	*29.37	*0.02	*54	114.51	10.40	*35.47	*77	*644.7	*41.31	*3.71	\$416.452
% of Calories				*6.21%		*19.92 %	*2.08%	*31.2%	*0.0%		54.0%		*16.7%					
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10											

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		907	*6.31	*1400	*43.48	*5.33	*32.50	*0.02	*55	121.83	11.08	*35.90	*78	*618.8	*41.42	*4.42	\$412.291
% of Calories			*6.26%		*19.18 %	*2.35%	*32.2%	*0.0%		53.7%		*15.8%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.