Breakfast & Lunch

Monday		Tuesday		Wednesday		Thursday		Friday	
3 Muffins and Cereal Fruit Milk	Corn Dogs Veggies Fruit Milk	4 Apple Frudel and Cereal Fruit Milk	Pizza Veggies Fruit Milk/Juice	5 Bagel & Cream Cheese and Cereal Fruit Milk	Burritos Veggies Fruit Milk	6 French Toast and Cereal Fruit Milk	Beefy Nachos Veggies Fruit Milk/Juice	7 Biscuits and Gravy and Cereal Fruit Milk	Chicken Tamales Veggies Fruit Milk
Vete	ppy:	No School - N	ov 10th _ 11th	12 Bagel Pizza and Cereal Fruit Milk	Pretzel and Cheese Veggies Fruit Milk	Buttermilk Bars and Cereal Fruit Milk	Grilled Cheese Veggies Fruit Milk/Juice	14 Breakfast Tornados and Cereal Fruit Milk	Chicken Sandwich French Fries Veggies Fruit Milk
17 Pop Tarts and Cereal Fruit Milk	Chicken Nuggets Veggies Fruit Milk	18 Crumb Cake and Cereal Fruit Milk	Pizza Veggies Fruit Milk/Juice	19 Muffins and Cereal Fruit Milk	Orange Chicken & Rice Veggies Fruit Milk	20 Pancakes and Cereal Fruit Milk	Chicken Noodles Gravy and Rolls Veggies Fruit Milk/Juice	21 Parfaits and Cereal Fruit Milk	PB & J Veggies Fruit Milk
24		25	Thanks		No School Nov 2	4 th – Nov 26 th	 	28	national origin religion s

In accordance with federal civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages ofter than English. To file a program Discrimination Complaint at 111 (voice and TTY). Additionally, program information in languages ofter than English. To file a program Discrimination Complaint at 111 (voice and TTY). Additionally, program information in languages ofter than English. To file a program Discrimination Complaint at 111 (voice and TTY). Additionally, program information in languages ofter than English. To file a program Discrimination Complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: USDA Food and Nutrition Service, 1320 Braddock Place, Room 334 Alexandria, VA 22314; or Email: FNSCIVILRIGHTSCOMPLAINTS@usda.gov. USDA is an equal opportunity provider, employer, and lender.



MENU SUBJECT TO CHANGES

