

HIGH SCHOOL MENU CHOICES Go Local at Lunch with our **#FarmFreshTexas** items! Look for menu items with a 🌱 and go local with NEISD!

BREAKFAST: Entrée,
Fruit, Juice, Milk

LUNCH: Entrée,
Veggie (Pick 2), Fruit (Pick 2), Milk

*** Indicates Pork Product**
+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch
• 1% White 🌱
• Lactose-Free
• Fat-Free Chocolate 🌱
• Soy Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>School Nutrition Services is hiring \$14.11 hour starting</div> <div></div> <div>Menu subject to change No fees for cash or checks paid directly to the cafeteria</div>	<div>Visit: schoolcafe.com/NorthEastISD or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.</div>	<div>1 Pumpkin Spice Day!</div> <div>Pumpkin Bread OR 🌱 Chorizo & Egg Taco OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk</div> <div>🌱 Cheese Enchiladas w/Chili & Spanish Rice WOW Sandwich Combo+ Nashville Hot Chicken Wrap</div> <div>Ranchero Beans 🌱 Cucumber & Jicama Sticks w/Tajin 🌱 Red Bell Peppers & Grape Tomatoes Fresh Banana / Natural Applesauce</div>	<div>2</div> <div>Confetti Pancakes OR 🌱 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>🌱 Cheeseburger Pizza or Cheese Pizza Spicy Tender Salad Yogurt Combo</div> <div>Savory Green Beans Pizza Lettuce Topping Zesty Tomatoes & Cucumbers 🌱 Seedless Grapes / Diced Peaches</div>	<div>3</div> <div>🌱 Sausage Kolache* OR Blueberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>Chicken Tenders w/Homemade Roll Italian Salad* Nacho Box</div> <div>Mashed Potatoes w/Gravy 🌱 Tossed Salad w/Ranch Celery Sticks & Crispy Carrots Sliced Apples / Sliced Pears</div>
<div>6</div> <div>Ham & Cheese Croissant* OR 🌱 Bacon & Egg Taco* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk</div> <div>🌱 Bacon* Cheeseburger+ / Black Bean Burger+ Italian Salad* WOW Sandwich Combo+</div> <div>Spicy Hashbrowns Burger Trimmings Crispy Carrots w/Dip 🌱 Fresh Watermelon / Strawberry Applesauce</div>	<div>7 National Taco Day!</div> <div>🌱 Potato & Egg Taco OR Orange Cream Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk</div> <div>🌱 Spaghetti w/Meat or Marinara Sauce & Cheesy Bread Crispy Chicken Salad Chili Lime Hummus Bento Box</div> <div>Italian Green Beans 🌱 Tossed Salad w/Ranch Raw Vegetable Medley w/Dip Fresh Banana / Sliced Peaches</div>	<div>8</div> <div>French Toast Sticks OR 🌱 Bean and Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>🌱 Frito Pie w/Cornbread WOW Sandwich Combo+ Nashville Hot Chicken Wrap</div> <div>Ranchero Beans Zesty Tomatoes & Cucumbers 🌱 🌱 Red Bell Peppers & Crispy Carrots Melon Cup / Strawberry Craisins</div>	<div>9</div> <div>Homemade Cinnamon Roll OR 🌱 Steak & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>Chicken Nuggets w/ Homemade Roll Spicy Tender Salad Yogurt Combo</div> <div>Mashed Potatoes w/ Gravy Celery Sticks & Grape Tomatoes 🌱 Cucumber & Jicama Sticks w/Tajin Orange Smiles / Blueberries w/Cream</div>	<div>10</div> <div></div> <div>Student Holiday</div>
<div>13</div> <div>School Holiday</div> <div></div> <div>It's National School Lunch Week!</div>	<div>14 Pumpkin Parade!</div> <div>Sausage & Cheese Flatbread OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk</div> <div>🌱 Meatball Sub+ Crispy Chicken Salad Chili Lime Hummus Bento Box</div> <div>Tater Tots Savory Green Beans 🌱 Red Bell Peppers & Grape Tomatoes 🌱 Granny Smith Apple / Strawberries w/Cream</div>	<div>15 </div> <div>Sunrise Egg, Sausage & Potato Bowl* OR 🌱 Potato & Egg Taco OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk</div> <div>🌱 Crispy Beef Tacos w/Spanish Rice WOW Sandwich Combo+ Nashville Hot Chicken Wrap</div> <div>Ranchero Beans Taco Trimmings Celery Sticks & Crispy Carrots Fresh Banana / Natural Applesauce</div>	<div>16 </div> <div>Dutch Waffle OR 🌱 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>General Tso+ Noodle Bowl w/ Egg Roll Spicy Tender Salad Yogurt Combo</div> <div>Stir Fry Vegetables Pinto Peach Salad Crispy Carrots & Grape Tomatoes Seedless Grapes / Lone Star Luau Slush 🌱</div>	<div>17 </div> <div>Confetti Pancakes OR Blueberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>Beef or Chicken Burrito Italian Salad* Nacho Box</div> <div>Mexican Street Corn Guacamole Salad Raw Vegetable Medley w/Dip Sliced Apples / Sliced Pears</div>
<div>20</div> <div>Chicken & Waffle Day!</div> <div>🌱 Chicken & Waffles OR 🌱 Bacon & Egg Taco* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk</div> <div>🌱 Sloppy Joe+ Italian Salad* WOW Sandwich Combo+</div> <div>Spicy Hashbrowns Crispy Carrots w/Dip Celery Sticks & Grape Tomatoes 🌱 Fresh Watermelon / Strawberry Applesauce</div>	<div>21</div> <div>National Apple Day!</div> <div>Donut Holes & Sausage* OR Orange Cream Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk</div> <div>Steak Fingers w/Homemade Roll Crispy Chicken Salad Chili Lime Hummus Bento Box</div> <div>Mashed Potatoes w/Gravy Broccoli Salad* Buffalo Cauliflower 🌱 Gala Apple / Sliced Peaches</div>	<div>22</div> <div>Mini Sausage Pancake Wraps OR 🌱 Chorizo & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>🌱 Beef & Cheese Nachos or Cheese WOW Sandwich Combo+ Nashville Hot Chicken Wrap</div> <div>Ranchero Beans Mexican Street Corn Raw Vegetable Medley w/Dip Melon Cup / Strawberry Craisins</div>	<div>23</div> <div>Homemade Cinnamon Roll OR 🌱 Steak & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>🌱 Cheeseburger Pizza or Cheese Pizza Spicy Tender Salad Yogurt Combo</div> <div>Savory Green Beans Pizza Lettuce Topping 🌱 Red Bell Peppers & Crispy Carrots Fresh Banana / Blueberries w/Cream</div>	<div>24</div> <div>Boneless Wings & Rings</div> <div>Waffle Breakfast Sandwich* OR Strawberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk</div> <div>BBQ or Buffalo Boneless Wings & Rings Italian Salad* Nacho Box</div> <div>Savory Green Beans 🌱 Red Bell Peppers & Grape Tomatoes Celery Sticks & Crispy Carrots Sliced Apples / Fruit Cocktail</div>
<div>27</div> <div>🌱 Pumpkin Parade!</div> <div>Donut Holes & Sausage* OR 🌱 Sausage* & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>Grilled Cheese Sandwich Italian Salad* WOW Sandwich Combo+</div> <div>Tater Tots Tomato Soup Raw Vegetable Medley w/Dip Orange Smiles / Apple Crisps</div>	<div>28 </div> <div>Sausage & Cheese Flatbread OR Mango Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk</div> <div>🌱 Chicken and Waffles Crispy Chicken Salad Chili Lime Hummus Bento Box</div> <div>Sweet Potato Fries Baked Beans Celery Sticks & Grape Tomatoes 🌱 Granny Smith Apple / Strawberries w/Cream</div>	<div>29 </div> <div>🌱 Biscuit & Sausage* OR 🌱 Potato & Egg Taco OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk</div> <div>🌱 Cheese Enchiladas w/Chili & Spanish Rice WOW Sandwich Combo+ Nashville Hot Chicken Wrap</div> <div>Ranchero Beans 🌱 Cucumber & Jicama Sticks w/Tajin 🌱 Red Bell Peppers & Grape Tomatoes Fresh Banana / Natural Applesauce</div>	<div>30 </div> <div>Confetti Pancakes OR 🌱 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>Sweet Asian Chicken w/ Fried Rice Spicy Tender Salad Yogurt Combo</div> <div>Stir Fry Vegetables Mixed Green Salad w/Ranch Zesty Tomatoes & Cucumbers 🌱 Seedless Grapes / Diced Peaches</div>	<div>31 </div> <div>National Breadstick Day!</div> <div>🌱 Sausage Kolache* OR Blueberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk</div> <div>Stuffed Baked Potato w/Breadstick Italian Salad* Nacho Box</div> <div>Buttered Corn 🌱 Tossed Salad w/Ranch Celery Sticks & Crispy Carrots Sliced Apples / Sliced Pears</div>