

September 2025

Douglas City School

Breakfast/Lunch

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5 EO
No School Labor Day	*Cereal 1 cup Pear 1/2 cup Fruit Cup 4oz Milk 8oz	*Banana Muffin 1.5oz *Graham Bear 1oz Mixed Fruit 1 cup Milk 8oz	*Granola Bar 1oz Yogurt 4oz Banana 1 cup Milk 8oz	Scrambled Eggs 2oz *Toast 2oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12 EO
*Waffles 2oz Peaches 1/2 cup Apple Juice 4oz Milk 8oz	*Biscuits&Gravy 2oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz	*Bagel 2oz Cream Cheese Honey Dew Melon 1/2 cup Cranberries 1/4 cup Milk 8oz	*Cereal 1 cup *Cinnamon Toast 1oz Strawberries 1 cup Milk 8oz	Breakfast Burrito 2oz *Tortilla 2oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19 EO
Breakfast Sandwich 2oz *Bun 2oz Pears 1/2 cup Cranberries 1/4 cup Milk 8oz	*Cereal 1 cup Mixed Fruit 1/2 cup Apple 1/2 cup Milk 8oz	*Blueberry Muffin 1.5oz Peaches 1/2 cup Raisins 1/4 cup Milk 8oz	*Granola Bar 1oz Yogurt 4oz Apple Sauce 1/2 cup Orange Juice 4oz Milk 8oz	*French Toast Sticks 3oz Banana 1/2 cup Cranberries 1/4 cup Milk 8oz
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26 EO
*Pancakes 2oz Fruit Cup 4oz Apple Juice 4oz Milk 8oz	*Cream of Wheat 1 cup *Cinnamon Toast 2oz Apple 1 cup Milk 8oz	*Bagel 2oz Cream Cheese Strawberries 1/2 cup Dried Fruit 1/4 cup Milk 8oz	*Granola Bar 1oz Yogurt 4oz Banana 1 cup Milk 8oz	Cereal 1 cup Apple 1/2 cup Peaches 1/2 cup Milk 8oz
Monday 29	Tuesday 30			
*Oatmeal 1 cup Mixed Fruit 1/2 cup Raisins 1/4 cup Milk 8oz	*Cereal 1 cup Pears 1/2 cup Cranberries 1/4 cup Milk 8oz			

A variety of fruits and vegetables served daily.

Vegetarian options everyday. *Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5 EO
No School Labor Day	Chicken Taco 2oz *Tortilla 1oz *Spanish Rice 1/2 cup Salad Bar 3/4 cup Peaches 1/2 cup Milk 8oz	Spaghetti 3/4 cup *Pasta 1 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	*Cheese Pizza 4oz *Breadstick 1oz Salad Bar 3/4 cup Watermelon 1/2 cup Milk 8oz	Chicken Teriyaki 3/4 cup *Rice 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12 EO
Chicken Quesadilla 2oz *Tortilla 2oz Refried Beans 1/2 cup Salad Bar 3/4 cup Fruit Cup 4oz Milk 8oz	Bean&Cheese Burrito 2oz *Tortilla 2oz Salad Bar 3/4 cup Watermelon 1/2 cup Milk 8oz	*Corn Dog 4oz Potato Wedges 1/2 cup Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	PB&J Sandwich 1oz *Bread 2oz Salad Bar 3/4 cup Honey Dew Melon 1/2 cup Milk 8oz	Sloppy Joe 2oz *Bun 2oz Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19 EO
Grilled Cheese 1oz *Bread 2oz Tomato Soup 3/4 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Chicken Enchalada 2oz *Tortilla 2oz Refried Beans 1/2 cup Salad Bar 3/4 cup Fruit Cup 4oz Milk 8oz	*Cheese Pizza 4oz *Breadstick 1oz Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	Fried Chicken 2oz *Rice 1/2 cup Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	Hamburger 2oz *Bun 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26 EO
*Chicken Sandwich 3oz *Bun 2oz Salad Bar 3/4 cup Watermelon 1/2 cup Milk 8oz	Burrito Supreme 2oz *Tortilla 2oz Refried Beans 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Pasta Bake 2oz *Pasta 1 cup Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	Hot Dog 2oz *Bun 2oz Salad Bar 3/4 cup Honey Dew Melon 1/2 cup Milk 8oz	Turkey Sub Sandwich 2oz *Bread 2oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz
Monday 29	Tuesday 30			
Chicken Noodle Soup 3/4 cup *Biscuit 1oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Nacho Bar 2oz *Tortilla Chips 2oz Salad Bar 3/4 cup Fruit Cup 1/2 cup Milk 8oz			

A variety of fruits and vegetables served daily.

Vegetarian options everyday. *Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change