

What's Included

All lunch meals include an entrée made with whole grains, unlimited fresh fruits and vegetables, 100% fruit juice, and choice of 1% white or non-fat flavored milk.



Students must select a 1/2 cup fruit and/or vegetable with their meal.



We're Going **ORGANIC!**



This school year, we're increasing the amount of organic produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide- free ingredients, every bite supports better nutrition and a greener planet.

Featured Daily Specials Monday

Spicy OR Regular Crispy Chicken Sandwich
Chicken Tamale with side of Beans & Chips
100% Angus Beef Pretzel Dog
Islander Bistro Box
Freshly Made Chicken Caesar Salad with Roll

Tuesday

Papa John's Pizza: Pepperoni or Cheese Carne Asada Fries w/ Corn Tortillas Sweet Teriyaki Chicken & Pineapple Sandwich Freshly Made Turkey Bacon Ranch Wrap Crispy Chicken Ranch BLT Salad

Mid-Week Munchie -Cherry Lime Frozen Fruit



Wednesday

Orange Chicken with Brown Rice
BBQ Meatballs, Mashed Potatoes & Garlic Knot
Breaded Chicken Drumstick & Biscuit
Freshly Made Peanut Butter & Jelly Sandwich
Freshly Made Chicken Caesar Salad with Roll

<u>Thursday</u>

Papa John's Pizza: Pepperoni or Cheese

Crispy Shrimp Burrito
Fettuccini Alfredo Pasta

California Chicken Ciabatta Sandwich
Crispy Chicken Ranch BLT Salad

<u>Friday</u>

100% Beef Hamburger OR Cheeseburger
Big Brunch Breakfast Combo
Cheese Quesadilla with guacamole & pico
Vegan Quinoa Tabbouleh
Freshly Made Chicken Caesar Salad with Roll

= VEGETARIAN ENTREES = GLUTEN FREE ENTREES
THIS INSTITUTION IS AN EQUATE OPPORTUNITY PROVIDER.



Breakfast & Lunch Meals are **FREE** to all students in the 2025-2026 School Year



A la Carte Payments Online

Load money on to your student's account to purchase drinks and snacks, see purchases, and more!
For questions, call:
619-522-8900 x2085

Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Fridays, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered.

Enjoy the harvest!