

Monday, March 2

Breakfast
Egg & Sausage
Croissant Sandwich or
Blueberry Chex Cereal

Offered w/Breakfast
Juice
Applesauce

Lunch
Chicken Tenders

Offered w/ Lunch
Dinner Roll
Tater Tots
Fruit & Veggie Bar

Tuesday, March 3

Breakfast
Eggstravaganza &
Biscuit or Trix Cereal
w/ Graham Crackers

Offered w/Breakfast
Juice
Fresh Apple

Lunch
Spaghetti & Meat
Sauce

Offered w/ Lunch
Garlic Breadstick
Fruit & Veggie Bar

Menu For

March 2026

Thermalito Union Elementary School District

This Institution is an equal opportunity provider

*Menu Subject to Change

Wednesday, March 4

Breakfast
Strawberry Scone or
Cinnamon Toast
Cereal

Offered w/Breakfast
Diced Peaches
Banana

Lunch
Cheese Pizza

Offered w/ Lunch
Tater Tots
Fruit & Veggie Bar

Thursday, March 5

Breakfast
Turkey Sausage
Biscuit Sandwich or
Frosted Mini Wheat
Cereal w/ Graham
Cracker

Offered w/Breakfast
Juice
Fresh Orange

Lunch
Chicken Egg Rolls with
Fried Rice

Offered w/ Lunch
Fruit & Veggie Bar

Friday, March 6

Breakfast
Fresh Baked
Cinnamon Roll or
Multi Grain Cheerios
w/ Strawberry Waffle
Graham

Offered w/Breakfast
Fresh Apple
Grapes

Lunch
Chicken Sandwich

Offered w/ Lunch
Tater Tots
Fruit & Veggie Bar



Every complete meal
we serve comes with
your choice of milk!

Monday, March 9

Breakfast
Banana Muffin or
Golden Graham
Cereal w/ Yogurt

Offered w/Breakfast
Fresh Orange
Apple Slices

Lunch
Chicken Nuggets w/
Dinner Roll

Offered w/ Lunch
Strawberry Jello Cup
Fruit & Veggie Bar

Tuesday, March 10

Breakfast
Pork Sausage Biscuit
Sandwich or Trix
Cereal w/ Vanilla Bear
Grahams

Offered w/Breakfast
Juice
Fresh Orange

Lunch
Chicken Alfredo

Offered w/ Lunch
Dinner Roll
Green Beans
Fruit & Veggie Bar

Wednesday, March 11

Breakfast
Breakfast Bites or
Honey Cheerios

Offered w/Breakfast
Fresh Apple
Fresh Orange

Lunch
Beef Hot Dog

Offered w/ Lunch
Smiley Fries
Fruit & Veggie Bar

Thursday, March 12

Breakfast
Strawberry Scone or
Golden Graham
Cereal w/ Yogurt

Offered w/Breakfast
Applesauce
Fresh Orange

Lunch
BBQ Sluggler Chicken
w/ Rice

Offered w/ Lunch
Cookie
Fruit & Veggie Bar

Friday, March 13

Breakfast
Turkey Sausage &
Biscuit Sandwich or
Blueberry Chex Cereal

Offered w/Breakfast
Juice
Apple Slices

Lunch
Enchilada Empanada

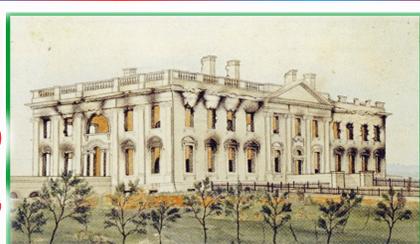
Offered w/ Lunch
Vegetarian Refried
Beans
Fruit & Veggie Bar

The home stretch!



Just a few more months to go in the school year! **YOU CAN DO IT!** And we want to help! While you concentrate on the finish line, we'll keep you fueled up with tasty, nutritious food!

OUR NATION'S HISTORY



During the month that we celebrate St. Patrick's Day, it's interesting to note that an Irish-born architect (James Hoban) designed and oversaw the building of the White House in Washington, D.C. -- not just once, but twice! Hoban first built the original White House in the 1790's, and he then rebuilt it after the British burned out the building during the War of 1812, as pictured here.

WITH LIBERTY & JUSTICE FOR ALL

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

Monday, March 16

Breakfast

Egg & Sausage
Croissant Sandwich or
Cinnamon Toast
Cereal

Offered w/Breakfast

Banana
Apple Slices

Lunch

Beef Soft Taco &
Tortilla Chips

Offered w/ Lunch

Salsa
Fruit & Veggie Bar

Tuesday, March 17

Breakfast

Fruit & Yogurt Parfait
or Honey Cheerios

Offered w/Breakfast

Juice
Fresh Orange

Lunch

Chicken Teriyaki Rice
Bowl

Offered w/ Lunch

Dinner Roll
Pineapple
Fruit & Veggie Bar

Wednesday, March 18

Breakfast

Vanilla Concha or
Cinnamon Toast
Cereal, Yogurt

Offered w/Breakfast

Fresh Orange
Diced Peaches

Lunch

Hamburger
Offered w/ Lunch

Tater Tots
Fruit & Veggie Bar

Thursday, March 19

Breakfast

Turkey Sausage &
Biscuit Sandwich or
Frosted Mini Wheats
w/ Graham Cracker

Offered w/Breakfast

Juice
Fresh Orange

Lunch

Chicken Fajitas

Offered w/ Lunch

Fruit & Veggie Bar

Friday, March 20

Breakfast

Fresh Baked
Cinnamon Roll or
Multi Grain Cheerios
w/ Strawberry Waffle
Graham

Offered w/Breakfast

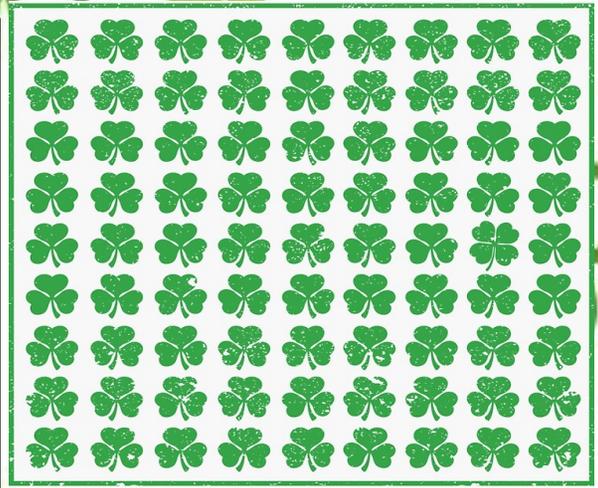
Diced Pears
Fresh Apple

Lunch

Glazed Chicken Wings

Offered w/ Lunch

Dinner Roll
Fruit & Veggie Bar



Find the Four-leaf Clover

Monday, March 23

Breakfast

Blueberry Muffin or
Cinnamon Rice Chex
Cereal

Offered w/Breakfast

Fresh Apple
Fresh Orange

Lunch

Chicken Tenders

Offered w/ Lunch

Biscuit
Tater Tots
Fruit & Veggie Bar

Tuesday, March 24

Breakfast

Pork Sausage &
Biscuit Sandwich or
Trix Cereal w/ Vanilla
Bear Grahams

Offered w/Breakfast

Juice
Fresh Orange

Lunch

Spaghetti & Meat
Sauce

Offered w/ Lunch

Garlic Breadstick
Fruit & Veggie Bar

Wednesday, March 25

Breakfast

Breakfast Bites or
Honey Cheerios

Offered w/Breakfast

Fresh Apple
Fresh Orange

Lunch

Cheese Pizza

Offered w/ Lunch

Tater Tots
Fruit & Veggie Bar

Thursday, March 26

Breakfast

Strawberry Scone or
Golden Graham
Cereal w/ Yogurt

Offered w/Breakfast

Applesauce
Fresh Orange

Lunch

Chicken Egg Roll with
Fried Rice

Offered w/ Lunch

Fruit & Veggie Bar

Friday, March 27

Breakfast

Breakfast Pizza Bagel
or Blueberry Chex
Cereal

Offered w/Breakfast

Juice
Fresh Orange

Lunch

Garlic French Bread
Cheese Pizza

Offered w/ Lunch

Cookie
Fruit & Veggie Bar

Monday, March 30

Breakfast

Strawberry Mini Bagel
or Breakfast Wrap

Offered w/Breakfast

Applesauce
Juice

Lunch

Chicken Nuggets w/
Dinner Roll

Offered w/ Lunch

Fruit & Veggie Bar

Tuesday, March 31

Breakfast

Biscuit & Gravy w/
Turkey Sausage or
Honey Cheerios

Offered w/Breakfast

Fresh Pear
Diced Peaches

Lunch

Chicken Alfredo

Offered w/ Lunch

Green Beans
Dinner Roll
Fruit & Veggie Bar

OUR NATION'S HISTORY



Beginning with a severe famine in the 1840's, millions of Irish people came to America seeking a better life and greater freedom. By the late 1800's, New York had a larger population of people born in Ireland than did Dublin, the Irish capital. Today, more than 30 million Americans claim Irish heritage, more than seven times the entire population of Ireland itself.

WITH LIBERTY & JUSTICE FOR ALL

eat fit

wanna stay fit?
gotta eat right!

item: water **verdict:** ripped

tip: Use water to power your workouts – and your life. Try to drink at least 6-8 8-ounce servings of water a day. No matter how much you drink, it always adds up to zero calories. So try having agua instead of soda or other high-calorie, low-nutrition drinks as often as possible!

