

Breakfast

OCTOBER 2025 Shasta Union High School District

ALL BREAKFASTS ARE SERVED WITH FRUIT OR JUICE
AND A CHOICE OF CHILLED LOW-FAT MILKS.
ASSORTED CEREALS ARE ALSO OFFERED DAILY

MONDAY



6

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

13

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

20

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

27

EGGS & BACON BAGEL SANDWICH
BREAKFAST BURRITOS
HONEY UNCRUSTABLE &
YOGURT/STRING CHEESE
MINI DONUTS (8-8:30)

TUESDAY



7

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

14

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

21

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

28

BAGEL SANDWICH &
HASHBROWN
BAGEL & CREAM CHEESE
MUFFIN

WEDNESDAY

1

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

8

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

15

[SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

22

[SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

29

SAUSAGE & EGG BAGEL SANDWICH
PANCAKE ON A STICK
YOGURT PARFAIT & GRANOLA

THURSDAY

2

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

9

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

16

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

23

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

30

BAGEL SANDWICH & HASHBROWN
BREAKFAST BURRITO
WAFFLES
SMOOTHIES

FRIDAY

3

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

10

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

17

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

24

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

31

EGG CHEESE & BACON
MUFFIN SANDWICH
BAGEL & CREAM CHEESE
CINNAMON ROLL & SAUSAGE

Note: Menus are subject to change based on item availability
This institution is an equal opportunity provider.

HIGHLIGHTED ITEMS ONLY SERVED BETWEEN 8-8:30AM