

YOUSD 6-8 OCTOBER MENU

ISPY SPOOKY FUN!

On this page, I see **2 mummies**,
2 joyful ghosts, **3 soaring bats**,
2 concealed cats,
3 cheerful pumpkins,
4 lively skeletons, and **5 watchful skulls**.

Helpful Hints are on the second page

MONDAY

6



TUESDAY

7

Breakfast
 Loaded Breakfast Burrito or Cereal or Assorted Pastries
 Offered with each choice
 Chilled Pears/Juice
Lunch
 Pepperoni Pizza or Cheese Pizza or Hawaiian Pizza
 Offered with each Choice
 Steamed Green Beans
 Cookie

WEDNESDAY

1

Breakfast
 Raspberry PBj or Sun Butter & Fruit topping or Cereal or Assorted Pastries
 Offered with each choice
 Orange Wedges/Juice
Lunch
 Pepperoni Hot Pocket or Cheese Wedge Pizza or Pizza Pocket
 Offered with each Choice
 Potato Wedges

THURSDAY

2

Breakfast
 Biscuit Breakfast Bowl or Cereal or Assorted Pastries
 Offered with each choice
 Banana/Juice
Lunch
 Chicken Fried Chicken & Potatoes or Grilled Cheese Sandwich or Chicken Tenders
 Offered with each Choice
 Steamed Mixed Veggies

FRIDAY

3



13

Breakfast
 French Toast Sticks or Cereal or Assorted Pastries
 Offered with each choice
 Assorted Fruit Cup/Juice
Lunch
 Chicken Nuggets or Cheese Bites or Chicken Wrap
 Offered with each Choice
 Tater Tots

14

Breakfast
 Cheese Omelet w/ Biscuit or Cereal or Assorted Pastries
 Offered with each choice
 Chilled Pears/Juice
Lunch
 Swiss Dunker Sandwich or Spaghetti w/ Cheese or Pizza Pocket
 Offered with each Choice
 Steamed Green Beans

15

Breakfast
 Strawberry Parfait w/ Graham or Cereal or Assorted Pastries
 Offered with each choice
 Orange Wedges/Juice
Lunch
 BBQ Chicken Bomb or Veggie Wrap or 1/4# Hot Dog
 Offered with each Choice
 Curry Fries

16

Breakfast
 Assorted Scone & Yogurt or Cereal or Assorted Pastries
 Offered with each choice
 Banana/Juice
Lunch
 Turkey & Gravy w/ Potatoes or PBj & Sun Butter Sandwich w/ cheese stick or Spicy Chicken Sandwich
 Offered with each Choice
 Steamed Mixed Veggies

17

Breakfast
 Pizza Puff or Cereal or Assorted Pastries or Pizza Puff w/ Nacho Cheese
 Offered with each choice
 Apples/Juice
Lunch
 Super Burrito or Cheese Quesadilla or Taquitos
 Offered with each Choice
 Steamed Corn
 Cilantro Rice

MONDAY

Veggie Beans
 Leaf Lettuce
 Baby Carrots
 Dried Fruit
 Applesauce
 Fresh Fruit

TUESDAY

Leafy Green Salad
 Dry Noodles Topper
 Kidney Beans
 Tomato & Broccoli
 Chilled Pears
 Fresh Fruit Choice
 Fresh Mango
 Dressing

WEDNESDAY

Leafy Green Salad
 Carrots & Celery
 Fresh Peas
 Bell Peppers
 Chilled Peaches
 Fresh Fruit
 Dressing

THURSDAY

Green Lettuce
 Pickles
 Pepperoncini Peppers
 Tomato Slices
 Baby Carrots
 Chilled Fruit
 Fresh Fruit
 Dressing

FRIDAY

Iceberg Lettuce
 Salsa
 Jalapeño Peppers
 Olives
 Fiesta Pinto Beans
 Cucumber Slices
 Shredded Cheese
 Fresh Pineapple

Offered Daily
 1% White Milk
 or
 Nonfat
 Chocolate Milk

Menus are subject to change.

This institution is an equal opportunity provider.

YOUSD 6-8 OCTOBER MENU

MONDAY

20 Breakfast
Maple Chip Waffles or
Cereal or Assorted Pastries
Offered with each choice
Assorted Fruit Cup/Juice
Lunch
Cheeseburger or
Veggie Burger or Breaded
Chicken Sandwich
Offered with each Choice
Potato Smiles

27 Breakfast
Pancakes or Cereal or
Assorted Pastries
Offered with each choice
Assorted Fruit Cup/Juice
Lunch
Corn Dog or
Potato Cheese Bomb
w/ roll or Chicken Wings
Offered with each Choice
Sidewinder Fries

TUESDAY

21 Breakfast
Country Breakfast Burrito or
Cereal or Assorted Pastries
Offered with each choice
Chilled Pears/Juice
Lunch
Orange Chicken & Noodles or
Teriyaki Tofu & Noodles
or Teriyaki Chicken & Noodles
Offered with each Choice
Steamed Broccoli
Fortune Cookie

28 Breakfast
Loaded Breakfast Burrito
or Cereal
or Assorted Pastries
Offered with each choice
Chilled Pears/Juice
Lunch
Pepperoni Pizza or
Cheese Pizza or
Hawaiian Pizza
Offered with each Choice
Steamed Green Beans

WEDNESDAY

22 Breakfast
Raspberry PBJ or Sun
Butter & Fruit topping or
Cereal or Assorted Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
Pepperoni Hot Pocket or
Cheese Wedge Pizza
or Pizza Pocket
Offered with each Choice
Potato Wedges

29 Breakfast
Assorted Muffin Bread or
Cereal or Assorted Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
Pancakes & Sausage or
Pancakes & Cheese Sticks
or Breakfast Burger
Offered with each Choice
Hashbrown Patty,
Yogurt Cup, Juice

THURSDAY

23 Breakfast
Biscuit Breakfast Bowl or
Cereal or Assorted Pastries
Offered with each choice
Banana/Juice
Lunch
Chicken Fried Chicken &
Potatoes or Grilled Cheese
Sandwich
or Chicken Tenders
Offered with each Choice
Steamed Mixed Veggies

30 Breakfast
Breakfast Pizza or Cereal
or Assorted Pastries
Offered with each choice
Banana/Juice
Lunch
Oven Roasted Chicken w/
Potatoes or Veggie Stacker
or Popcorn Chicken
Offered with each Choice
Steamed Mixed Veggies

FRIDAY

24 Breakfast
Fresh Cinnamon Rolls or
Cereal or Assorted Pastries
Offered with each choice
Apples/Juice
Lunch
Chicken Tamale or
Cheese Tamale or
Fiesta Bowl
Offered with each Choice
Steamed Corn
Cilantro Rice

31 Breakfast
Fresh Cinnamon Rolls or
Cereal or Assorted Pastries
or Pizza Puff w/ Nacho
Cheese
Offered with each choice
Apples/Juice
Lunch
Beef Taco or Bean & Cheese
Burrito or Taco Pocket
Offered with each Choice
Steamed Corn

Did you find them all?



**Helpful
Hints**

They are only on the first page.
They are easy to spot.
Some are swimming in potions.
Some like to hide in words.

MONDAY

Veggie Beans
Leaf Lettuce
Baby Carrots
Dried Fruit
Applesauce
Fresh Fruit

TUESDAY

Leafy Green Salad
Dry Noodles Topper
Kidney Beans
Tomato & Broccoli
Chilled Pears
Fresh Fruit Choice
Fresh Mango
Dressing

WEDNESDAY

Leafy Green Salad
Carrots & Celery
Fresh Peas
Bell Peppers
Chilled Peaches
Fresh Fruit
Dressing

THURSDAY

Green Lettuce
Pickles
Pepperoncini
Peppers
Tomato Slices
Baby Carrots
Chilled Fruit
Fresh Fruit
Dressing

FRIDAY

Iceberg Lettuce
Salsa
Jalapeño Peppers
Olives
Fiesta Pinto Beans
Cucumber Slices
Shredded Cheese
Fresh Pineapple

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