## Elementary and Middle School KIN Super Snack Menu October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1-Oct	2-Oct	3-Oct
		Chocolate Chex Mix Fresh Banana Milk or Apple Juice Box	Cheese Stick Sour Watermelon Raisins Milk or Fruit Juice Box	Sunflower Seeds Sliced Apples Milk or Strawberry Kiwi Juice Box
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Cheese Cubes Sliced Apples Milk or Apple Juice Box	Blueberry Muffin Strawberry Applesauce Milk or Fruit Juice Box	Yogurt Diced Peach Cup Milk or Strawberry Kiwi Juice Box	Bean Dip w/Tostitos Orange Smiles Milk or Apple Juice Box	School Holiday
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
School Holiday	Chocolate Chex Mix Orange Smiles Milk or Fruit Juice Box	Pop Tart Sour Watermelon Raisins Milk or Strawberry Kiwi Juice Box	Cheese Stick Fresh Banana Milk or Apple Juice Box	Salsa Cup w/Tostitos Seedless Grapes Milk or Fruit Juice Box
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Nutrigrain Bar Sliced Apples Milk or Strawberry Kiwi Juice Box	Cheese Cubes Strawberry Applesauce Milk or Apple Juice Box	Cinnamon Toast Bar Diced Peach Cup Milk or Fruit Juice Box	Blueberry Muffin Apple Crisps Milk or Strawberry Kiwi Juice Box	Yogurt Fresh Banana Milk or Apple Juice Box
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Bean Dip w/Tostitos Diced Pear Cup Milk or Fruit Juice Box	Pop Tart Orange Smiles Milk or Strawberry Kiwi Juice Box	Chocolate Chex Mix Sour Watermelon Raisins Milk or Apple Juice Box	Cheese Stick Fresh Banana Milk or Fruit Juice Box	Sunflower Seeds Seedless Grapes Milk or Strawberry Kiwi Juice Box