

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry Alternate Secondary May include Pop Tart, Mini Donuts, Benefit Bar, Mini Cinni, Apple Frudel or Strawberry Pull Apart. Alternate Elementary Yogurt Craveable, Pop Tart, Benefit Bar.
				Apple Strudel	
				Assorted Cereals or Cereal Bar with Graham Crackers	
1	2	3	4	5	
Mini Cinni Rolls	NO SCHOOL PD DAY	Bacon, Egg and Cheese Biscuit	French Toast Sticks with Syrup	Banana Bread or Lemon Bread	
Assorted Cereals or Cereal Bar with Graham Crackers		Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	
6	7	8	9	10	
Mini Blueberry Donut Holes	Breakfast Pizza	Egg & Cheese Croissant	Mini Cinnamon Waffles	Strawberries & Cream Cheese Pull Apart	
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	
11	12	13	14	15	
Mini Donuts	Breakfast Pizza	Sausage, Egg and Cheese Bagel	Mini French Toast	Dutch Waffle	
Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	
16	17	18	19	20	
NO SCHOOL MEMORIAL DAY	Breakfast Pizza	Egg, Sausage & Cheese English Muffin	Mini Blueberry Waffles	Apple Strudel	
	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	Assorted Cereals or Cereal Bar with Graham Crackers	
21	22	23	24	25	

Your Team

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Meal Prices

Student Breakfast \$0.00
Reduced Breakfast \$0.00
Faculty Breakfast \$3.25



Menu subject to change due to product availability. This Institution is an equal opportunity provider and employer.

