
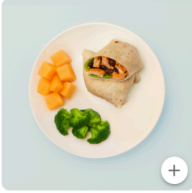
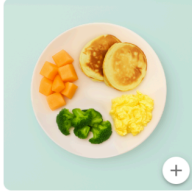
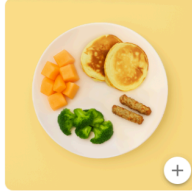
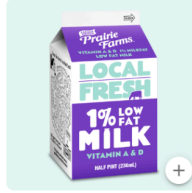
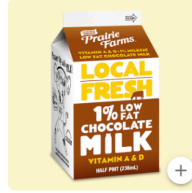




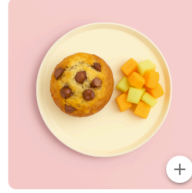
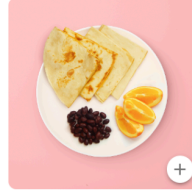
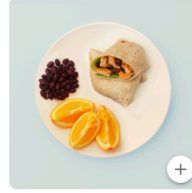
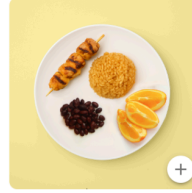
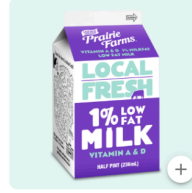
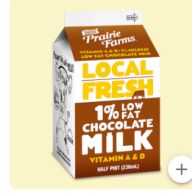
Buena Vista Middle School Breakfast and Lunch Menu

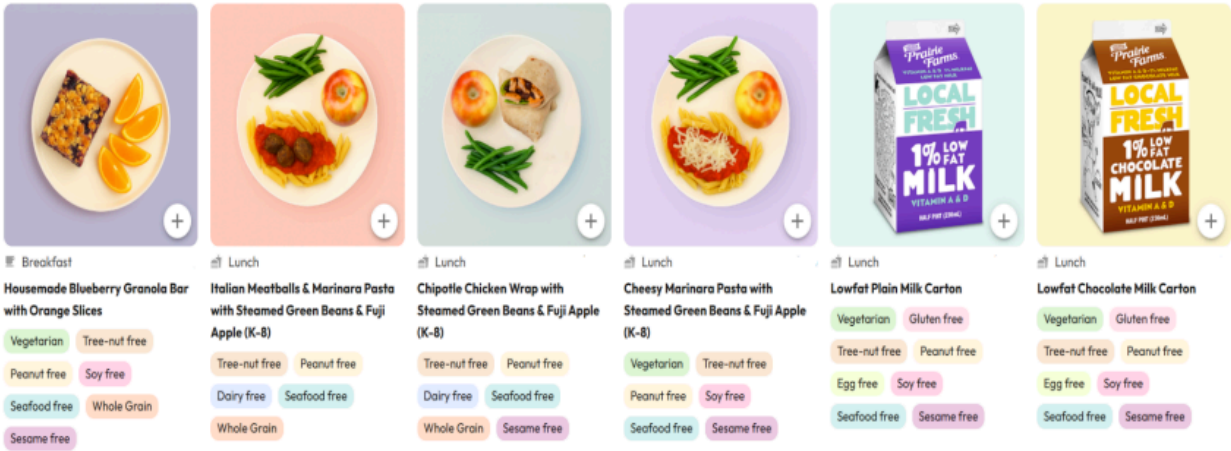
Week of December 15th-19th (Free for Students)
Menu created by Ordo - Made fresh daily - Main Street Bakery

Mon, Dec 15

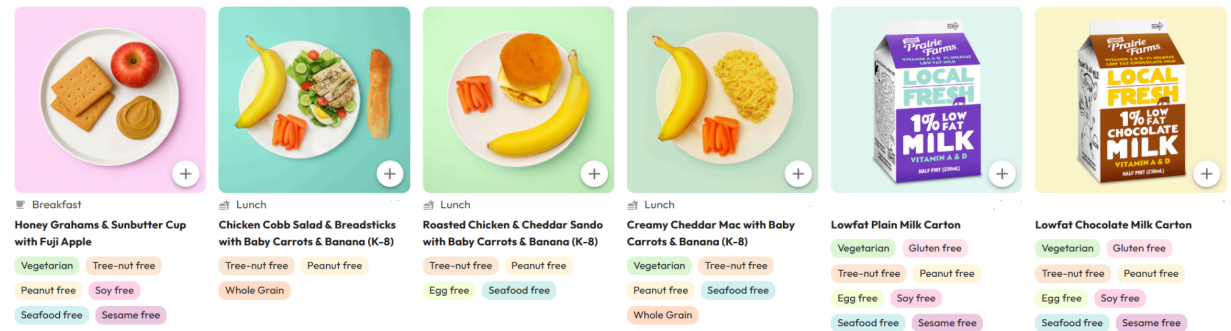
					
Breakfast	Lunch	Lunch	Lunch		
English Muffin and Jam with Fuji Apple	Chipotle Chicken Wrap with Steamed Broccoli & Cantaloupe (K-8)	Scrambled Eggs & Cinnamon Pancakes with Steamed Broccoli & Cantaloupe (K-8)	Turkey Sausage & Cinnamon Pancakes with Steamed Broccoli & Cantaloupe (K-8)	Lowfat Plain Milk Carton	Lowfat Chocolate Milk Carton
Vegetarian Tree-nut free	Tree-nut free Peanut free	Vegetarian Tree-nut free	Tree-nut free Peanut free	Vegetarian Gluten free	Vegetarian Gluten free
Peanut free Dairy free	Dairy free Seafood free	Peanut free Soy free	Seafood free Whole Grain	Tree-nut free Peanut free	Tree-nut free Peanut free
Egg free Seafood free	Whole Grain Sesame free	Seafood free Whole Grain	Sesame free	Egg free Soy free	Egg free Soy free
		Sesame free		Seafood free Sesame free	Seafood free Sesame free

Tue, Dec 16

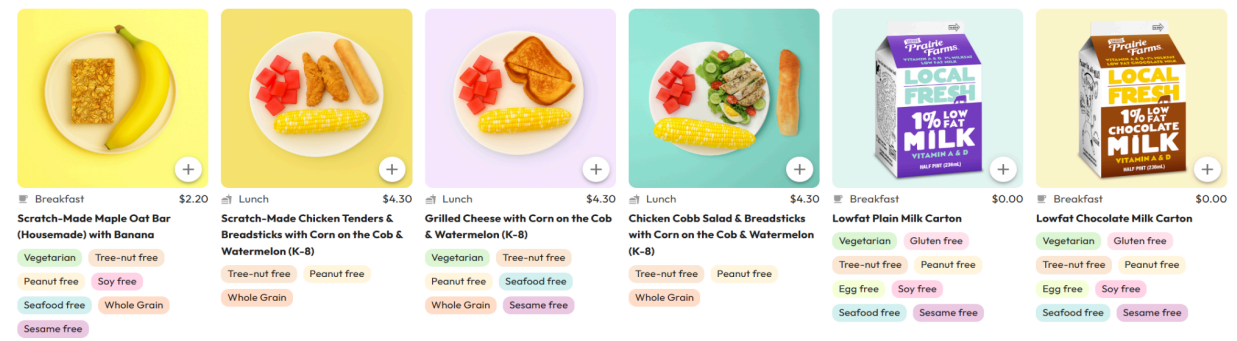
					
Breakfast	Lunch	Lunch	Lunch		
Housemade Banana Chip Muffin with Melon Medley	Cheese Quesadilla with Black Beans & Orange Slices (K-8)	Chipotle Chicken Wrap with Black Beans & Orange Slices (K-8)	Mediterranean Chicken Kabob & Brown Rice with Black Beans & Orange Slices (K-8)	Lowfat Plain Milk Carton	Lowfat Chocolate Milk Carton
Vegetarian Tree-nut free	Vegetarian Tree-nut free	Tree-nut free Peanut free	Tree-nut free Peanut free	Vegetarian Gluten free	Vegetarian Gluten free
Peanut free Soy free	Peanut free Seafood free	Dairy free Seafood free	Dairy free Egg free Soy free	Tree-nut free Peanut free	Tree-nut free Peanut free
Seafood free Whole Grain	Whole Grain Sesame free	Whole Grain Sesame free	Seafood free Whole Grain	Egg free Soy free	Egg free Soy free
Sesame free			Sesame free	Seafood free Sesame free	Seafood free Sesame free



Thu, Dec 18



Fri, Dec 19



All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.