

Menu Name:

BREAKFAST BRUNCH 6-8

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Thursday - 05/01/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002177 SANDWICH, HAM AND CHEESE CROIS	SERVING	1000	408	13.58	941	*0	*N/A*	23.88	*0.00	95	25.82	0.70	18.62	90	16.2	0.00	1.82	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			557	5.64	662	*33	*N/A*	12.66	*0.00	41	93.89	3.32	18.19	814	483.7	2.40	4.18	\$0.000
% of Calories				9.11%		*23.7%	*N/A*	20.5%	*0.0%		67.4%		13.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 05/02/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	301	3.65	615	*3	*N/A*	8.22	*0.00	23	44.26	2.20	13.27	473	24.6	2.25	2.48	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	250	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	250	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			575	3.67	595	*38	*4	9.94	*0.00	18	107.54	4.32	16.99	942	499.0	3.15	4.69	\$0.000
% of Calories				5.74%		*26.4%	*2.8%	15.6%	*0.0%		74.8%		11.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 05/05/2025 Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003117 EGG BAKE BITES TURKEY SAUSAGE CHEESE SUNNY FRESH	2EA SERVINGS	1000	239	4.97	378	2	0	17.90	*N/A*	259	5.97	1.99	11.94	0	8.0	0.00	7.96	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			480	3.51	467	*47	*3	11.00	*0.00	97	78.65	3.92	16.04	932	477.2	4.13	6.02	\$0.000
% of Calories				6.58%		*39.2%	*2.5%	20.6%	*0.0%		65.5%		13.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 05/06/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003140 WAFFLE EMOJI EGGO	SERVINGS	1000	170	1.50	210	5	0	5.00	0.00	0	27.99	4.00	4.00	0	259.9	0.00	3.60	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			520	1.62	425	*39	*0	6.37	0.00	9	104.10	7.81	15.01	1112	624.4	84.58	4.92	\$0.000
% of Calories				2.80%		*30.0%	*0%	11.0%	0.0%		80.1%		11.5%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 05/07/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	1000	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	67	116.7	0.00	1.98	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	1000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	500	100.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			571	2.84	420	*54	*3	9.91	*0.00	22	108.37	5.83	15.69	938	553.1	7.46	4.32	\$0.000
% of Calories				4.48%		*37.8%	*2.1%	15.6%	*0.0%		75.9%		11.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 05/08/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003142 BREAKFAST PANCAKES WG BUTTERMILK MAPLECINN 2PK	SERVINGS	1000	170	0.50	210	12	9	3.50	0.00	10	32.00	2.00	4.00	0	50.0	0.00	1.30	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			511	1.28	433	*41	*3	5.87	0.00	12	104.62	3.75	13.32	784	495.0	2.40	4.00	\$0.000
% of Calories				2.25%		*32.1%	*2.3%	10.3%	0.0%		81.9%		10.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 05/09/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	3	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	750	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	750	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			573	1.69	421	*59	*N/A*	6.88	*0.00	10	116.00	7.75	12.29	708	401.8	9.92	9.18	\$0.000
% of Calories				2.65%		*41.2%	*N/A*	10.8%	*0.0%		81.0%		8.6%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 05/12/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001936 BRKFST, OMELET CHEDDAR W/TOAST	SERVING	1000	243	4.17	447	*2	*N/A*	15.67	*0.00	190	17.00	2.00	11.00	530	103.0	0.00	1.70	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			481	3.24	490	*47	*3	10.26	*0.00	74	82.32	3.93	15.73	1109	508.9	4.13	3.93	\$0.000
% of Calories				6.06%		*39.1%	*2.5%	19.2%	*0.0%		68.5%		13.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 05/13/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001148 BRKFST, WAFFLE MAPLE	SERVING	1000	230	3.50	260	*N/A*	*N/A*	9.00	0.00	40	33.00	1.00	5.00	0	20.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			540	2.28	442	*37	*N/A*	7.70	0.00	22	105.77	6.81	15.35	1112	544.4	84.58	4.08	\$0.000
% of Calories				3.80%		*27.4%	*N/A*	12.8%	0.0%		78.3%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 05/14/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000279 YOGURT PARFAIT, STRAWBERRY BWG	SERVING	1000	310	7.31	177	*11	*N/A*	10.80	0.00	2	51.17	3.66	5.06	810	133.3	52.40	2.14	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			527	4.45	391	*48	*3	9.60	0.00	10	99.17	5.89	14.32	1019	525.3	24.93	4.37	\$0.000
% of Calories				7.60%		*36.4%	*2.3%	16.4%	0.0%		75.3%		10.9%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 05/15/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002521 EGG & CHEESE ON A CROISSANT	EACH	1000	340	8.00	600	3	*N/A*	19.00	0.00	145	32.00	3.00	13.00	200	100.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			534	3.78	548	*34	*N/A*	11.03	0.00	57	95.95	4.08	16.32	851	511.7	2.40	4.05	\$0.000
% of Calories				6.37%		*25.5%	*N/A*	18.6%	0.0%		71.9%		12.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 05/16/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	301	3.65	615	*3	*N/A*	8.22	*0.00	23	44.26	2.20	13.27	473	24.6	2.25	2.48	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	250	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	250	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			575	3.67	595	*38	*4	9.94	*0.00	18	107.54	4.32	16.99	942	499.0	3.15	4.69	\$0.000
% of Calories				5.74%		*26.4%	*2.8%	15.6%	*0.0%		74.8%		11.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 05/19/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002258 EGG, BACON, CHEESE BURRITO	SERVING	1000	300	5.00	540	0	*N/A*	14.00	0.00	195	30.00	6.00	13.00	400	60.0	1.20	3.42	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			500	3.52	522	*46	*3	9.70	0.00	75	86.66	5.26	16.40	1066	494.5	4.53	4.50	\$0.000
% of Calories				6.34%		*36.8%	*2.4%	17.5%	0.0%		69.3%		13.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 05/20/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	1000	170	1.00	290	5	5	4.00	0.00	105	25.00	2.00	8.00	0	4.0	0.00	10.00	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			520	1.45	452	*39	*2	6.03	0.00	44	103.10	7.14	16.35	1112	539.1	84.58	7.06	\$0.000
% of Calories				2.51%		*30.0%	*1.5%	10.4%	0.0%		79.3%		12.6%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 05/21/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001290 SMOOTHIE, BLUEBERRY	16 OZ	1000	392	2.29	230	*47	*N/A*	4.24	*0.00	22	74.61	2.09	14.82	1035	535.8	3.14	0.15	\$0.000
000829 GRAHAM, BEAR APP CINN	PACK	1000	110	0.50	100	7	*N/A*	3.50	0.00	0	20.00	2.00	1.00	300	20.0	3.60	1.80	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			591	2.94	442	*62	*3	8.58	*0.00	17	113.65	6.04	17.91	1194	666.2	9.70	4.31	\$0.000
% of Calories				4.48%		*42.0%	*2.0%	13.1%	*0.0%		76.9%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 05/22/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002659 BRKFST, EGG,CH BISCUIT	EACH	1000	380	10.50	780	*0	*N/A*	23.00	0.00	145	30.00	2.00	13.00	0	100.0	0.00	1.08	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			548	4.62	608	*33	*N/A*	12.37	0.00	57	95.28	3.75	16.32	784	511.7	2.40	3.93	\$0.000
% of Calories				7.59%		*24.1%	*N/A*	20.3%	0.0%		69.5%		11.9%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 05/23/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	3	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	750	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	750	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			573	1.69	421	*59	*N/A*	6.88	*0.00	10	116.00	7.75	12.29	708	401.8	9.92	9.18	\$0.000
% of Calories				2.65%		*41.2%	*N/A*	10.8%	*0.0%		81.0%		8.6%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

Tuesday - 05/27/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003140 WAFFLE EMOJI EGGO	SERVINGS	1000	170	1.50	210	5	0	5.00	0.00	0	27.99	4.00	4.00	0	259.9	0.00	3.60	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			520	1.62	425	*39	*0	6.37	0.00	9	104.10	7.81	15.01	1112	624.4	84.58	4.92	\$0.000
% of Calories				2.80%		*30.0%	*0%	11.0%	0.0%		80.1%		11.5%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 05/28/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	1000	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	67	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	1000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	500	100.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			571	2.84	420	*54	*3	9.91	*0.00	22	108.37	5.83	15.69	938	553.1	7.46	4.32	\$0.000
% of Calories				4.48%		*37.8%	*2.1%	15.6%	*0.0%		75.9%		11.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 05/29/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003142 BREAKFAST PANCAKES WG BUTTERMILK MAPLECINN 2PK	SERVINGS	1000	170	0.50	210	12	9	3.50	0.00	10	32.00	2.00	4.00	0	50.0	0.00	1.30	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			511	1.28	433	*41	*3	5.87	0.00	12	104.62	3.75	13.32	784	495.0	2.40	4.00	\$0.000
% of Calories				2.25%		*32.1%	*2.3%	10.3%	0.0%		81.9%		10.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 05/30/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	3	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	750	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	750	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			573	1.69	421	*59	*N/A*	6.88	*0.00	10	116.00	7.75	12.29	708	401.8	9.92	9.18	\$0.000
% of Calories				2.65%		*41.2%	*N/A*	10.8%	*0.0%		81.0%		8.6%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 06/02/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001936 BRKFST, OMELET CHEDDAR W/TOAST	SERVING	1000	243	4.17	447	*2	*N/A*	15.67	*0.00	190	17.00	2.00	11.00	530	103.0	0.00	1.70	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	990	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			481	3.24	490	*47	*3	10.26	*0.00	74	82.32	3.93	15.73	1109	508.9	4.13	3.93	\$0.000
% of Calories				6.06%		*39.1%	*2.5%	19.2%	*0.0%		68.5%		13.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 06/03/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001148 BRKFST, WAFFLE MAPLE	SERVING	1000	230	3.50	260	*N/A*	*N/A*	9.00	0.00	40	33.00	1.00	5.00	0	20.0	0.00	1.08	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			540	2.28	442	*37	*N/A*	7.70	0.00	22	105.77	6.81	15.35	1112	544.4	84.58	4.08	\$0.000
% of Calories				3.80%		*27.4%	*N/A*	12.8%	0.0%		78.3%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 06/04/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000279 YOGURT PARFAIT, STRAWBERRY BWG	SERVING	1000	310	7.31	177	*11	*N/A*	10.80	0.00	2	51.17	3.66	5.06	810	133.3	52.40	2.14	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	0	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			527	4.45	391	*48	*3	9.60	0.00	10	99.17	5.89	14.32	1019	525.3	24.93	4.37	\$0.000
% of Calories				7.60%		*36.4%	*2.3%	16.4%	0.0%		75.3%		10.9%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 06/05/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002521 EGG & CHEESE ON A CROISSANT	EACH	1000	340	8.00	600	3	*N/A*	19.00	0.00	145	32.00	3.00	13.00	200	100.0	0.00	1.44	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			534	3.78	548	*34	*N/A*	11.03	0.00	57	95.95	4.08	16.32	851	511.7	2.40	4.05	\$0.000
% of Calories				6.37%		*25.5%	*N/A*	18.6%	0.0%		71.9%		12.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 06/06/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	301	3.65	615	*3	*N/A*	8.22	*0.00	23	44.26	2.20	13.27	473	24.6	2.25	2.48	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	750	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	750	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	0	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	85	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	0	0.0	0.00	16.20	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	250	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	0	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	250	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	0	30.0	0.00	2.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	0	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	1000	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	1000	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	12	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	0	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			575	3.67	595	*38	*4	9.94	*0.00	18	107.54	4.32	16.99	942	499.0	3.15	4.69	\$0.000
% of Calories				5.74%		*26.4%	*2.8%	15.6%	*0.0%		74.8%		11.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru Jun 6, 2025

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		539	3	481	*44	*2	8.93	*0.00	32	101.63	5.46	15.40	950	515	21.84	5.04	\$0.000
% of Calories			4.93%		*32.7%	*1.5%	14.9%	*0.0%		75.4%		11.4%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.