

BREAKFAST

OCTOBER 2026

**GRADES
TK - 4**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HAM & CHEESE BAGEL* PULL-A-PART CLUSTER PARFAIT*	6 BREAKFAST BURRITO* PLAIN BAGEL & CREAM CHEESE PARFAIT*	7 CINNAMON ROLL* MINI WAFFLES PARFAIT*	8 WUSD MUFFIN* MINI POWDERED DONUTS PARFAIT*	9 SAUSAGE, EGG & CHEESE BAGEL* BANANA BREAD SLICE* PARFAIT*
12 HAM, EGG & CHEESE CROISSANT* MINI WAFFLES PARFAIT*	13 FRENCH TOAST CASSEROLE & SAUSAGE LINKS* SCONE* PARFAIT*	14 MINI PANCAKES PLAIN BAGEL & CREAM CHEESE PARFAIT*	15 BREAKFAST BURRITO* CINNAMON ROLL* PARFAIT*	16 SAUSAGE, EGG & CHEESE BAGEL* SHEET PANCAKE* PARFAIT*
19 HAM AND CHEESE BAGEL* BREAKFAST BUN PARFAIT*	20 BREAKFAST BURRITO* CEREAL PARFAIT*	21 CINNAMON ROLL* CONCHA, VARIETY PACK PARFAIT*	22 WUSD MUFFIN* PLAIN BAGEL & CREAM CHEESE PARFAIT*	23 SAUSAGE, EGG & CHEESE CROISSANT* CEREAL PARFAIT*
26 HAM, EGG & CHEESE CROISSANT* MINI WAFFLES PARFAIT*	27 FRENCH TOAST CASSEROLE & SAUSAGE LINKS* CEREAL PARFAIT*	28 SHEET PANCAKE* OATMEAL* PARFAIT*	29 BREAKFAST BURRITO* MINI CHOCOLATE DONUTS PARFAIT*	30 PANCAKE SANDWICH* SCONE* PARFAIT*
All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.	<u>Breakfast Includes:</u> - Choice of 1% low-fat white milk or fat-free chocolate milk - Choice of two 1/2-cup servings of fruit	Dietary meal accommodations and food allergy modifications are available upon request. Please complete a CNP-925 form and return it to your school nurse.	<u>Adult Meals</u> Breakfast \$4.50 Lunch \$6.00	Made/Assembled In-House* Menu is Subject to Change. This institution is an equal opportunity provider.