

Wellness Policy Report

Maxwell Unified School District – Triennial Assessment (USDA 2016 Final Rule)

Every three years, school districts assess their Wellness Policies to create healthier school environments that boost student well-being and learning. This report covers: (1) comparing district policy to a Model Policy, (2) measuring compliance, and (3) describing progress toward goals.

Goals Met

- Nutrition Standards
- Competitive Foods & Smart Snacks
- Marketing & Advertising
- Nutrition Education
- Physical Activity & Physical Education
- Staff Wellness & Community Engagement

Still In Progress

- Annual site & staff surveys to measure target %
- Increase Nutrition & Physical Education outreach to families
- Annual staff training on Wellness Policy Goals/Guidelines

 District Wellness Committee is Always Recruiting!

92-95%

Policy Alignment

Aligned with the Alliance for a Healthier Generation national model template

Committee Members: Parents · Student Groups · PE Teachers · School Counselors · School Nurse · Administrators · Food & Nutrition Staff · School Board Members · Community Partners

Annual

Committee Meetings

Meets virtually on health & safety each year