



***SHS Course Selection
Incoming 11th Graders
2026-27***



Mark Your Calendar!

Course Selection Night

Tuesday, January 14th 2:30-4:30PM

SHS Cafeteria

Please attend this **MANDATORY NIGHT** to
complete your Course
Request form and online course request.

Counselors will be available.



Step 1: Review Your Transcript

- Look at your *Transcript* in StudentVue to help you determine which classes you should select on your Course Request Form

Subject Area	Req'd	Comp	WIP	Need
Geography	5.00	5.00		
World History	10.00	10.00		
US History	10.00	10.00		
American Government	5.00	0.00	5.00	
Economics	5.00	0.00	5.00	
English	40.00	35.00	5.00	
Mathematics I	10.00	10.00		
Mathematics	20.00	20.00		
Physical Science	10.00	10.00		
Life Science	10.00	10.00		
Science	10.00	10.00		
World Language I	10.00	10.00		
World Language	0.00	0.00		
Visual/Performing Arts	10.00	0.00	10.00	
Health	5.00	5.00		
Physical Education	20.00	20.00		
Computer Technology	5.00	5.00		
Career Technical Education	0.00	0.00		
Electives	35.00	95.00	35.00	
TOTALS	220.00	255.00	60.00	0.00

Step 2: Fill out Form

- Complete information at the top (name, ID #)
- Fill out the CORE Classes - first

[SHS Course Catalog](#)

Step 2a: Fill out Form

English

1. Circle English 11.
1. If you would like to take AP English 11 (AP Lang) instead, circle that.



Step 2a: Fill out Form

Social Science

1. Circle US History
1. If you would like to take AP US History instead, circle that.



Step 2a: Fill out Form

Math

1. Your Math placement is based off of TEACHER RECOMMENDATION.
2. Please select the math class you plan to take next school year.
3. Use the Math Sequence chart on the back of your FAO



Step 2a: Fill out Form

Science

1. Circle the Science class you would like to take
 - a. All students are encouraged to take a 3rd year Science of your choice
1. If you are in the Biotech Academy, you should choose 1 or more:
 - a. Physics - you will go into the Biotech section
 - b. AP Chemistry
 - c. AP Physics I or AP Physics I and II
1. If you are in FFA, choose Advanced Ag: Adv. Interdisciplinary Sci. for Sust Ag



Step 2b: Fill out Form for electives

ELECTIVES

- Circle **EIGHT** electives TOTAL (elective list begins under the box and the right hand column)
- Please consider selecting a graduation required elective such as Computer Technology, a World Language course and/or a VAPA course.
- NUMBER each elective 1-8 (1 is your FIRST choice... 2

[SHS Course Catalog](#)

PLEASE CIRCLE THE ENTIRE NAME AND COURSE NUMBER YOU ARE CHOOSING





You may write comments for your counselor on the bottom of the form if needed!

* Example *

SHELDON HIGH SCHOOL
JUNIOR PRE-REGISTRATION WORKSHEET FOR 2025-2026

STUDENT'S LAST NAME: _____ FIRST _____ MI _____ I.D.# _____ PERSONAL E-MAIL ADDRESS: _____

CORE COURSES		
ENGLISH		
02200	ENGLISH 11	S
02240	AP ENGLISH 11	S
SOCIAL SCIENCE		
02120	U.S. HISTORY	S
01230	AP U.S. HISTORY	S
MATHEMATICS		
03015	MATH I	S
03019	APPLIED MATH *	S
03025	MATH II *	S
03022	EXPLORING FUNCTIONS THROUGH MATHEMATICAL PRACTICES *	S
05035	MATH III *	S
05090	PRE CALCULUS *	S
03050	AP CALCULUS AB *	S
SCIENCE		
04650	INTEGRATED TOPICS IN SCIENCE *	S
04204	CHEMISTRY IN THE EARTH SYSTEM *	S
04209	AP CHEMISTRY *	S
12222	ADV. INTERDISC. SCIENCE FOR SUSTAINABLE AGRICULTURE *	S
04630	ECOLOGY *	S
04690	PHYSIOLOGY *	S
04304	PHYSICS IN THE UNIVERSE (Biotech only)*	S
04311	AP PHYSICS 1 *	S
04312	AP PHYSICS 2 *	S
BUSINESS/TECHNOLOGY		
12111	COMPUTER TECHNOLOGY (meets graduation req.)	S
12137	EXPLORING COMPUTER SCIENCE (must take AP comp in the Spring)	S
12132	WEB DEVELOPMENT *	S
12116	AP COMPUTER SCIENCE PRINCIPLES *	S
12500	GENERAL BUSINESS	S
12022	BUSINESS LAW	S
12510	EMPOWERING ENTREPRENEURS I	S
BUILDING TRADES		
12314	CONSTRUCTION TECHNOLOGY	S
12311	BUILDING TRADES I (Must take Building Trades II in the Spring)	S
12312	BUILDING TRADES II *	S
ENGINEERING		
12101	DRAFTING I	S
12349	INTRODUCTION TO ENGINEERING DESIGN * (must take Computer Integrated Manufacturing in Spring)	S
12356	COMPUTER INTEGRATED MANUFACTURING *	S
ENGLISH		
02695/02696	FILM AS LITERATURE I & II	Q
02671/02672	CREATIVE WRITING I & II	Q
02685	EXPLORING CULTURE THROUGH LITERATURE S	Q
02635	YEARBOOK (application required)	YR
HEALTH		
07531/07515	LIFE AFTER HIGH SCHOOL/ADOLESCENT DEV. *	YR
INTERDISCIPLINARY		
07519	PEER COUNSELING (Students Helping Students)	YR
07511	STUDENT LEADERSHIP DEVELOPMENT (ASB - application required)	YR
PHYSICAL EDUCATION (RECREATIONAL)		
08618	INTRODUCTION TO INDIVIDUAL SPORTS	S
08619	INTRODUCTION TO TEAM SPORTS	S
08670	BEGINNING WEIGHT TRAINING	S
08675	ADVANCED WEIGHT TRAINING *	S
08676	RECREATIONAL GAMES	S
SCIENCE		
04611	ASTRONOMY	S
04620	CRIMINALISTICS *	S
12672	MICROBIOLOGY HONORS (Biotech Academy Only) *	S
12202	ANIMAL ANATOMY AND PHYSIOLOGY OF PLANTS	S

SOCIAL SCIENCE		
01591/01607	SOUNDTRACK OF MODERN AMERICAN HISTORY/WOMEN'S STUDIES	Q
01627/01612	ETHNIC STUDIES/EMPOWERMENT SKILLS	Q
01609/01610	INTERNATIONAL RELATIONS/SUPREME COURT	Q
01618/01611	CALIFORNIA HISTORY/YOU AND THE LAW	Q
01614	INTRODUCTION TO POLITICAL SCIENCE	S
01601/01602	PSYCHOLOGY I/PSYCHOLOGY II	Q
01620	AP PSYCHOLOGY	S
VISUAL AND PERFORMING ARTS		
04070	ANIMATION I	S
06080	ANIMATION II	S
12159	ANIMATION III	S
12125	ADVANCED ANIMATION *	S
06615	DIGITAL CINEMATOGRAPHY (audition required)	YR
12165	TEAL TV	S
12165	INTRODUCTION TO ARTS, MEDIA AND ENTERTAINMENT (Advanced Animation students only) *	S
12148	COMMERCIAL ART (Art I with a C or better) *	S
06010	ART I	S
06020	ART II (Art I with a C or better) *	S
06030	ART III (Art I with a C or better) *	S
06053	ART II HONORS (Art I-III with a B or better) *	S
06060	AP STUDIO ART (with Honors Art in same year) *	S
06110	CERAMICS I	S
06120	CERAMICS II (Ceramics I with a C or better) *	S
06130	CERAMICS III (Ceramics II with a C or better) *	S
06140	CERAMICS IV (Ceramics III with a B or better) *	S
06210	PHOTOGRAPHY I	S
06220	PHOTOGRAPHY II (Photo I with a C or better) *	S
06230	PHOTOGRAPHY III (Photo II with a C or better) *	S
06240	PHOTOGRAPHY IV (Photo I, II, and III with a C or better) *	S
06313	PIANO LAB	S
06310	GUITAR WORKSHOP I	S
06311	GUITAR WORKSHOP II *	S
06312	"FUNKY JAZZ BAND"	YR
06340	CHAMBER ORCHESTRA (Strings)	YR
06341	CHAMBER ORCHESTRA HONORS	YR
06320	BEGINNING BAND	S
06321	INTERMEDIATE BAND	YR
06325	ADVANCED BAND	YR
06314	MUSIC APPRECIATION	S
06352	INTRODUCTION TO TREBLE CHOIR	S
06351	CONCERT CHOIR	YR
06354	VOCAL ENSEMBLE (audition required) *	YR
06465	DANCE I (Beginning)	S
06466	DANCE II (Intermediate) (Dance 1 with a C or better) *	S
06468	DANCE III (Advanced) (Dance 2 with a C or better) *	S
06463	UNIVERSAL RHYTHM (Dance Composition and Performance III - audition required)	YR
06450	CHILDREN'S THEATRE	S
06410	THEATRE I	S
06420	THEATRE II (Theatre I with a C or better) *	S
06430	THEATRE III (Theatre I with a C or better) *	S
06440	DRAMA PRODUCTIONS	S
06330/06425	ADVANCED THEATRE/ADV. CHILDREN'S THEATRE (audition required) *	YR
WORLD LANGUAGE		
05110	FRENCH I	S
05120	FRENCH II *	S
05130	FRENCH III *	S
05141	HONORS FRENCH IV *	S
05310	JAPANESE I	S
05320	JAPANESE II *	S
05330	JAPANESE III *	S
05341	HONORS JAPANESE IV * S	S
05010	SPANISH I	S
05020	SPANISH II *	S
05030	SPANISH III *	S
05046	AP SPANISH IV *	S
05011	AVID 11 (ALL YEAR)	YR

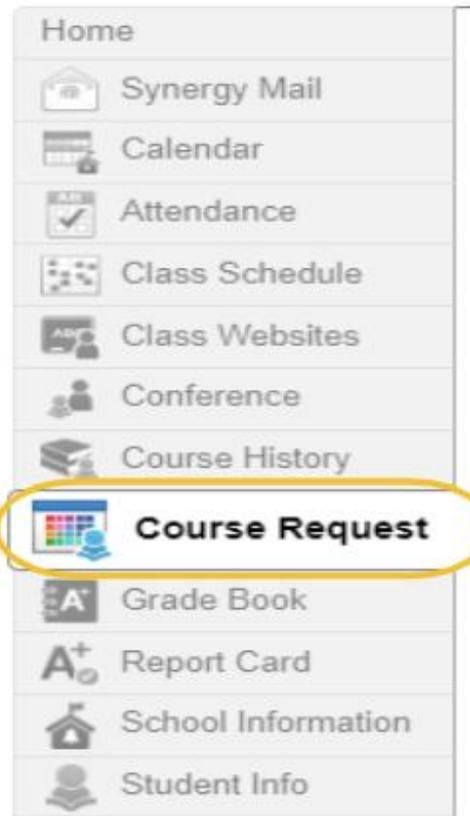
Key Term Code:
Q=Quarter Class
S=Semester Class



Step 3: Complete Course selection in SYNERGY account.

- Log in to your Student Vue account on Synergy.
- **COURSE REQUEST IS NOT AVAILABLE IN THE MOBILE APP, YOU MUST USE YOUR CHROMEBOOK OR A COMPUTER!**
- You must complete this online step or your registration will not be complete and processed!
- The **DEADLINE** to complete the online course request is February 2nd, 2026 at 4 PM.

Go to StudentVUE and click on the **Course Request** tab on the left side of the screen.



COURSE REQUEST

Sheldon High School (916-681-7500)
2021-2022 School Year, Grade: 12

Selection Time Period: 12/14/2020 - 3/31/2021
Counselor: [Leanne Ward](#) 

[Click here to change course requests](#)

Graduation Status Summary

Subject Area	Required	Completed	In Progress	Credit for Requested Courses	Remaining
Geography	5.000	5.000	0.000	0.000	0.000
World History	10.000	10.000	0.000	0.000	0.000
US History	10.000	0.000	10.000	0.000	0.000
American Government	5.000	0.000	0.000	0.000	5.000
Economics	5.000	0.000	0.000	0.000	5.000
English	40.000	30.000	0.000	0.000	10.000
Mathematics I	10.000	10.000	0.000	0.000	0.000
Mathematics	20.000	20.000	0.000	0.000	0.000
Physical Science	10.000	10.000	0.000	0.000	0.000
Life Science	10.000	10.000	0.000	0.000	0.000
Science	10.000	0.000	10.000	0.000	0.000
World Language	10.000	10.000	0.000	0.000	0.000
Visual/Performing Arts	10.000	10.000	0.000	0.000	0.000
Health	5.000	5.000	0.000	0.000	0.000
Physical Education	20.000	10.000	10.000	0.000	0.000
Career Technical Education	0.000	0.000	0.000	0.000	0.000
Electives	40.000	65.000	10.000	0.000	0.000
Total	220.000	195.000	40.000	0.000	20.000

On the **Graduation Status Summary** courses highlighted in yellow still need to be taken to meet graduation requirements.

These are courses that you have not yet taken or courses you did not pass when you took them.

Click on the blue button at the top left :
CLICK HERE TO CHANGE COURSE REQUESTS

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Graduation Status Summary

Subject Area	Required	Completed	In Progress	Credit for Requested Courses	Remaining
Geography	5.000	5.000	0.000	0.000	0.000
World History	10.000	10.000	0.000	0.000	0.000



To add a course, input the Course ID (can be found on the Course Selection worksheet) or the Course Title in the search box.

Search Courses				
Action	Ln	Course ID	Course Title	Credit
		Q	Q	

DO NOT USE THE ENTER/RETURN KEY TO CHOOSE COURSES. ONLY USE THE ADD REQUEST AND ADD ALTERNATE BUTTONS!

Click on **Add Request** to add the course

Search Courses				
Action	Ln	Course ID	Course Title	Credit
		Q	Q AP English	
Add Request		Add Alternate	1	02340
			AP English 12: Literature & Composition	10.000

DO NOT USE THE ENTER/RETURN KEY TO CHOOSE COURSES. ONLY USE THE ADD REQUEST AND ADD ALTERNATE BUTTONS!

Be sure to add enough courses to ensure that you will have **80 credits**. If you plan to take a zero period class, your Total credits should be 90.

Selected Course Requests

Action	Ln	Department	Course ID	Course Title	Elective	College Prep	Credit	Comment
▸ <input type="button" value="✕ Remove"/>	1	Career Technical Education	12412	Adolescent Development	Yes		5.000	
▸ <input type="button" value="✕ Remove"/>	2	Career Technical Education	12500	General Business	Yes		10.000	
▸ <input type="button" value="✕ Remove"/>	3	Electives	07531	Life After High School	Yes		5.000	
▸ <input type="button" value="✕ Remove"/>	4	English	02300A	English 12		Yes	5.000	
▸ <input type="button" value="✕ Remove"/>	5	English	02300B	English 12		Yes	5.000	
▸ <input type="button" value="✕ Remove"/>	6	History/Social Science	01310	American Government		Yes	5.000	
▸ <input type="button" value="✕ Remove"/>	7	History/Social Science	01420	Economics		Yes	5.000	
▸ <input type="button" value="✕ Remove"/>	8	Mathematics	03040	Pre-Calculus		Yes	10.000	
▸ <input type="button" value="✕ Remove"/>	9	Science	04209	AP Chemistry		Yes	10.000	
▸ <input type="button" value="✕ Remove"/>	10	Visual/Performing Arts	06130	Ceramics III		Yes	10.000	
▸ <input type="button" value="✕ Remove"/>	11	World Language	05120	French II		Yes	10.000	
Total							80.000	

Selected Alternate Course Requests

Action	Ln	Department	Course ID	Course Title	Elective	College Prep	Credit	Comment
▸ <input type="button" value="✕ Remove"/>	1	Visual/Performing Arts	06313	Piano Lab		Yes	10.000	
▸ <input type="button" value="✕ Remove"/>	2	Visual/Performing Arts	06210	Photography I		Yes	10.000	
▸ <input type="button" value="✕ Remove"/>	3	History/Social Science	01601	Psychology I	Yes	Yes	5.000	



Alternate course requests are **required** to complete your schedule request. Alternates are used in case of schedule conflicts. Choose a minimum of 50 credits of alternate courses.

Selected Alternate Course Requests

Action	Ln	Course ID	Course Title	Credit	Comment
▶ <input type="button" value="Remove"/>	1	06120	Ceramics II	10.000	
▶ <input type="button" value="Remove"/>	2	01620	AP Psychology	10.000	
▶ <input type="button" value="Remove"/>	3	07509	Teacher Assistant	5.000	
▶ <input type="button" value="Remove"/>	4	12111	Computer Tech	5.000	
Total				30.000	

WHEN COMPLETED CLICK ON “SAVE/
RETURN TO COURSE REQUEST SUMMARY”
TO SAVE YOUR COURSE SELECTIONS.

***This is how you “SAVE” your request.
BE SURE to SAVE!!!!***

Sheldon High School (916-681-7500)
2021-2022 School Year, Grade: 12

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 Course requests are locked in

Save/Return to course request summary



Selected Course Requests

Action	Ln	Department	Course ID	Course Title	Elective	College Prep	Credit	Comment
	1	Mathematics	03040	Pre-Calculus		Yes	10.000	



HAVE QUESTIONS?



PLEASE MAKE SURE TO CHECK OUT OUR
FAQ HANDOUT AND THE
INSTRUCTIONAL HANDOUT



[Course Selection FAQ Handout](#)



[Course Selection Instructional Handout](#)



STUDENTS CAN COME SEE THEIR COUNSELOR
DURING LUNCH OR AFTER SCHOOL



!!!! REMINDER !!!!!

- The DEADLINE to complete the online course request and the Course Selection Form is February 2nd at 4PM.
- Give the top copy of your form to your counselor by the deadline

