

 **BREAKFAST**

 **LUNCH**

# JULY 2026-SSO

## RED BLUFF UNION ELEMENTARY

All Children 18 &  
under FREE  
Breakfast and Lunch Daily

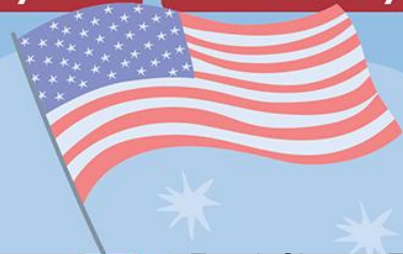
**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**6**  
Buttermilk Bar  
Mini Corn Dogs  
Baked Beans  
Cucumber Slices  
Applesauce Cup

**7**  
Egg & Cheese English Muffin  
Cheeseburger  
Shredded Lettuce  
Crinkle Fries  
Watermelon

**8**  
Confetti Pancake  
Orange Chicken  
Rice  
Broccoli  
Nectarines

**9**  
Pancake Sausage Stick  
Beef Chalupa  
Celebration Cookie  
Baby Carrots  
Peaches

**10**  
Concha  
BBQ Hot Dog  
Chips  
Corn on the Cobb  
Red White & Cool Icee

**Meals At METTEER 13**  
**July 13-31<sup>st</sup>**  
Assorted Frudels  
Grilled Cheese Sandwich  
Carrot Sticks & Ranch  
Applesauce Cup

**14**  
Maple Waffles  
Pollo Verde Burrito  
Chips  
Corn on the Cobb  
Nectarine

**15**  
Breakfast Pizza  
Turkey & Cheese  
Sandwich  
Shredded Lettuce  
Veggie Dippers & Ranch  
Fruit Choice

**16**  
Egg Bites & 1/2 English Muffin  
Mini Round Pizza  
Green Salad  
Bug Bites Crackers  
Sidekicks Frozen Treat

**17**  
French Toast Sticks  
Chicken Strip  
Aloha Roll  
Ranch Beans  
Coastal Crush Icee

**20**  
Pancake Sausage Stick  
Popcorn Chicken  
Fresh Cauliflower & Ranch  
Waffle Fries  
Sun Chips  
Fresh Fruit

**21**  
Blueberry Bash Waffle  
Beefy Nachos  
Garden Salad  
Refried Beans  
Red White & Cool Icee

**22**  
Chocolate Chip Muffin Top  
Corn Dog  
Spiral Fries  
Grape Tomatoes  
Peaches

**23**  
Breakfast Sandwich  
Sausage & Cheese  
Teriyaki Chicken & Rice  
Cooked Corn  
Chocolate Chip Crisps  
Applesauce Cup

**24**  
Cinnamon Crumble Muffin  
French Bread Pizza  
Veggie Dippers & Ranch  
Rice Krispy Treat  
Blue Raspberry Icee

**27**  
Confetti Pancakes  
Turkey & Cheese  
Sandwich  
Shredded Lettuce  
Veggie Dippers & Ranch  
Fruit Choice

**28**  
Breakfast Wrap  
Chicken Sandwich  
Crinkle Fries  
Cucumber Slices  
Peaches

**29**  
Mini Bagel Sausage & Cheese  
Strawberry Uncrustable & String Cheese  
Chips  
Baby Carrots & Ranch  
Coastal Crush Icee

**30**  
Tornado  
Rib-B-Que  
Waffle Fries  
Baked Beans  
Fruit Choice

**31**  
Buttermilk Bar  
**Cook's Choice Day**  
Red White & Cool Icee

**No Meals 3**  
  
**4<sup>th</sup> of July Holiday**

**Breakfast includes:** Milk Choice & Fruit

**Lunch's include:** Milk Choices, Fruit and Vegetables

Menu subject to change

**This Institution is an Equal Opportunity Provider**