

BREAKFAST



OCTOBER 2026



**GRADES
5 - 12**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HAM & CHEESE BAGEL* SCONE* PARFAIT*	6 BREAKFAST PIZZA* BREAKFAST ENERGY BITES* PARFAIT*	7 BREAKFAST BURRITO* PLAIN BAGEL & CREAM CHEESE PARFAIT*	8 PANCAKES & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	9 SAUSAGE, EGG & CHEESE BAGEL* BANANA BREAD SLICE PARFAIT*
12 HAM & CHEESE CROISSANT* WAFFLE PARFAIT*	13 PANCAKES & SAUSAGE LINKS* SCONE* PARFAIT*	14 BREAKFAST BURRITO* PLAIN BAGEL & CREAM CHEESE PARFAIT*	15 FRENCH TOAST CASSEROLE & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	16 SAUSAGE & CHEESE BISCUIT* BENEFIT BAR PARFAIT*
19 HAM AND CHEESE BAGEL* BENEFIT BAR PARFAIT*	20 SHEET PANCAKE & SAUSAGE PATTY* CEREAL PARFAIT*	21 BREAKFAST BURRITO* BUTTERMILK BAR PARFAIT*	22 FRENCH TOAST STICKS & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	23 SAUSAGE, EGG & CHEESE CROISSANT* MINI DONUTS PARFAIT*
26 HAM & CHEESE CROISSANT* BENEFIT BAR PARFAIT*	27 CINNAMON ROLL* PLAIN BAGEL & CREAM CHEESE PARFAIT*	28 BREAKFAST BURRITO* CONCHA, VARIETY PARFAIT*	29 FRENCH TOAST CASSEROLE & SAUSAGE LINKS* WUSD MUFFIN* PARFAIT*	30 PANCAKE SANDWICH* SCONE* PARFAIT*
All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.	<u>Breakfast Includes:</u> - Choice of 1% low-fat white milk or fat-free chocolate milk - Choice of two 1/2-cup servings of fruit	Dietary meal accommodations and food allergy modifications are available upon request. Please complete a CNP-925 form and return it to your school nurse.	<u>Adult Meals</u> Breakfast \$4.50 Lunch \$6.00	Made/Assembled In-House* Menu is Subject to Change. This institution is an equal opportunity provider.



LUNCH



OCTOBER 2026



**GRADES
9 - 12**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 CHEESE QUESADILLA* SPICY CHICKEN SANDWICH* CORN DOG PIZZA	6 WALKING TACO* BEAN & CHEESE BURRITO* PIZZA SPICY CHICKEN TENDER WRAP*	7 LASAGNA & DINNER ROLL* SPICY CHICKEN SANDWICH* CORN DOG PIZZA	8 ORANGE CHICKEN & RICE* GRILLED CHEESE SANDWICH* PIZZA BEEF & CHEESE TACO STICK	9 ITALIAN SUB* SPICY CHICKEN SANDWICH* CORN DOG PIZZA
12 SPICY CHICKEN SANDWICH* PIZZA CORN DOG HONEY BBQ RIB PORK SANDWICH*	13 BEAN & CHEESE BURRITO* PIZZA HAM & CHEESE SUB* BAGEL DOG*	14 SPAGHETTI* SPICY CHICKEN SANDWICH* CORN DOG PIZZA	15 GRILLED HAM & CHEESE SANDWICH* PIZZA BBQ CHICKEN & DINNER ROLL* BEEF & CHEESE TACO STICK	16 CHEESEBURGER* SPICY CHICKEN SANDWICH* CORN DOG PIZZA
19 CHEESEBURGER* SPICY CHICKEN SANDWICH* CORN DOG PIZZA	20 POZOLE & CHIPS* BEAN & CHEESE BURRITO* PIZZA ITALIAN SUB*	21 MACARONI & CHEESE* SPICY CHICKEN SANDWICH* CORN DOG PIZZA	22 GRILLED CHEESE SANDWICH* PIZZA BEEF & CHEESE STICK HOT WINGS*	23 SPICY CHICKEN SANDWICH CORN DOG CHEESEBURGER* FRENCH BREAD PIZZA
26 SPICY CHICKEN PATTY* PIZZA TURKEY & CHEESE CROISSANT* CORN DOG	27 BEAN & CHEESE BURRITO* PIZZA CHICKEN QUESADILLA* BLT CLUB WRAP*	28 CHICKEN ALFREDO* SPICY CHICKEN SANDWICH* PIZZA CORN DOG	29 TERIYAKI DUNKERS & RICE* GRILLED HAM & CHEESE SANDWICH* PIZZA BEEF & CHEESE TACO STICK	30 NACHOS* SPICY CHICKEN SANDWICH* PIZZA CORN DOG
All Willows Unified School District (WUSD) students receive one free breakfast & lunch daily.	Lunch Includes: - Choice of 1% Low-Fat White Milk or Fat-Free Chocolate Milk ¾-cup serving of Vegetables ½-cup serving of Fruit - Salad Bar	Dietary meal accommodations and food allergy modifications are available upon request. Please complete a CNP-925 form and return it to your school nurse.	<u>Adult Meals</u> Breakfast \$4.50 Lunch \$6.00	Made/Assembled In-House* Menu is Subject to Change. This institution is an equal opportunity provider.

