

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                          |                      |               |     |
|--------------------------|----------------------|---------------|-----|
| Menu Name:               | ELEMENTARY LUNCH K-5 | Include Cost: | Yes |
| Site:                    |                      |               |     |
| Use Alternate Menu Name: | No                   |               |     |

Monday - 11/02/2026                      Reimbursable Meal Total 3000

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003393 POCKET PEPPERONI STUFFED SANDWICH (SCHWANS) 4.46OZ | EACH         | 1500      | 300                      | 5.00                   | 590                    | 5.00             | 1.00                          | 12.00     | 0.00       | 30          | 31.00    | 3.00      | 19.00     | 70              | 240.0                  | 0.00       | 2.70      | \$164.178 |
| 002677 SANDWICH, GRILLED CHEESE                           | EACH         | 1500      | 317                      | 10.33                  | 1208                   | *2.00            | *0.00                         | 21.33     | *0.00      | 50          | 23.00    | 3.00      | 15.00     | *N/A*           | 296.0                  | *0.00      | 1.20      | \$107.767 |
| 003486 VEGETABLE FROZEN MIX 4 WAY (30#)                   | #8 SCOOP     | 3000      | 39                       | 0.00                   | 31                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 8.47     | 1.54      | 1.54      | *N/A*           | 16.9                   | *N/A*      | 0.77      | \$61.589  |
| 001983 VEG, GARBANZO BEANS                                | #8 SCOOP     | 2000      | 130                      | 0.00                   | 110                    | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 21.00    | 4.00      | 7.00      | *N/A*           | 20.0                   | *N/A*      | 1.40      | \$182.370 |
| 002481 SALAD, SPINACH & ROMAINE                           | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000   |
| 000450 VEG, CARROTS BABY                                  | BAG          | 2000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1                   | 6.19       | 0.66      | \$0.000   |
| 002587 FRUIT, DRIED CRANBERRIES                           | SERVING      | 1000      | 92                       | 0.00                   | 2                      | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 002752 FRUIT, RAISINS UNSWEETENED                         | BOX          | 1000      | 114                      | 0.00                   | 4                      | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 003411 APPLESAUCE FANCY (SYSCO)                           | #8 SCOOP     | 2000      | 90                       | 0.00                   | 0                      | 5.00             | 5.00                          | 0.00      | 0.00       | 0           | 24.00    | 3.00      | 0.00      | *N/A*           | 7.0                    | *N/A*      | 0.00      | \$270.115 |
| 002058 FRUIT, APPLE FRESH WHOLE                           | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                               | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                               | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                                      | CARTON       | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                             | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 2000      | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 875          | 7.76       | 1275       | *62.41           | *9.25             | 17.80     | *0.00      | 51          | 144.56   | 15.25     | 40.64     | *36             | *893.9     | *44.42     | *5.00     | \$506.355 |
| % of Calories                                 |              |           |              | 7.98%      |            | *28.53 %         | *4.23%            | 18.3%     | *0.0%      |             | 66.1%    |           | 18.6%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Tuesday - 11/03/2026

Reimbursable Meal Total 3000

|                                        | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001488 CHICKEN, ORANGE MANDARIN NOODLE | SERVING         | 1500      | 353          | 0.33       | 515        | *11.23           | *11.23            | 7.94      | *0.00      | 41          | 55.57    | 3.45      | 18.22     | *N/A*           | 28.2       | *0.08      | 3.07      | \$702.628 |
| 001035 EGG ROLL, VEGETABLE             | SERVING 2 EACH  | 1500      | 260          | 1.00       | 400        | 6.00             | 2.00              | 8.00      | 0.00       | 0           | 42.00    | 6.00      | 8.00      | 0               | 60.0       | 0.00       | 2.00      | \$19.820  |
| 000687 RICE, WHITE STEAMED             | .5 CUP          | 1500      | 102          | 0.05       | 8          | 0.04             | *0.00             | 0.20      | *0.00      | 0           | 22.26    | 0.32      | 2.12      | *0              | 15.1       | *0.00      | 0.95      | \$58.743  |
| 002476 VEG, BROCCOLI STEAMED           | .5 CUP          | 3000      | 26           | 0.00       | 22         | 1.00             | *N/A*             | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 000607 COOKIE, FORTUNE                 | COOKIE          | 3000      | 18           | 0.00       | 2          | 1.64             | *N/A*             | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.371   |
| 002481 SALAD, SPINACH & ROMAINE        | 1EA #8 SCOOP    | 2000      | 7            | 0.01       | 14         | *N/A*            | *N/A*             | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY | #8 SCOOP        | 2000      | 130          | 1.50       | 250        | 0.00             | 0.00              | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 1.60      | \$0.000   |
| 002197 VEG, KIDNEY BEANS               | 1/2 CUP#8 SCOOP | 2000      | 104          | 0.00       | 140        | 2.00             | *N/A*             | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$12.868  |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | CalcM (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001358 VEG, BROC CHERRY TOM                   | .5 CUP       | 2000      | 28           | 0.00       | 12         | *N/A*            | *N/A*             | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*           | 15.0       | 43.56      | 0.45      | \$0.000   |
| 000438 FRUIT, PEAR CANNED USDA                | #8 SCOOP     | 2000      | 60           | 0.00       | 5          | 11.99            | *N/A*             | 0.00      | 0.00       | 0           | 16.00    | 2.00      | 0.00      | *N/A*           | 0.0        | 1.19       | 0.00      | \$12.466  |
| 001355 FRUIT, STRAWBERRY                      | 1/2 cup      | 1000      | 23           | 0.01       | 1          | 3.52             | 0.00              | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1               | 11.5       | 42.34      | 0.30      | \$0.000   |
| 003503 MANGO PIECES (FRESH 3OZ PACK)          | 1/2 CUP      | 1000      | 47           | 0.00       | 0          | 11.30            | 0.00              | 0.00      | 0.00       | 0           | 12.70    | 1.30      | 0.70      | 45              | 9.0        | 30.00      | 0.13      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 1500      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 855          | 1.79       | 908        | *53.45           | *8.53             | 12.94     | *0.00      | 28          | 157.44   | 20.52     | 36.17     | *16             | *424.7     | *94.27     | *5.37     | \$414.993 |
| % of Calories                                 |              |           |              | 1.88%      |            | *25.01 %         | *3.99%            | 13.6%     | *0.0%      |             | 73.7%    |           | 16.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Wednesday - 11/04/2026      Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003500 SMASHED BACON CHEESE BURGER          | EACH         | 1500      | 435          | 9.50       | 860        | 3.00             | *0.00             | 153.50    | *0.00      | 82          | 28.00    | 4.00      | 28.50     | *N/A*           | 114.0      | *0.00      | *2.65     | \$88.700  |
| 003391 VEGGIE BURGER, BLACK BEAN            | EACH         | 1500      | 340          | 1.00       | 720        | 6.00             | *1.00             | 9.50      | 0.00       | 0           | 52.00    | 10.00     | 17.00     | *N/A*           | *48.0      | *0.00      | *1.00     | \$0.622   |
| 002987 POTATO MCCAIN REG CRINKLE FRY        | SERVINGS     | 3000      | 120          | 0.50       | 35         | 0.00             | *N/A*             | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0       | 0.00       | 0.30      | \$0.000   |
| 003064 LETTUCE GREEN LEAF                   | 1/2 cup      | 2000      | 4            | 0.00       | 7          | 0.19             | 0.00              | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6        | 2.21       | 0.21      | \$0.000   |
| 000042 VEG, PICKLES DILL                    | 8 each       | 2000      | 5            | 0.00       | 390        | *N/A*            | *N/A*             | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$27.112  |
| 000776 VEG, TOMATO FRESH                    | 4 SLICES     | 2000      | 16           | 0.00       | 4          | *N/A*            | *N/A*             | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4        | 11.51      | 0.27      | \$0.000   |
| 002279 VEG, ONION SLICED (PURPLE)           | 2 SLICES     | 2000      | 36           | 0.00       | 9          | *N/A*            | *N/A*             | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7       | 5.44       | 0.30      | \$0.000   |
| 000419 FRUIT, MIXED USDA                    | #8 SCOOP     | 2000      | 60           | 0.00       | 10         | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.00    | 0.00      | 0.00      | *N/A*           | 0.0        | 0.80       | 0.00      | \$12.667  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                        | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON       | 1500      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940 |
| Weighted Daily Average                        |              |           | 799          | 5.84       | 1247       | *32.53           | *2.42             | 87.67     | *0.00      | *49         | 122.42   | 12.93     | 35.21     | *60             | *458.3     | *47.01     | *3.08     | \$78.317 |
| % of Calories                                 |              |           |              | 6.58%      |            | *16.29 %         | *1.21%            | 98.8%     | *0.0%      |             | 61.3%    |           | 17.6%     |                 |            |            |           |          |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |          |

Thursday - 11/05/2026

Reimbursable Meal Total 3000

|                                                   | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003498 LASAGNA, SHEET PAN BEEF (2 NOODLE LAYERS)  | SERVINGS     | 1500      | 341          | 4.15       | 379        | *0.29            | *0.22             | 9.40      | *0.00      | 33          | 46.28    | 4.04      | 22.37     | *0              | 22.6       | 2.84       | 2.19      | \$3.596   |
| 003220 MAC & CHEESE JTM (W/MILK)                  | 6 OZ SERVING | 1500      | 327          | 9.02       | 793        | 4.13             | *N/A*             | 16.19     | 0.00       | 47          | 29.21    | 2.00      | 15.75     | *N/A*           | 398.1      | 0.09       | 1.00      | \$309.917 |
| 003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)        | 1 EACH       | 1500      | 70           | 0.00       | 90         | 1.00             | *N/A*             | 0.50      | 0.00       | 0           | 13.00    | 1.00      | 3.00      | *N/A*           | 14.0       | 0.00       | 1.00      | \$0.000   |
| 003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED | #8 SCOOP     | 3000      | 27           | 0.00       | 43         | 3.00             | *N/A*             | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 0.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$7.339   |
| 002481 SALAD, SPINACH & ROMAINE                   | 1EA #8 SCOOP | 2000      | 7            | 0.01       | 14         | *N/A*            | *N/A*             | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |
| 001800 VEG, CARROT & CELERY STICKS                | SERVING      | 2000      | 33           | 0.00       | 68         | *0.00            | *N/A*             | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*           | 17.0       | 3.40       | 0.20      | \$0.000   |
| 003468 PEANUT BUTTER CUP 1.1 OZ                   | CONTAINER    | 2000      | 180          | 3.00       | 130        | 3.00             | 2.00              | 14.99     | 0.00       | 0           | 8.00     | 2.00      | 7.00      | *N/A*           | 16.0       | *N/A*      | 0.50      | \$1.411   |
| 002957 PEPPERONCINI WHOLE                         | SERVING (3)  | 2000      | 5            | 0.00       | 620        | 0.00             | *N/A*             | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0      | 0.00       | 0.00      | \$33.156  |
| 002009 VEG, BELL PEPPER STICKS                    | CUP          | 2000      | 24           | 0.00       | 2          | *N/A*            | *N/A*             | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*           | 0.0        | 80.76      | 0.00      | \$0.000   |
| 000415 FRUIT, PEACHES CAN USDA                    | #8 SCOOP     | 2000      | 60           | 0.00       | 5          | 13.00            | *N/A*             | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*           | 6.0        | 3.80       | 0.00      | \$12.667  |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 1500      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 812          | 8.68       | 1375       | *44.28           | *3.36             | 24.29     | *0.00      | 48          | 115.35   | 14.45     | *37.01    | *1              | *766.2     | *100.40    | *3.41     | \$202.722 |
| % of Calories                                 |              |           |              | 9.62%      |            | *21.81 %         | *1.66%            | 26.9%     | *0.0%      |             | 56.8%    |           | *18.2%    |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Friday - 11/06/2026

Reimbursable Meal Total 3000

|                                                    | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALE     | 1500      | 309          | 6.53       | 622        | 1.06             | 0.00              | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*           | 202.6      | 3.59       | 1.37      | \$26.052  |
| 003431 QUESADILLA, MOZZARELLA CHEESE               | EACH         | 1500      | 696          | 17.71      | 1818       | *0.00            | *0.00             | 28.82     | *0.00      | 81          | 44.11    | 1.00      | 61.75     | *N/A*           | 160.0      | *0.00      | 2.30      | \$118.101 |
| 002673 VEG, CORN CANNED - SYSCO                    | #8 SCOOP     | 3000      | 54           | 0.00       | 152        | 5.42             | *N/A*             | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$136.438 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                                    | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003347 LETTUCE SHREDDED (1/4") FRESH               | SERVINGS       | 2000      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0                   | *N/A*      | 0.36      | \$0.000   |
| 003348 SALSA MILD RED GOLD (SYSCO)                 | SERVING 2 TBSP | 2000      | 40                       | 0.00                   | 280                    | 4.00             | 4.00                          | 0.00      | 0.00       | 0           | 8.00     | 4.00      | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.00      | \$173.939 |
| 000777 VEG, OLIVES SLICE                           | .25 CUP        | 2000      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$86.456  |
| 003159 BAR, BLACK BEAN SPICY (COLD)                | #8 SCOOP       | 2000      | 110                      | 0.00                   | 337                    | *0.17            | *0.17                         | 0.00      | *0.00      | 0           | 20.24    | 8.02      | 7.02      | *N/A*           | 35.3                   | *2.69      | *1.92     | \$13.643  |
| 003137 CUCUMBER RAW                                | 1/2C SERVING   | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 003427 CHEESE CHEDDAR MILD FEATHER SHREDDED YELLOW | SERVING        | 2000      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 0.00     | 0.00      | 6.00      | *N/A*           | 200.0                  | *N/A*      | 0.00      | \$58.658  |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING   | 2000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0                   | 5806.00    | 0.05      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH         | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                        | EACH           | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                        | EACH           | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                               | CARTON         | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON         | 1500      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                     | CARTON         | 500       | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING        | 100       | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 1036         | 15.54      | 2239       | *44.83           | *4.70             | 32.32     | *0.00      | 96          | 118.76   | 16.28     | 60.59     | *1              | *708.2     | *3907.97   | *3.83     | \$437.449 |
| % of Calories                                 |              |           |              | 13.50 %    |            | *17.31 %         | *1.81%            | 28.1%     | *0.0%      |             | 45.9%    |           | 23.4%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Monday - 11/09/2026

Reimbursable Meal Total 3000

|                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001862 PIZZA PEPPERONI 5" WG (WILD MIKES) | EACH         | 1500      | 417          | 8.13       | 640        | 5.08             | 0.00              | 17.28     | 0.00       | 41          | 36.60    | 1.02      | 19.32     | *N/A*           | 374.1      | 6.10       | 2.03      | \$407.387 |
| 001861 PIZZA CHEESE 5" WG (WILD MIKES)    | EACH         | 1500      | 360          | 8.00       | 510        | 4.00             | *N/A*             | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*           | 450.0      | 6.00       | 2.70      | \$344.443 |
| 003486 VEGETABLE FROZEN MIX 4 WAY (30#)   | #8 SCOOP     | 3000      | 39           | 0.00       | 31         | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 8.47     | 1.54      | 1.54      | *N/A*           | 16.9       | *N/A*      | 0.77      | \$61.589  |
| 001983 VEG, GARBANZO BEANS                | #8 SCOOP     | 2000      | 130          | 0.00       | 110        | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 21.00    | 4.00      | 7.00      | *N/A*           | 20.0       | *N/A*      | 1.40      | \$182.370 |
| 002481 SALAD, SPINACH & ROMAINE           | 1EA #8 SCOOP | 2000      | 7            | 0.01       | 14         | *N/A*            | *N/A*             | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |
| 000450 VEG, CARROTS BABY                  | BAG          | 2000      | 26           | 0.00       | 57         | *N/A*            | *N/A*             | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1       | 6.19       | 0.66      | \$0.000   |
| 002587 FRUIT, DRIED CRANBERRIES           | SERVING      | 1000      | 92           | 0.00       | 2          | 22.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 002752 FRUIT, RAISINS UNSWEETENED         | BOX          | 1000      | 114          | 0.00       | 4          | 23.00            | *N/A*             | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 003411 APPLESAUCE FANCY (SYSCO)           | #8 SCOOP     | 2000      | 90           | 0.00       | 0          | 5.00             | 5.00              | 0.00      | 0.00       | 0           | 24.00    | 3.00      | 0.00      | *N/A*           | 7.0        | *N/A*      | 0.00      | \$270.115 |
| 002058 FRUIT, APPLE FRESH WHOLE           | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH               | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 2000      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 2000      | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 955          | 8.16       | 951        | *63.45           | *8.75             | 18.27     | *0.00      | 48          | 152.86   | 14.26     | 43.29     | *1              | *1037.9    | *50.47     | *5.42     | \$746.297 |
| % of Calories                                 |              |           |              | 7.69%      |            | *26.58 %         | *3.66%            | 17.2%     | *0.0%      |             | 64.0%    |           | 18.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Tuesday - 11/10/2026

Reimbursable Meal Total 3000

|                                                   | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS | SERVINGS     | 1500      | 330          | 1.33       | 689        | *9.00            | *9.00             | 8.38      | *0.00      | 70          | 45.16    | 3.45      | 22.00     | *N/A*           | 28.0       | *0.08      | 3.06      | \$118.206 |
| 002979 TOFU TERI WITH NOODLES                     | HEAPING #16  | 1500      | 718          | 4.34       | 6005       | *35.21           | *35.21            | 36.60     | *0.00      | 0           | 84.17    | 4.32      | 22.35     | *0              | 81.6       | 0.12       | 5.65      | \$332.969 |
| 002476 VEG, BROCCOLI STEAMED                      | .5 CUP       | 3000      | 26           | 0.00       | 22         | 1.00             | *N/A*             | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 000607 COOKIE, FORTUNE                            | COOKIE       | 3000      | 18           | 0.00       | 2          | 1.64             | *N/A*             | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.371   |
| 002481 SALAD, SPINACH & ROMAINE                   | 1EA #8 SCOOP | 2000      | 7            | 0.01       | 14         | *N/A*            | *N/A*             | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY        | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 1.60      | \$0.000   |
| 002197 VEG, KIDNEY BEANS                      | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.868  |
| 001358 VEG, BROC CHERRY TOM                   | .5 CUP          | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*                         | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*           | 15.0                   | 43.56      | 0.45      | \$0.000   |
| 000438 FRUIT, PEAR CANNED USDA                | #8 SCOOP        | 2000      | 60                       | 0.00                   | 5                      | 11.99            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 1.19       | 0.00      | \$12.466  |
| 001355 FRUIT, STRAWBERRY                      | 1/2 cup         | 1000      | 23                       | 0.01                   | 1                      | 3.52             | 0.00                          | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1               | 11.5                   | 42.34      | 0.30      | \$0.000   |
| 003503 MANGO PIECES (FRESH 3OZ PACK)          | 1/2 CUP         | 1000      | 47                       | 0.00                   | 0                      | 11.30            | 0.00                          | 0.00      | 0.00       | 0           | 12.70    | 1.30      | 0.70      | 45              | 9.0                    | 30.00      | 0.13      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH            | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON          | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON          | 1500      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON          | 500       | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING         | 100       | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING         | 100       | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |                 |           | 1022                     | 3.93                   | 3793                   | *66.92           | *24.02                        | 27.36     | *0.00      | 42          | 162.19   | 19.52     | 44.17     | *16             | *427.8                 | *94.34     | *6.71     | \$249.984 |
| % of Calories                                 |                 |           |                          | 3.46%                  |                        | *26.19 %         | *9.40%                        | 24.1%     | *0.0%      |             | 63.5%    |           | 17.3%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |                 |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Thursday - 11/12/2026

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                             | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003303 STEAK SALISBURY WITH BROWN GRAVY     | STEAK PATTIES | 1500      | 200                      | 5.00                   | 928                    | *1.00            | *1.00                         | 13.93     | *0.00      | 40          | 8.72     | 1.00      | 12.13     | *N/A*           | 33.2                   | *0.00      | 1.40      | \$17.368  |
| 000687 RICE, WHITE STEAMED                  | .5 CUP        | 1500      | 102                      | 0.05                   | 8                      | 0.04             | *0.00                         | 0.20      | *0.00      | 0           | 22.26    | 0.32      | 2.12      | *0              | 15.1                   | *0.00      | 0.95      | \$58.743  |
| 002763 SANDWICH, VEGGIE STACKER             | SANDWICH      | 1500      | 358                      | 10.00                  | 1274                   | *3.00            | *0.00                         | 20.50     | *0.00      | 50          | 32.75    | 4.46      | 17.46     | *N/A*           | 315.3                  | *3.70      | 1.36      | \$105.068 |
| 003434 VEG, GREEN BEANS (SYSCO)             | #8 SCOOP      | 2000      | 20                       | 0.00                   | 290                    | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 30.0                   | *N/A*      | 0.80      | \$167.156 |
| 002481 SALAD, SPINACH & ROMAINE             | 1EA #8 SCOOP  | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000   |
| 001800 VEG, CARROT & CELERY STICKS          | SERVING       | 2000      | 33                       | 0.00                   | 68                     | *0.00            | *N/A*                         | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*           | 17.0                   | 3.40       | 0.20      | \$0.000   |
| 003468 PEANUT BUTTER CUP 1.1 OZ             | CONTAINER     | 2000      | 180                      | 3.00                   | 130                    | 3.00             | 2.00                          | 14.99     | 0.00       | 0           | 8.00     | 2.00      | 7.00      | *N/A*           | 16.0                   | *N/A*      | 0.50      | \$1.411   |
| 002957 PEPPERONCINI WHOLE                   | SERVING (3)   | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0                  | 0.00       | 0.00      | \$33.156  |
| 002009 VEG, BELL PEPPER STICKS              | CUP           | 2000      | 24                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*           | 0.0                    | 80.76      | 0.00      | \$0.000   |
| 000415 FRUIT, PEACHES CAN USDA              | #8 SCOOP      | 2000      | 60                       | 0.00                   | 5                      | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*           | 6.0                    | 3.80       | 0.00      | \$12.667  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH        | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH          | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH          | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                        | CARTON        | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON        | 1500      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON        | 500       | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING       | 100       | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 760          | 9.62       | 1999       | *40.59           | *3.75             | 28.56     | *0.00      | 52          | 98.97    | 12.48     | *32.97    | *1              | *750.7     | *100.78    | *3.71     | \$240.653 |
| % of Calories                                 |              |           |              | 11.39 %    |            | *21.36 %         | *1.97%            | 33.8%     | *0.0%      |             | 52.1%    |           | *17.4%    |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Friday - 11/13/2026

Reimbursable Meal Total 3000

|                                                    | Portion Size   | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002730 QUESADILLA CHICKEN 10" WG                   | EACH           | 1500      | 380          | 7.40       | 1232       | *0.00            | *0.00             | 16.56     | *0.00      | 67          | 38.54    | 1.00      | 20.08     | *N/A*           | 326.0      | *8.64      | 2.95      | \$155.420 |
| 003075 BURRITO BEAN AND CHEESE LOS CABOS           | 1 BURRITO      | 1500      | 321          | 3.54       | 475        | 1.75             | 0.00              | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*           | 171.1      | 1.64       | 3.85      | \$11.430  |
| 002673 VEG, CORN CANNED - SYSCO                    | #8 SCOOP       | 3000      | 54           | 0.00       | 152        | 5.42             | *N/A*             | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$136.438 |
| 003347 LETTUCE SHREDDED (1/4") FRESH               | SERVINGS       | 2000      | 15           | 0.00       | 10         | 0.00             | *N/A*             | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0       | *N/A*      | 0.36      | \$0.000   |
| 003348 SALSA MILD RED GOLD (SYSCO)                 | SERVING 2 TBSP | 2000      | 40           | 0.00       | 280        | 4.00             | 4.00              | 0.00      | 0.00       | 0           | 8.00     | 4.00      | 0.00      | *N/A*           | 0.0        | *N/A*      | 0.00      | \$173.939 |
| 000777 VEG, OLIVES SLICE                           | .25 CUP        | 2000      | 60           | 0.00       | 280        | *N/A*            | *N/A*             | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$86.456  |
| 003159 BAR, BLACK BEAN SPICY (COLD)                | #8 SCOOP       | 2000      | 110          | 0.00       | 337        | *0.17            | *0.17             | 0.00      | *0.00      | 0           | 20.24    | 8.02      | 7.02      | *N/A*           | 35.3       | *2.69      | *1.92     | \$13.643  |
| 003137 CUCUMBER RAW                                | 1/2C SERVING   | 2000      | 8            | 0.00       | 1          | 0.90             | 0.00              | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 003427 CHEESE CHEDDAR MILD FEATHER SHREDDED YELLOW | SERVING        | 2000      | 110          | 5.00       | 180        | 0.00             | 0.00              | 9.00      | 0.00       | 30          | 0.00     | 0.00      | 6.00      | *N/A*           | 200.0      | *N/A*      | 0.00      | \$58.658  |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING   | 2000      | 60           | 0.00       | 1          | 11.40            | 0.00              | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0       | 5806.00    | 0.05      | \$0.000   |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON       | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 1500      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 500       | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 884                      | 8.89                   | 1873                   | *45.18           | *4.70                         | 23.71     | *0.00      | 68          | 123.87   | 19.01     | 39.48     | *1              | *775.5     | *3911.31   | *5.39     | \$448.797 |
| % of Calories                                 |              |           |                          | 9.05%                  |                        | *20.44 %         | *2.13%                        | 24.1%     | *0.0%      |             | 56.0%    |           | 17.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |           |           |                 |            |            |           |           |

Monday - 11/16/2026

Reimbursable Meal Total 3000

|                                                        | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|--------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003206 CHICKEN, TENDERS FULLY COOKED BREADED-2 PER SVG | 2 PIECES     | 1500      | 220                      | 2.00                   | 400                    | 2.00             | 2.00                          | 12.00     | 0.00       | 40          | 12.00    | 2.00      | 20.00     | *N/A*           | 0.0        | 0.00       | 2.00      | \$7.925   |
| 002847 PULL-APART ITALIAN GARLIC                       | PACKAGES     | 1500      | 304                      | 6.08                   | 527                    | 5.06             | *N/A*                         | 13.16     | 0.00       | 30          | 32.40    | 2.02      | 14.18     | *N/A*           | 344.3      | 0.00       | 1.82      | \$268.290 |
| 000866 POTATO, WEDGES                                  | .5 CUP       | 3000      | 84                       | 0.00                   | 100                    | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 2.00      | 2.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 001983 VEG, GARBANZO BEANS                    | #8 SCOOP     | 2000      | 130                      | 0.00                   | 110                    | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 21.00    | 4.00      | 7.00      | *N/A*           | 20.0                   | *N/A*      | 1.40      | \$182.370 |
| 002481 SALAD, SPINACH & ROMAINE               | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000   |
| 000450 VEG, CARROTS BABY                      | BAG          | 2000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1                   | 6.19       | 0.66      | \$0.000   |
| 002587 FRUIT, DRIED CRANBERRIES               | SERVING      | 1000      | 92                       | 0.00                   | 2                      | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 002752 FRUIT, RAISINS UNSWEETENED             | BOX          | 1000      | 114                      | 0.00                   | 4                      | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 003411 APPLESAUCE FANCY (SYSCO)               | #8 SCOOP     | 2000      | 90                       | 0.00                   | 0                      | 5.00             | 5.00                          | 0.00      | 0.00       | 0           | 24.00    | 3.00      | 0.00      | *N/A*           | 7.0                    | *N/A*      | 0.00      | \$270.115 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON       | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 2000      | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 874                      | 4.13                   | 908                    | *63.44           | *9.75                         | 13.72     | *0.00      | 46          | 150.29   | 14.72     | 41.18     | *1              | *781.1                 | *44.42     | *4.20     | \$446.901 |
| % of Calories                                 |              |           |                          | 4.25%                  |                        | *29.03 %         | *4.46%                        | 14.1%     | *0.0%      |             | 68.8%    |           | 18.8%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Tuesday - 11/17/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                        | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003339 RICE CHICKEN FRIED              | 3/4 Cup         | 1500      | 248                      | 0.38                   | 351                    | *0.88            | *0.38                         | 2.67      | *0.00      | 17          | 47.24    | 2.91      | 9.36      | *N/A*           | 17.4       | 3.60       | 1.11      | \$15.396  |
| 003418 EGGROLL, CHICKEN                | EACH            | 1500      | 150                      | 1.00                   | 500                    | 1.00             | 1.00                          | 5.00      | 0.00       | 10          | 20.00    | 2.00      | 6.00      | *N/A*           | *N/A*      | *N/A*      | 1.20      | \$10.106  |
| 003341 ASIAN TOFU WRAP                 | SERVINGS        | 1500      | 527                      | 4.50                   | 1751                   | *12.62           | *12.62                        | 22.38     | *0.00      | 0           | 66.70    | 5.00      | 18.10     | *N/A*           | 318.4      | 0.00       | 5.39      | \$151.543 |
| 002476 VEG, BROCCOLI STEAMED           | .5 CUP          | 3000      | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 000607 COOKIE, FORTUNE                 | COOKIE          | 3000      | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.371   |
| 003158 SALAD, SIDE VEGGIE              | 1 CUP           | 500       | 74                       | 0.02                   | 144                    | *3.21            | *N/A*                         | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*           | 29.0       | 13.30      | 0.54      | \$71.436  |
| 002481 SALAD, SPINACH & ROMAINE        | 1EA #8 SCOOP    | 1500      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 1.60      | \$0.000   |
| 002197 VEG, KIDNEY BEANS               | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$12.868  |
| 001358 VEG, BROC CHERRY TOM            | .5 CUP          | 2000      | 28                       | 0.00                   | 12                     | *N/A*            | *N/A*                         | 0.50      | *N/A*      | 0           | 5.52     | 0.50      | 1.50      | *N/A*           | 15.0       | 43.56      | 0.45      | \$0.000   |
| 000438 FRUIT, PEAR CANNED USDA         | #8 SCOOP        | 2000      | 60                       | 0.00                   | 5                      | 11.99            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 2.00      | 0.00      | *N/A*           | 0.0        | 1.19       | 0.00      | \$12.466  |
| 001355 FRUIT, STRAWBERRY               | 1/2 cup         | 1000      | 23                       | 0.01                   | 1                      | 3.52             | 0.00                          | 0.22      | 0.00       | 0           | 5.53     | 1.44      | 0.48      | 1               | 11.5       | 42.34      | 0.30      | \$0.000   |
| 003503 MANGO PIECES (FRESH 3OZ PACK)   | 1/2 CUP         | 1000      | 47                       | 0.00                   | 0                      | 11.30            | 0.00                          | 0.00      | 0.00       | 0           | 12.70    | 1.30      | 0.70      | 45              | 9.0        | 30.00      | 0.13      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE        | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH            | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH            | EACH            | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                   | CARTON          | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE          | CARTON          | 1500      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 971          | 4.04       | 1769       | *52.60           | *8.91             | 19.95     | *0.00      | 21          | 166.73   | 21.18     | 39.14     | *16             | *542.1     | *96.61     | *6.20     | \$124.825 |
| % of Calories                                 |              |           |              | 3.74%      |            | *21.67 %         | *3.67%            | 18.5%     | *0.0%      |             | 68.7%    |           | 16.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Wednesday - 11/18/2026

Reimbursable Meal Total 3000

|                                                        | Portion Size   | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|--------------------------------------------------------|----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002856 CORN DOG, MINI CHICK TYSON                      | SERVING (6)    | 1500      | 315          | 3.64       | 570        | 6.06             | *N/A*             | 16.98     | *N/A*      | 49          | 27.89    | 2.42      | 14.55     | *N/A*           | 24.3       | 0.00       | 1.75      | \$228.916 |
| 003492 CHEESE BITES MOZZARELLA (WILD MIKES FROM SYSCO) | SERVING (4 EA) | 1500      | 280          | 6.00       | 460        | 1.00             | 1.00              | 10.00     | 0.00       | 35          | 28.00    | 2.00      | 19.00     | *N/A*           | 453.0      | *N/A*      | 2.00      | \$19.227  |
| 002987 POTATO MCCAIN REG CRINKLE FRY                   | SERVINGS       | 3000      | 120          | 0.50       | 35         | 0.00             | *N/A*             | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0       | 0.00       | 0.30      | \$0.000   |
| 003064 LETTUCE GREEN LEAF                              | 1/2 cup        | 2000      | 4            | 0.00       | 7          | 0.19             | 0.00              | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6        | 2.21       | 0.21      | \$0.000   |
| 000042 VEG, PICKLES DILL                               | 8 each         | 2000      | 5            | 0.00       | 390        | *N/A*            | *N/A*             | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$27.112  |
| 000776 VEG, TOMATO FRESH                               | 4 SLICES       | 2000      | 16           | 0.00       | 4          | *N/A*            | *N/A*             | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4        | 11.51      | 0.27      | \$0.000   |
| 002279 VEG, ONION SLICED (PURPLE)                      | 2 SLICES       | 2000      | 36           | 0.00       | 9          | *N/A*            | *N/A*             | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7       | 5.44       | 0.30      | \$0.000   |
| 000419 FRUIT, MIXED USDA                               | #8 SCOOP       | 2000      | 60           | 0.00       | 10         | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.00    | 0.00      | 0.00      | *N/A*           | 0.0        | 0.80       | 0.00      | \$12.667  |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 1500      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 709          | 5.41       | 972        | *31.56           | *2.42             | 19.66     | *0.00      | *49         | 110.37   | 8.14      | 29.24     | *60             | *615.9     | *47.01     | *3.12     | \$157.728 |
| % of Calories                                 |              |           |              | 6.87%      |            | *17.81 %         | *1.37%            | 25.0%     | *0.0%      |             | 62.3%    |           | 16.5%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Thursday - 11/19/2026

Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|----------|
| 002010 TURKEY AND GRAVY SM BATCH      | #8 SCOOP     | 1500      | 122          | 0.60       | 1045       | *0.00            | *0.00             | 3.20      | *0.00      | 45          | 9.48     | 0.01      | 15.00     | *N/A*           | 0.9        | *0.01      | 1.79      | \$0.558  |
| 002252 POTATO, MASHED (IDAHO) LS W/GR | 1/2 CUP      | 1500      | 78           | 0.22       | 108        | *0.00            | *0.00             | 0.81      | *0.00      | 0           | 16.72    | 1.36      | 1.78      | *0              | 15.4       | 27.52      | 0.28      | \$37.656 |
| 003123 BREAD GARLIC KNOT WG 2OZ       | SERVINGS     | 1500      | 180          | 1.50       | 190        | 4.00             | 3.00              | 5.00      | 0.00       | 0           | 27.00    | 3.00      | 5.00      | *N/A*           | 20.0       | 0.00       | 1.60      | \$9.622  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 002777 SANDWICH, PB & GRAPE WG 2.6OZ               | EACH         | 375       | 300                      | 3.00                   | 280                    | 14.00            | *N/A*                         | 17.00     | 0.00       | 0           | 32.00    | 4.00      | 8.00      | *N/A*           | 20.0                   | 0.00       | 1.44      | \$111.722 |
| 002778 SANDWICH, PB & STRAWWG 2.6OZ                | EACH         | 375       | 300                      | 3.50                   | 370                    | 15.00            | 13.00                         | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*           | 44.0                   | 0.00       | 1.00      | \$116.948 |
| 003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ          | EACH         | 350       | 298                      | 3.45                   | 273                    | 10.99            | 9.53                          | 16.24     | 0.01       | 0           | 32.04    | 3.74      | 9.30      | *N/A*           | 46.3                   | 0.00       | 1.08      | \$7.299   |
| 003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ      | EACH         | 350       | 300                      | 3.50                   | 270                    | 15.00            | 13.00                         | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*           | 40.0                   | 0.00       | 1.10      | \$7.496   |
| 003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE) | EACH         | 50        | 570                      | 7.00                   | 430                    | 13.00            | 11.00                         | 33.00     | *N/A*      | *N/A*       | 49.00    | 9.00      | 20.00     | *N/A*           | 262.0                  | *N/A*      | 4.00      | \$14.175  |
| 001917 CHEESE, MOZZARELLA STRING LAND O LAKES      | EACH         | 1500      | 80                       | 3.00                   | 200                    | 0.00             | 0.00                          | 6.00      | *N/A*      | 20          | 1.00     | 0.00      | 6.00      | *N/A*           | 220.0                  | *N/A*      | *N/A*     | \$28.316  |
| 003434 VEG, GREEN BEANS (SYSCO)                    | #8 SCOOP     | 3000      | 20                       | 0.00                   | 290                    | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 30.0                   | *N/A*      | 0.80      | \$167.156 |
| 002481 SALAD, SPINACH & ROMAINE                    | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000   |
| 001800 VEG, CARROT & CELERY STICKS                 | SERVING      | 2000      | 33                       | 0.00                   | 68                     | *0.00            | *N/A*                         | 0.00      | *0.00      | 0           | 5.67     | 1.70      | 0.57      | *N/A*           | 17.0                   | 3.40       | 0.20      | \$0.000   |
| 003468 PEANUT BUTTER CUP 1.1 OZ                    | CONTAINER    | 2000      | 180                      | 3.00                   | 130                    | 3.00             | 2.00                          | 14.99     | 0.00       | 0           | 8.00     | 2.00      | 7.00      | *N/A*           | 16.0                   | *N/A*      | 0.50      | \$1.411   |
| 002957 PEPPERONCINI WHOLE                          | SERVING (3)  | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0                  | 0.00       | 0.00      | \$33.156  |
| 002009 VEG, BELL PEPPER STICKS                     | CUP          | 2000      | 24                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.17      | *N/A*      | 0           | 6.01     | 1.61      | 1.20      | *N/A*           | 0.0                    | 80.76      | 0.00      | \$0.000   |
| 000415 FRUIT, PEACHES CAN USDA                     | #8 SCOOP     | 2000      | 60                       | 0.00                   | 5                      | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 14.00    | 1.00      | 0.00      | *N/A*           | 6.0                    | 3.80       | 0.00      | \$12.667  |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                        | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                        | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                               | CARTON       | 800       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON       | 1500      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 821          | 6.49       | 1914       | *47.45           | *9.19             | 27.19     | *0.00      | *40         | 111.50   | 14.17     | *35.93    | *1              | *729.4     | *112.69    | *4.58     | \$274.404 |
| % of Calories                                 |              |           |              | 7.11%      |            | *23.12 %         | *4.48%            | 29.8%     | *0.0%      |             | 54.3%    |           | *17.5%    |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Friday - 11/20/2026

Reimbursable Meal Total 3000

|                                       | Portion Size   | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------|----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002729 TACO, TURKEY SOFT 10" TORTILLA | SERVINGS       | 1500      | 416          | 8.02       | 906        | *0.00            | *0.00             | 19.33     | *0.00      | 75          | 37.60    | 1.00      | 20.62     | *N/A*           | 405.4      | *0.54      | 3.52      | \$170.518 |
| 003055 TAMALE CHEESE WG (SYSCO)       | SERVINGS       | 1500      | 379          | 7.99       | 469        | 0.00             | 0.00              | 26.95     | 0.00       | 35          | 28.95    | 0.00      | 11.98     | *N/A*           | 265.5      | 0.00       | 1.00      | \$17.844  |
| 002673 VEG, CORN CANNED - SYSCO       | #8 SCOOP       | 3000      | 54           | 0.00       | 152        | 5.42             | *N/A*             | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$136.438 |
| 003347 LETTUCE SHREDDED (1/4") FRESH  | SERVINGS       | 2000      | 15           | 0.00       | 10         | 0.00             | *N/A*             | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0       | *N/A*      | 0.36      | \$0.000   |
| 003348 SALSA MILD RED GOLD (SYSCO)    | SERVING 2 TBSP | 2000      | 40           | 0.00       | 280        | 4.00             | 4.00              | 0.00      | 0.00       | 0           | 8.00     | 4.00      | 0.00      | *N/A*           | 0.0        | *N/A*      | 0.00      | \$173.939 |
| 000777 VEG, OLIVES SLICE              | .25 CUP        | 2000      | 60           | 0.00       | 280        | *N/A*            | *N/A*             | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$86.456  |
| 003159 BAR, BLACK BEAN SPICY (COLD)   | #8 SCOOP       | 2000      | 110          | 0.00       | 337        | *0.17            | *0.17             | 0.00      | *0.00      | 0           | 20.24    | 8.02      | 7.02      | *N/A*           | 35.3       | *2.69      | *1.92     | \$13.643  |
| 003137 CUCUMBER RAW                   | 1/2C SERVING   | 2000      | 8            | 0.00       | 1          | 0.90             | 0.00              | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                                    | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003427 CHEESE CHEDDAR MILD FEATHER SHREDDED YELLOW | SERVING      | 2000      | 110          | 5.00       | 180        | 0.00             | 0.00              | 9.00      | 0.00       | 30          | 0.00     | 0.00      | 6.00      | *N/A*           | 200.0      | *N/A*      | 0.00      | \$58.658  |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING | 2000      | 60           | 0.00       | 1          | 11.40            | 0.00              | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0       | 5806.00    | 0.05      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                        | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                        | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                               | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON       | 1500      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                     | CARTON       | 500       | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)      | SERVING      | 100       | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                             |              |           | 931          | 11.43      | 1707       | *44.30           | *4.70             | 34.17     | *0.00      | 82          | 115.78   | 14.93     | 37.38     | *1              | *862.4     | *3906.44   | *4.25     | \$459.553 |
| % of Calories                                      |              |           |              | 11.05 %    |            | *19.03 %         | *2.02%            | 33.0%     | *0.0%      |             | 49.7%    |           | 16.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                          |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Monday - 11/30/2026

Reimbursable Meal Total 3000

|                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001862 PIZZA PEPPERONI 5" WG (WILD MIKES) | EACH         | 1500      | 417          | 8.13       | 640        | 5.08             | 0.00              | 17.28     | 0.00       | 41          | 36.60    | 1.02      | 19.32     | *N/A*           | 374.1      | 6.10       | 2.03      | \$407.387 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001861 PIZZA CHEESE 5" WG (WILD MIKES)      | EACH         | 1500      | 360          | 8.00       | 510        | 4.00             | *N/A*             | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*           | 450.0      | 6.00       | 2.70      | \$344.443 |
| 003486 VEGETABLE FROZEN MIX 4 WAY (30#)     | #8 SCOOP     | 3000      | 39           | 0.00       | 31         | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 8.47     | 1.54      | 1.54      | *N/A*           | 16.9       | *N/A*      | 0.77      | \$61.589  |
| 001983 VEG, GARBANZO BEANS                  | #8 SCOOP     | 2000      | 130          | 0.00       | 110        | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 21.00    | 4.00      | 7.00      | *N/A*           | 20.0       | *N/A*      | 1.40      | \$182.370 |
| 002481 SALAD, SPINACH & ROMAINE             | 1EA #8 SCOOP | 2000      | 7            | 0.01       | 14         | *N/A*            | *N/A*             | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |
| 000450 VEG, CARROTS BABY                    | BAG          | 2000      | 26           | 0.00       | 57         | *N/A*            | *N/A*             | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1       | 6.19       | 0.66      | \$0.000   |
| 002587 FRUIT, DRIED CRANBERRIES             | SERVING      | 1000      | 92           | 0.00       | 2          | 22.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 002752 FRUIT, RAISINS UNSWEETENED           | BOX          | 1000      | 114          | 0.00       | 4          | 23.00            | *N/A*             | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 003411 APPLESAUCE FANCY (SYSCO)             | #8 SCOOP     | 2000      | 90           | 0.00       | 0          | 5.00             | 5.00              | 0.00      | 0.00       | 0           | 24.00    | 3.00      | 0.00      | *N/A*           | 7.0        | *N/A*      | 0.00      | \$270.115 |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 1000      | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 1000      | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 1000      | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000230 MILK,1% WHITE                        | CARTON       | 800       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON       | 2000      | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON       | 2000      | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 100       | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 100       | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 955                      | 8.16                   | 951                    | *63.45           | *8.75                         | 18.27     | *0.00      | 48          | 152.86   | 14.26     | 43.29     | *1              | *1037.9    | *50.47     | *5.42     | \$746.297 |
| % of Calories                                 |              |           |                          | 7.69%                  |                        | *26.58 %         | *3.66%                        | 17.2%     | *0.0%      |             | 64.0%    |           | 18.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |           |           |                 |            |            |           |           |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| Weighted Averages |  | 884                      | 7.32                   | 1592                   | *50.43           | *7.55                         | 27.06     | *0.00      | *51         | 133.60   | 15.47     | *39.71    | *14             | *720.8     | *840.57    | *4.65     | \$369.018 |
| % of Calories     |  |                          | 7.45%                  |                        | *22.82 %         | *3.42%                        | 27.5%     | *0.0%      |             | 60.5%    |           | *18.0%    |                 |            |            |           |           |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.  
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.