

MENU CHOICES

BREAKFAST: Entrée,
Fruit, Juice, Milk

Go Local at Lunch with our **#FarmFreshTexas** items! Look for menu items with a 🍷 and go local with NEISD!

LUNCH: Entrée,
Veggie (Pick 2),
Fruit (Pick 2), Milk

*Indicates pork product
+Possible trace of sesame due to manufacturer
++Possible trace of tree nuts due to manufacturer

Choice of milk with breakfast & lunch
• 1% White • Fat-Free Chocolate
• Lactose-Free • Soy Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

School Nutrition
Services is hiring
\$14.11 hour starting



Menu subject to change

No fees for cash or checks paid directly to the cafeteria

Visit:
schoolcafe.com/NorthEastISD or
download the School Café App to
access meal account information,
make payments & apply for free
or reduced-price meals.



1 Pumpkin Spice Day!

Pumpkin Bread
OR Pick 2:
Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

BBQ Boneless Wings & Mac N Chz
Wowbutter Sandwich+ Combo

Buttered Corn
🍷 **Tossed Salad w/Ranch**
Fresh Banana
Strawberries w/Cream

2

Dutch Waffle
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

🍷 **Sausage Dog+**
Yogurt Combo

Tater Tots
🍷 **Crispy Carrots w/Dip**
Orange Smiles
Sliced Peaches

5

French Toast Sticks
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll
Yogurt Combo

Mashed Potatoes w/Gravy
Celery Sticks & **Crispy Carrots** 🍷
Sliced Apples
Sliced Pears

6

National Taco Day!

🍷 **Chorizo & Egg Taco**
OR Pick 2:
Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Spaghetti w/Meat Sauce & Cheesy Bread
Wowbutter Sandwich+ Combo

Savory Green Beans
🍷 **Tossed Salad w/Ranch**
🍷 **Fresh Watermelon**
Fruit Cocktail

7

🍷 **Biscuit & Sausage***
OR Pick 2:
Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Frito Pie w/Cheese
Yogurt Combo
🍷 **Italian Salad***

Ranchero Beans
🍷 **Cucumber Slices w/Tajin**
Seedless Grapes
Natural Applesauce

8

Pancake Sausage Bites
OR Pick 2:
Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice
Wowbutter Sandwich+ Combo

Buttered Corn
🍷 **Crispy Carrots w/Dip**
Granny Smith Apple
Blueberries w/Cream

9

Pumpkin Parade

OCT. 5TH-8TH



13

Bacon & Egg Taco
OR Pick 2:
Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Chicken & Waffles
Wowbutter Sandwich+ Combo

Savory Green Beans
🍷 **Crispy Carrots w/Dip**
Seedless Grapes
Sliced Pears

14

🍷 **Biscuit & Sausage***
OR Pick 2:
Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

🍷 **Crispy Beef Tacos w/Spanish Rice**
Yogurt Combo
🍷 **Italian Salad***

Ranchero Beans
🍷 **Taco Trimmings**
Sliced Apples
Sliced Peaches

15

Pumpkin Bread
OR Pick 2:
Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice
Wowbutter Sandwich+ Combo

🍷 **Cucumber & Jicama Sticks w/Tajin**
Celery Sticks & **Crispy Carrots** 🍷
Fresh Banana
Strawberry Applesauce

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Sausage & Cheese Flatbread
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

🍷 **Hamburger++**
Yogurt Combo

Tater Tots
🍷 **Burger Trimmings**
Gala Apple
Fruit Cocktail

19

Pancake Sausage Bites
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Tenders w/Combread
Yogurt Combo

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Orange Smiles
Sliced Pears

20

🍷 **Sausage, Potato & Egg Taco***
OR Pick 2:
Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Meatza Pizza* or Cheese Pizza
Wowbutter Sandwich+ Combo
🍷 **Crispy Chicken Salad**

Savory Green Beans
🍷 **Crispy Carrots w/Dip**
🍷 **Fresh Watermelon**
Blueberries w/Cream

21

🍷 **Biscuit & Chicken**
OR Pick 2:
Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

🍷 **Beef & Cheese Nachos**
Yogurt Combo
🍷 **Italian Salad***

Ranchero Beans
Celery Sticks & Grape Tomatoes 🍷
Seedless Grapes
Natural Applesauce

22

Ham & Cheese Croissant*
OR Pick 2:
Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice
Wowbutter Sandwich+ Combo

Raw Veggie Medley w/Dip
🍷 **Tossed Salad w/Ranch**
Fresh Banana
Strawberry Craisins

23

Happy Friday!

Donut Holes & Sausage*
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Corn Dog
Yogurt Combo

Spicy Hashbrowns
🍷 **Cucumber Slices w/Tajin**
Granny Smith Apple
OR Sliced Peaches

26

Confetti Pancakes
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Yogurt Combo

Mashed Potatoes w/Gravy
Celery Sticks & **Grape Tomatoes** 🍷
🍷 **Fresh Watermelon**
Fruit Cocktail

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🍷 **Bean & Cheese Taco**
OR Pick 2:
Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Pepperoni Pizza*
Wowbutter Sandwich+ Combo
🍷 **Crispy Chicken Salad**

Savory Green Beans
Broccoli w/Cheese
Seedless Grapes
Natural Applesauce

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Chicken & Waffles
OR Pick 2:
Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

🍷 **Cheese Enchiladas w/Spanish Rice**
Yogurt Combo
🍷 **Italian Salad***

Ranchero Beans
🍷 **Cucumber Slices w/Tajin**
Sliced Apples
Sour Watermelon Raisins

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🍷 **Blueberry Muffin & Sausage***
OR Pick 2:
Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

BBQ Boneless Wings & Mac N Chz
w/Combread
Wowbutter Sandwich+ Combo

Buttered Corn
🍷 **Tossed Salad w/Ranch**
Fresh Banana
Strawberries w/Cream

30

Dutch Waffle
OR Pick 2:
Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

🍷 **Sausage Dog+**
Yogurt Combo

Tater Tots
🍷 **Crispy Carrots w/Dip**
Orange Smiles
Sliced Peaches