













CUESD Breakfast Menu - October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Why are Jack-O-Lanterns so smart? -Candles make them bright		1st Pumpkin spice bread *National pumpkin spice Day! Cereal choice Fresh fruit	2nd Egg and cheese Breakfast sandwich Cereal choice Fresh fruit	3rd Breakfast muffin Cereal choice Fresh fruit
6th Bagel & Cream cheese Cereal choice Fresh fruit 	7th Cheese omelet Toast Cereal choice Fresh fruit 	8th Benefit bar yogurt Cereal choice Fresh fruit 	9th Pancakes Cereal choice Fresh fruit 	10th Breakfast burrito Cereal choice Fresh fruit 
13th Pancake on a stick Cereal choice Fresh fruit	14th Cook's choice	15th Banana bread Cereal choice Fresh fruit	16th Egg & cheese Breakfast sandwich Cereal choice Fresh fruit	17th Breakfast muffin Cereal choice Fresh fruit
20th Bagel & Cream Cheese Cereal choice Fresh fruit	21st Cheese omelet Toast Cereal choice Fresh fruit	22nd Benefit bar yogurt Cereal choice Fresh fruit	23rd pancakes Cereal choice Fresh fruit	24th Breakfast burrito Cereal choice Fresh fruit
27th Pancake on a stick Cereal choice Fresh fruit	28th Cook's choice	29th Pumpkin spice or Banana bread Cereal choice Fresh fruit	30th Egg & cheese Breakfast sandwich Cereal choice Fresh fruit	31st Breakfast muffin Cereal choice Fresh fruit

- Menu is subject to change - All grain served are a product of wheat - Non-fat and 1% milk served at every meal



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
What do you get when you drop a pumpkin? -Squash		1st Papa Murphy's Pizza Or cook's choice Fresh fruit and vegetable Bar	2nd Tortellini with sausage And peppers or sandwich Fresh fruit and vegetable bar	3rd Chicken sandwich French fries Fresh fruit and vegetable bar
6th Tangerine chicken Yakisoba noodle nest Fresh fruit and vegetable bar 	7th Teriyaki dunkers Brown rice Fresh fruit and vegetable bar 	8th Papa Murphy's Pizza Homemade pasta salad Fresh fruit and vegetable bar 	9th Taco nada or tamale Refried beans Fresh fruit and vegetable bar 	10th Cheeseburger ot hamburger Fresh fruit and vegetable bar 
13th Star Monday chicken Nuggets & bread stick Fresh fruit and vegetable bar	14th Beef roll up or Taco nada Fresh fruit and vegetable bar	15th Papa Murphy's Pizza Or cook's choice Homemade pasta salad Fresh fruit and vegetable bar	16th Tortellini with sausage And peppers or sunbutter Fresh fruit and vegetable bar	17th Chicken sandwich French fries Fresh fruit and vegetable bar
20th Tangerine chicken Yakisoba noodle nest Fresh fruit and vegetable bar	21st Reptile nuggets & bread stick *National Reptile day Fresh fruit and vegetable bar	22nd Papa Murphy's Pizza Or cook's choice Homemade pasta salad Salad bar Fresh fruit and vegetables	23rd Taco nada or tamale Refried beans Fresh fruit and vegetable bar	24th Cheeseburger or Hamburger Tater tots Salad bar Fresh fruit and vegetables
27th Deli or grilled cheese Sandwich & French fries *national potato day Fresh fruit and vegetable bar	28th Beef roll up or Cheese quesadilla Fresh fruit and vegetable Bar	29th Papa Murphy's Pizza Or cook's choice Homemade pasta salad Fresh fruit and vegetable bar	30th Cook's choice	31st Bat chicken nuggets Bread stick Salad bar Fresh fruit and vegetables

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